9th World Congress of 
Behavioural & Cognitive Therapies

The CityCube, Berlin, Germany
17th-20th July 2019

wcbct2019.org

PSYCHOSIS

PROGRAMME HIGHLIGHTS

Pre-Congress-Workshop:

Working with Complexity in Psychosis
Sandra Bucci, The University of Manchester, UK

Symposia:

The digital therapy room: mHealth applications for psychosis
Alissa von Malachowski

Mindfulness for Psychosis; Challenges and developments in the field
Pamela Jacobsen

Understanding Psychological Mechanisms of Paranoia
Lyn Ellett

Psychological therapies on acute mental health wards: overcoming challenges to delivery
Katherine Berry

"Using trauma-focused therapies to treat posttraumatic symptoms in psychosis: What works, when, and for whom?"
Rachel Brand

Using Imagery when working with psychosis: Recent developments and case examples
Christopher Taylor

In-Congress-Workshops:

iMAgery focused therapy for Psychosis (iMAPS)
Christopher Taylor
Recovery Oriented Cognitive Therapy for Individuals without Insight
Aaron Brinen

Skills-Classes:

Helping patients with paranoid psychosis to drop their safety behaviours in scary virtual reality environments
Mark Van Der Gaag

Individualized Metacognitive Therapy for Psychosis (MCT+):
Treating psychotic symptoms with a one-on-one metacognitive approach
Francesca Bohn Vitzthum

Panel-Discussion:

What Is Insight? Can it be used as a Multidimensional Construct Across Disorders?
Asala Halaj