9th World Congress of Behavioural & Cognitive Therapies

Berlin, July 17th-20th 2019
As President of the World Confederation of Cognitive and Behavioural Therapies, I am delighted to welcome you to the 9th World Congress of Behavioural and Cognitive Therapies. We knew that when EABCT was chosen to host the World Congress in Berlin that the organisers would make it a great success and the programme you can now see demonstrates that this will be the case. With over 80 countries from every continent participating it will be a truly global congress that will carry on the tradition of making our triennial World Congress a show case for the success and development of Cognitive and Behavioural Therapies across the world and so many important areas of health and social care. Enjoy the Congress.

Sarah Egan, President, World Confederation of Cognitive and Behavioural Therapies

It’s an honour for EABCT to be hosting the 9th World Congress in Berlin. This is the third opportunity for us to welcome delegates to a World Congress in Europe and will add Berlin to our list of successful World Congresses that were previously held in Copenhagen in 1995 and Barcelona in 2007. This year is another opportunity to gather together the most influential researchers and therapists in CBT and provide an excellent forum for new researchers and new ideas. Moreover, Berlin is the perfect place at the crossroads of Europe and the world to meet old friends and make new friends, surrounded by the atmosphere of a cosmopolitan and exciting city. EABCT welcomes you all to Berlin.

Thomas Kalpakoglou, President, EABCT

We hope that our five years of planning in collaboration with the Deutsche Gesellschaft für Verhaltenstherapie, and the other German, European and worldwide CBT associations for cognitive and behaviour therapies, will ensure that health-political as well as social aspects are clearly visible in the scientific programme. DGVT welcomes you to Berlin, a vibrant and interesting city that has always been committed to develop (cognitive-)behavioural approaches by taking into account the broader social and political context. We are glad that health-political as well as social aspects are clearly visible in the scientific programme. DGVT welcomes you to Berlin, a vibrant and interesting city.

Andreas Veith, Judith Schild and Wolfgang Schreck, The Board of the Deutsche Gesellschaft für Verhaltenstherapie

We hope that you will succeed in making WCBCT2019 the largest global gathering of CBT clinicians and researchers and we will continue to work hard to make the next three days a success.

Andreas Veith and Rod Holland, WCBCT 2019, Congress Organisers

The choice of the WCBCT2019 theme; “CBT at the Crossroads”, reflects the rapid pace of development, across both theoretical and applied aspects of the field, and in particular the role of CBT within the broader social and political context. The Call for Papers produced an exceptional rate of high quality submissions and significant competition for inclusion in a truly global scientific programme. We are particularly pleased at the good balance of empirical research and training opportunities, with nearly 1000 pre- and in-congress workshops plus skills classes, and the significant opportunities for early career clinicians and researchers to present on the world stage, through over 30 open paper sessions and nearly 1000 poster presentations. We wish you a memorable and inspirational time at WCBCT2019 and hope you have as much fun as we, and the Scientific Committee, had in putting together the programme alongside our 10 assistants.

Thomas Heidenreich and Philip Tata
WCBCT2019 Chairs of the Scientific Committee
Support Groups

