



9th World Congress of Behavioural & Cognitive Therapies

The CityCube, Berlin, Germany
17th-20th July 2019

wcbct2019.org

PSYCHOSIS

PROGRAMME HIGHLIGHTS

Pre-Congress-Workshop:



Working with Complexity in Psychosis

Sandra Bucci, The University of Manchester, UK

Symposia:

The digital therapy room: mHealth applications for psychosis

Alissa von Malachowski

Mindfulness for Psychosis; Challenges and developments in the field

Pamela Jacobsen

Understanding Psychological Mechanisms of Paranoia

Lyn Ellett

Psychological therapies on acute mental health wards: overcoming challenges to delivery

Katherine Berry

"Using trauma-focused therapies to treat posttraumatic symptoms in psychosis:

What works, when, and for whom?"

Rachel Brand

Using Imagery when working with psychosis: Recent developments and case examples

Christopher Taylor

In-Congress-Workshops:

iMAgery focused therapy for Psychosis (iMAPS)

Christopher Taylor

Recovery Oriented Cognitive Therapy for Individuals without Insight

Aaron Brinen

Skills-Classes:

Helping patients with paranoid psychosis to drop their safety behaviours in scary virtual reality environments

Mark Van Der Gaag

Individualized Metacognitive Therapy for Psychosis (MCT+):

Treating psychotic symptoms with a one-on-one metacognitive approach

Francesca Bohn Vitzthum

Panel-Discussion:

What Is Insight? Can it be used as a Multidimensional Construct Across Disorders?

Asala Halaj