Welcome to the sixth edition of the WCBCT2019 e-news

It is just 10 weeks to go before the World Congress but there is still time to register and become part of the largest gathering of CBT clinicians and researchers that any world congress has attracted. Delegates are set to travel from across Europe and will be joined by hundreds of delegates from North, South and Central America, Australia and New Zealand, and from many countries in Asia and Africa. This is your opportunity to discover how relevant CBT has become across the globe and share the experience at an international level.

Airfares to Berlin remain competitive and hotel accommodation is excellent value. If you have never visited Berlin, then this is your chance and if you have then you know how much Berlin has to offer.

You can register on line by going to www.wcbct2019.org where you can also download the Preliminary Programme.
WCBCT2019 is also privileged to be able to host the First General Assembly of the World Confederation of Cognitive and Behaviour Therapies during the Congress in Berlin where we will be able to report on what has already been achieved in WCCBT’s work towards its aims.

www.wcbct2019.org
Over 1800 clinicians and researchers will be contributing to the scientific programme from across the world. With CBT evolving at a rapid pace and developing in many directions the Congress Theme “Cognitive and Behavioural Therapies at the Crossroads” will address the fact that we are at the crossroads in terms of maintaining a unified field of theory and practice.

Having received such a wealth of submissions the Congress scientific chairs have spent the month of April preparing a first-class international programme covering the following themes:

- Addictions
- Adult Anxiety
- Basic Processes
- Behavioural Medicine
- Psychosis and Bipolar Disorders
- Obsessive States
- Old Age and Neurobehavioral Disorders
- Children & Adolescents
- Cross-cultural Issues
- Adult Depression
- Eating Disorders
- Obsessive States
- Intellectual and Developmental Disabilities
- Relationship and Family Issues
- New Developments
- Personality Disorders
- Trauma
- Therapeutic Processes
- Training and Supervision
In addition to the 32 Pre-congress workshops and the 42 International invited speakers that were announced in the Provisional Programme and available on the website www.wcbct2019.org the scientific programme will now include:

- 184 symposia
- 32 skills classes
- 18 panel/round table discussion sessions
- 39 in-congress workshops
- 29 Open Papers sessions
- 1000 poster presentations
- 9 technical demonstrations

Details of the In-congress workshops which Congress delegates can book in advance and will be available on the website by the end of May together with information about the full programme.

See you in Berlin