International Support Group (Scientific)
Horst Mitmansgruber (Austria AMV), Tobias Glück (Austria OEGVT), Sylvie Bilary (Belgium AEMTC), Filip Raes (Belgium VVT), Igor Keret (Bosnia & Herzegovina), Ivanka Zivic Breicovic (Croatia), Jan Praske (Czech Republic), Stephen Austin (Denmark), Reham Aly (Egypt), Kirsti Akkermann (Estonia), Jorn Fredriksen (Finland FACBT), Raimo Lappalainen (Finland Sky), Abdel Haim Boudoukhia (France), Martine Bouvard (AFFORTIC), Kate Abdushelishvili (Georgia), Ulrich Schweiger (Germany DVT), Gregoris Simos (Greece GACBP), Loukas Alfanassiadis (Greece GBA), Artemios Pehlivanidis (Greece, HSCP), Unoka Zsolt (Hungary), Sjur Evertsdtott (Iceland), Colette Kearns (Ireland), Guy Donon (Israel), Aristotle Saggino (Italy, AAMC), Rita Astori (Italy, SITCC), Selvje Izeti (Kosovo), Leva Bile (Latvia), Aimee Karam (Lebanon), Julius Neverauskas (Lithuania), Jamil Chiboub (Morocco), Olivera Markovic (Montenegro), Arnold van Emmerik (Netherlands), Jon Fauskanger Bjaastad (Norway), Muna Hemeed (Palestine), Agnieszka Popiel (Poland), Maria do Cau Salvador (Portugal), Lucian Ile (Romania RABC), Daniel David (Romania ABCBT), Alexandra Yaltonskaya (Russia), Olivera Zikic (Serbia), Nikola Petrovic (Serbia and Montenegro), Maja Bundalo Bolc (Slovenia), Jung-Hye Kwon (South Korea), Milad Angel Fullana (Spain), Kristoffer Mansson (Sweden SAKT), Lise Bergman Nordgren (Sweden SACBT), Valentina Andreeng (Switzerland GSVT-SSTCC), Gabriel Thoresen (Switzerland ASPCo), Stefanie Schmidt (Switzerland AVMCH), Mehmet Sungur (Turkey, TABC), Hakim Turkey (Turkey, ACPBT), Valentina Parobiy (Ukraine), Christopher Williams (UK)

EABCT Support Group (Organisational)
Austria, OEGVT
Austria, AVM
Belgium, AEMTC
Belgium, VVT
Bosnias & Herzegovina, BHACBT
Bulgaria, BACBP
Croatia, CABC
Czech Republic, CSCBT
Danmark, SAKT
Egyp, EACBT
Estonia, EACBT
Finland, FACBT
Finland, SKY
France, AFTFC
Georgia, GABC
Germany, DVT
Greece, GACBP
Greece, GBA
Greece, HSCP
Hungary, HABCT
Ireland, IACBP
Iceland, IACBT
Israel, ITA
Italy, AAMC
Italy, SITCC
Kosovo, KACBTH
Ingeborg Pucher-Matzen
Andre Masson
Jan Callens
Diana Rodic
Irna Lazarova
Branka Bagarin
Petra Mozny
Stephen Austin
Reham Aly
Kirsti Akkermann
Kins Raisaen
Tero Timonen
Stacey Callahan
Kate Abdushelishvili
Jürgen Tripp
Christoforos Nesteris
Elena Heinz
Nikoletta Averi
Unoka Zsolt
Colette Kearns
Sjur Evertsdtott
Danny S. Derby
Anna Meneghelli
Michele Procacci
Selvje Izeti

Latvia, LACBT
Lebanon, LSCBT
Lithuania, CBTA
Montenegro, MNAACBT
Morocco, MDBC
Netherlands, VGCT
Norway, NFKT
Palestine, PABC
Portugal, APTC
Romania, RABC
Romania, RACBT
Russia, ACBT (P)
Serbia & Montenegro, AABCBT
Serbia SABAC
Sweden, SABCT
Spain, SCRTIC
Sweden, SABC
Switzerland, AVM-CH
Switzerland, SGVT-SSTCC
Switzerland, ASPCo
Turkey, ACPBT
Ukraine, UACBT
United Kingdom, BABCP

Gints Polis
Aimee Karam
Julius Neverauskas
Jelena Cuckovic
Nadia Kadi
Mariette Lammers
Torkid Berge
Mohammed K. Mukhaimar
Serafin Carvalho
Mirela Tiple
Anca Dobrescu
Daria Maryasaova
Nikola Petrovic
Oliveark Zikic
Polonca as
Eva Baillies
Tadeusz Jarawka
Valentina Andreeng
Christine Favre
Stefanie Schmidt
Yusuf Sirgiorglu
Selcuk Aslan
Valentyna Parobiy
Katya Grazebrook
Lost & Found

personal injuries sustained or for loss or damage to property belonging to congress participants, either during or as a result of events at the congress venue.

