



9th World Congress of Behavioural & Cognitive Therapies

The CityCube, Berlin, Germany
17th-20th July 2019

wcbct2019.org

CHILDREN AND ADOLESCENTS HIGHLIGHTS

Invited Addresses:



Verhaltenstherapie mit Kindern und Jugendlichen im Jahr 2019: Inspiration und Innovation

Silvia Schneider, Universität Bochum, Germany



Improving CBT Interventions for Young people with Anxiety Disorders

Jennie Hudson, Macquarie University, Australia



Meeting the Needs of Clients with ASD and Neurodevelopmental Disorders: Mindfulness and Other Modifications to Enhance CBT Effectiveness

Carla Mazefsky, University of Pittsburgh School of Medicine



40 Incredible Years (IY) Developing the IY Programs: Where we've been and where to go next?

Carolyn Webster-Stratton, University of Washington, USA



The Early Emergence of Mental Health Inequalities in Children with Intellectual Disabilities: Implications for Intervention and Family Support

Richard Hastings, University of Warwick, UK



Bipolar disorder in Youth: An Early Intervention Approach

David Miklowitz, University of California, USA

Pre-Congress-Workshops:



Behandlung von Trennungsängsten und Phobien im Kindesalter

Silvia Schneider, Universität Bochum, Germany



Cognitive Therapy for Social Anxiety Disorder in Adults and Adolescents

David Clark, The University of Oxford, UK



Cognitive Behavior Therapy for Children and Adolescents with Anxiety Disorder

Jenny Hudson, Macquarie University, Australia



Transforming the Lives of Children, Parents, and Communities Through Evidence-based Parenting Support

Matthew Sanders, The University of Queensland, Brisbane, Australia



Integrating Couple-based Approaches in Behaviour Therapy for Children

Nina Heinrichs, Braunschweig University of Technology, Germany

Symposia:

Testing Adult Cognitive Models in Socially Anxious Youth

Lynn Mobach

Attention and learning mechanisms in child anxiety

Helen Dodd

Cognitions and behaviours in paediatric chronic illness

Maria Loades

Uncovering effective components of psychosocial training programs for youth using a micro-trial approach

Brechtje de Mooij

Enhancing effectiveness of cognitive behavioral treatment for children and adolescents with externalizing behavior problems: New developments

Juliette Liber

Parenting and Translational Approaches to Child Conduct Problems: A Focus on Emotion

David Hawes

Collaborative and Proactive Solutions as an alternative to Parent Management training for youth with oppositional defiant disorder: A comparison of therapeutic models.

Anna Dedousis-Wallace

New developments in parenting interventions for parents of adolescents

Alan Ralph

Adaptive and Maladaptive Emotional Regulation in Childhood Anxiety Disorders

Anke Klein

Recent Developments in Attention Biases and Attention Bias Modification in Pediatric Anxiety

Jeremy Pettit

Toward new technologies: computerized treatment for depression and anxiety in children and adolescents

Sanne Rasing

Understanding mechanisms underlying adolescent anxiety: A bottom-up approach to improving interventions

Eleanor Leigh

Identifying and overcoming challenges in therapy for adolescents with depression

Shirley Reynolds

Tackling adolescent depression: basic bio-psycho-social mechanisms and novel interventions

Stella Chan

Risk factors and mechanisms for psychopathology in the offspring of parents with affective disorders

Johanna Loechner

CBT and childhood anxiety: Innovative directions

Bonny van Steensel

Brief interventions for adolescent mental health

Laura Pass

Cognitive Bias training in anxiety: Translating experimental research to clinical applications in youth

Elske Salemink

Exposure-based treatments for youth psychopathology: Enhancing outcomes and broadening reach through basic and applied clinical research

Allison Waters

DEVELOPMENTS IN CBT FOR CHILDREN AND ADOLESCENTS –examining effects of contextual and structural characteristics

Bente Storm Mowatt Haugland

Recent developments and future pathways in the treatment of specific phobia in children

Rachel de Jong

Something old, something new, something borrowed, something blue: Clinical trials on novel interventions targeting positive mental health in treatment against depression

Nicole Geschwind

In-Congress-Workshops:

Brief Behavioural Activation (Brief BA) for adolescent depression

Laura Pass

Repairing attachment-related ruptures as a tool to treat depressed and suicidal children and adolescents

Guy Bosmans

Schema Therapy for Children and Adolescents (ST-CA)

Christof Loose

Skills-Classes:

Getting Session One Right: Working with Resistant and Non-Compliant Children and Young People

Meg Wardlaw

Schematherapy for Adolescents and young Adults after experiencing Peer Victimization

Eva Dresbach

Using online programmes and apps to enhance clinical practice for child and adolescent anxiety and depression

Susan Spence

Panel Discussions:

Where in the world are we in the treatment of youth anxiety disorders?

Sandra Pimentel

Training others to do CBT with youth: 8 essential questions

Robert Friedberg