Internet Access

You will find information points in the exhibition hall in Hall B with details of programme changes and other important congress information. The official congress language will be English. Simultaneous translation will not be provided. Approximately 15% of the congress documents will be in German and are easily identified by their WCBCT2019 T-shirts.

Congress Scientific Stewards

A team of volunteer English and German speaking assistants will be assisting throughout the Congress to help speakers and delegates and ensure that the programme runs smoothly. They are there to help answer any questions you may have and are easily identified by their WCBCT2019 T-shirts.

Certification of Attendance

All registered participants will receive a certificate of attendance by email immediately after the Congress has finished. Additional certificates of attendance will be sent to delegates who have attended individual pre-congress workshops and in-congress workshops by email as well.

Cloakroom

The cloakroom is located in the entrance hall and open during the Congress.

Congress Documents

Registration for participants covers: admission to scientific sessions from 18th-20th July 2019, admission to exhibition and poster area, congress documents, collection of abstracts (online), Opening ceremony.

Congress Language

The official congress language will be English. Simultaneous translation will not be provided. Approximately 15% of the programme will be in the German language only. Details are included in this final programme.

Congress Scientific Stewards

A team of volunteer English and German speaking assistants will be assisting throughout the Congress to help speakers and delegates and ensure that the programme runs smoothly. They are there to help answer any questions you may have and are easily identified by their WCBCT2019 T-shirts.

Congress Venue

CityCube Berlin, Messedamm 26, 14055 Berlin, Germany

CityCube Security Staff

The congress centre also provides uniformed staff to ensure that the delegates are safe and the building is secure.

Exhibition

The exhibition is situated in Hall B on Level 2.

Opening Hours

Wednesday, 17th July 2019 09:00-20:00
Thursday, 18th July 2019 10:00-17:00
Friday, 19th July 2019 10:00-17:00
Saturday, 20th July 2019 10:00-14:00

In-Congress Workshops

Delegates who are fully registered for the Congress will be able to attend any of the in-congress workshops that are available. The titles of these are contained in this programme and full details of each workshop can be viewed on the Congress website. You can register for the in-congress workshops at the registration desk. There is an additional charge for these workshops. The number of participants for all of the workshops is limited so early registration is recommended.

Information and Message Boards

You will find information points in the exhibition hall in Hall B with details of programme changes and other important information. A message board for you to use to post information and connect with other delegates will be available in the registration area on the ground floor.

Internet Access

Free wireless internet access is available in the CityCube. The password is WCBCT2019

Liability Disclaimer

The organisers cannot be held liable for any hindrance or disruption of congress proceedings arising from political, social or economic events or any other unforeseen incidents beyond their control. The organisers will accept no liability for any personal injuries sustained or for loss or damage to property belonging to congress participants, either during or as a result of the Congress or during all tours and events. Registration of a participant entails acceptance of these conditions.

Lost & Found

A Lost & Found box will be placed at the registration desk.

Media Check/Preview Centre

For those who have not uploaded their presentations the media check is located in Hall B. Speakers are asked to hand in their presentations at the media check at least 2 hours before the session.

Opening Hours

Tuesday, 16th July 2019 15:00-18:00
Wednesday, 17th July 2019 07:45-18:15
Thursday, 18th July 2019 07:45-18:15

Moving between Sessions

There will only be a short break of 5 minutes between each session with the following times being allocated throughout each day:

08:30-10:00 Symposium/open papers/panel debate/roundtable
10:15-11:45 Symposium/open papers/panel debate/roundtable
12:00-13:00 Invited Address
13:45-14:00 Lunch
14:00-15:00 Symposium/open papers/panel debate/roundtable
15:30-16:55 Symposium/open papers/panel debate/roundtable
17:00-18:00 Invited Address

Poster sessions will be run each day between 09:00-11:30, 12:00-14:30 and 15:00-17:30. (17:00 on Saturday) In-congress workshops will also be held each day between 10:15-13:45 and 14:00-16:55 (there is an additional charge for attending these)

Name Badge

You will appreciate that it is the responsibility of the organisers to ensure that only those people who have registered for the Congress are able to benefit from the programme and facilities that are provided. For this reason your congress badge must be worn visibly at all times in the Congress centre, the exhibition area and the scientific rooms. Without your badge you will be denied access. If you lose your badge then please go to the registration desk and arrangements will be made to issue you with a new badge although we will have to make a charge of €30 for a replacement. Please respect the instructions that the Congress Stewards, MCI and the CityCube security staff have for preventing access if you do not have a badge and go to the registration desk before you are assisted.

Photography, Audio, Video and Mobile Phone Policy

Audio, photo and video recording by any device (e.g. cameras, laptops, PDAs, mobile phones, watches) is strictly prohibited during all oral and poster sessions, unless prior permission is obtained from the Congress organiser. Use of mobile phones is strictly prohibited during scientific sessions. Mobile phones must be switched off while attending sessions.

Programme Changes

The Congress organiser reserves the right to make changes if necessary. No full or partial refunds are made to the attendees in the event of cancellations or other changes in the Programme. Please note that changes will be posted at the registration desk and at the entrance of the session halls. Participants will be informed about the changes.

Refreshments and Catering

Complimentary coffee or other refreshment will be served between 10:30-11:00 in the morning and 15:00-15:30 in the afternoon during the Congress. This will be served in the Exhibition Hall. Coffee cups cannot be taken into the main lecture halls. There is also an opportunity to purchase refreshments including a light snack throughout the day in the CityCube cafe. There will be a lunch break between each day in the Exhibition Hall.

Registration Desk

The Congress registration desks are located on the entrance hall of the CityCube. You will find staff from MCI who provide our professional congress, available at the registration desk to assist you with your registration and any other help you may need.

Opening Hours

Tuesday, 16th July 2019 15:00-18:00
Wednesday, 17th July 2019 07:45-18:00
Thursday, 18th July 2019 07:45-18:15

Scientific Support Office

This is located in Room O/1

Opening Hours

Wednesday 15:00-17:00
Thursday & Friday 7:30-11:30, 12:00-14:30, 15.00-16.30
Saturday 7:30-11.00, 13.00-14.00

Services for the disabled

The CityCube is an accessible building and all the rooms at the Congress centre cater for participants with disabilities. However, if you experience difficulty in accessing any of the rooms or using any of the facilities then please inform the staff at the registration desk or one of the stewards and they will assist.

Smoking

Smoking is strictly prohibited in the Congress venue by law.

Tourist Information

Berlin is full of museums, galleries, theatres, architecture and hundreds of other points of interests. Tourist information will be available in your hotel but we have also included a city map with your registration pack and there will a tourist information desk in Hall B of the Congress centre to help you make the most of your visit to Berlin.

Police:

+49 30 20 20 20

TaxiFunk Berlin:

+49 30 20 20 20

+49 30 44 33 22
General Procedures:

Timing of Sessions
In order to keep the sessions (symposia etc.) running according to schedule and allow questions from the audience it is very important to keep the presentations within the allotted time. Stopping a speaker from completing a presentation can be very embarrassing for everybody concerned and hopefully will not be necessary if everyone respects this requirement.

Speakers will have received information about their allotted speaking time, but if not please contact the convenor of your session to find this out or else consult this final programme. A more detailed version of these instructions is available on the WCBCCT2019 website.

Presentation Material
Please note that only digital material will be accepted for oral presentations. Speakers may have submitted their presentation material online prior to the congress, however, presenters are also able to upload their presentation on-site at the Preview Centre in Hall B. The presentations will be transferred to the session rooms electronically. The material remains the property of the speakers.

Please note that the use of own laptops/notebooks and presentation equipment is not allowed for Symposia and Open Paper presentations.

Speakers are reminded to check in at the preview centre’s welcome desk at least 90 minutes prior to their scheduled presentation, even if they have already uploaded their presentation prior to the meeting.

Technical Specifications
Detailed information regarding what is permissible with regard to media, types of formats etc. have been circulated to all convenors, open paper presenters etc. and are available on the WCBCCT2019 website.

On-site presentation upload procedure
• Check in at the preview centre’s welcome desk to receive your login details
• Log on to an available computer and upload your presentation
• Presentations can be checked and edited onsite

Presentation
1. Arrive in the room with sufficient time before the session (at least 5 minutes beforehand). Introduce yourself to the chairperson and to the room assistant. Make the chairperson familiar with the pronunciation of your name and institution.
2. If time permits questions from the audience will be possible at the end of the presentation. The chairperson may ask you in advance for a specific topic that you would like to address to complement your presentation, in case there are no questions from the audience.
3. When the previous presentation is over, and before the chairperson calls you, approach the room assistant who will help you set up in rooms that provide microphones.
4. Strictly follow the instructions of the chairperson(s), especially with regards to the time allotted for your talk e.g. time signals from the chairperson i.e. 5 and 2 minutes to go cards.
5. Speak directly into the microphone in a normal voice and do not touch the microphone.
6. It is recommended to use the mouse as a pointer, and to follow the arrow on the monitor in front of you.

Public Transportation
To reach the CityCube take the S-Bahn train towards ‘Spandau’. Leave the train at the ‘Messe Süd (Eichkamp)’ station which is approximately one minute by foot away from CityCube. To check the timetable of the public transportation in Berlin and more information please visit www.bvg.de/en. There is a free “FahrInfo Plus” app (Android or iOS (Apple)) which allows you to use your mobile phone as a ticket and find out about connections or save favourite routes and call them up at the tap of a finger.
If it is your first time attending a World Congress, you may feel a little overwhelmed by the scientific programme. To make it easier for you to navigate the different events and decide which presentations to attend, we have prepared this short guide.

The World Congress consists of a full day of pre-congress workshops, and then a three-day programme including invited addresses, symposia, panel debates and roundtables, technical demonstrations, open paper sessions, and poster presentations.

**Streams**... The World Congress scientific programme is organised into 18 streams, which represent broad areas within CBT, such as Adult Anxiety, Children and Adolescents etc., plus a separate German Language stream. To help you better plan your use of time, all presentations are colour coded by stream within the programme. Where possible, presentations within a stream have been scheduled at different times to allow delegates interested in a specific area to attend many or all of the relevant stream presentations.

... ‘But how do I decide what to attend?’ ...

If you are interested in the latest research in a specific stream, then posters, symposia and keynotes are likely to be of particular interest to you. However, if you wish to broaden or update your skills base then Workshops, Skills Classes and Panel Debates are likely to be more appropriate. Alternatively, if you are skilled in one specific area in CBT, you may want to go to something completely outside this area of competence. Finally, many delegates prefer to stay with what is relevant to their current practice in order to top up their skills and knowledge and get the latest ideas.

Symposia, open paper sessions, and poster presentations can be really useful for networking and meeting people working in similar fields... especially in the coffee breaks! Alternatively, you may prefer to attend events by well-known presenters who you have never had a chance to hear, in which case you will find the Invited Addresses and perhaps the Panel Debates and Clinical Roundtables most interesting.

In addition to all of this, there is a full exhibition including stalls from book publishers, relevant companies, and international CBT organisations, as well as special interest group meetings, and of course the social programme, all of which carry more opportunities for new learning and networking!

You will probably get the most out of the World Congress if you take half an hour or so at the start to sit quietly with the scientific programme in order to go through it carefully and then plan your own individual itinerary/schedule.

We hope this is helpful, please do ask any of the organisers if you have any questions during the World Congress, and above all, enjoy!
We are using the Hall B in the CityCube as our Exhibition area and this will be a very important part of the Congress. It is the place where delegates can visit the exhibition stands, the WCCBT associations, enjoy the refreshment and lunch breaks and mingle.

The Exhibition Hall will also be the venue for the 9 poster sessions that will run throughout the Congress. We would like to acknowledge our thanks to all the companies and organisations who have supported the Congress with their Exhibition stands in the Hall and their sponsorship of the Congress.

ALETEIA International European School of Psychotherapy
Annette Fuhrig
Auditorium Netzwerk
Beck Institute for Cognitive Behavior Therapy
Beltz Verlag
BRITISH ISLES DBT TRAINING
Cambridge University Press
CENTER FOR COGNITIVE PSYCHOTHERAPY LUOT Ltd
DGVT Publisher
Dutch Institute for Schema Therapy
Elsevier
GSD Psychotherapy Workshops
Hellenic Institute for Rational-Emotive and Cognitive Behaviour Therapy
Hogrefe Verlag GmbH & Co. KG
Ieso Digital Health
International Association of Cognitive Behavioural Coaching
IN VRTUO
Lehmanns Media GmbH
JOCHEN HEIL, FOLKMANIS AND MORE
MAIEN
OXFORD COGNITIVE THERAPY CENTRE
Oxford VR
PCMIS HEALTH TECHNOLOGIES LTD
Psychosomatische Privatklinik Bad Grönenbach GmbH
SilverCloud
SPRINGER
TOUCHPOINT EUROPE
WISEPRESS LTD
ZERO GRAVITY SKIN

Regional Association Stands
Asian Cognitive and Behaviour Therapy Association (ACBTA)
15th World Congress of Cognitive and Behavioural Therapy 2022, Jeju Island, South Korea
Association for Behavioural and Cognitive Therapies (ABCT)
53rd Annual Convention, Atlanta GA, USA, November 2019
Australian Association for Cognitive and Behaviour Therapy (AACBT)
40th Annual Conference, Adelaide, South Australia, October 2019
European Association for Behavioural and Cognitive Therapies (EABCT)
50th European Association for Behavioural and Cognitive Therapies Congress, Athens, Greece, September 2020
International Association for Cognitive Psychotherapy (IACP)
10th International Congress of Cognitive Psychotherapy, Rome, Italy, June 2020
Latin-American Association of Analysis, Behavioural Modification and Cognitive and Behavioural Therapies (ALAMOC)

Congress organised by the European Association for Behavioural and Cognitive Therapy are well known not only for the quality of the scientific programme but also for the opportunity provided by the social programme for delegates to meet, socialise and enjoy themselves. The World Congress programme in Berlin is designed to ensure that there will be plenty of opportunity to meet people from across the world in a relaxed and informal setting. Whether this is dining and dancing together, or mingling into the earlier hours or just in a relaxed conversation at the end of a busy day we know that Berlin will help forge new friendships and contacts between delegates from all corners of the globe.

Berlin is famous for its culture, its food and its energy so there will plenty for delegates to explore and experience in the city during, before and after the congress. However, we do hope that you will take advantage of the social programme we have put together for the congress.

17th July | Opening Reception | 19.30 – 21.00
Exhibition Hall at CityCube
Following the Opening Address and official Welcome in Hall 8 delegates can join the Organisers of the congress for a welcoming drink and canapes in the Exhibition Hall on Level 2 to celebrate the start of the 9th World Congress. There is no charge for this event and all delegates and their accompanying persons are welcome.

18th July | International Congress Party | 21.00 – Late
Congress Party and BBQ
Zollpackhof (Entrance by ticket only)
Join WCBCT2019 delegates for an evening of music and dance in the best Beergarden in Berlin. We have exclusive use of the Zollpackhof Beergarden, located in the heart of Berlin opposite the German Parliament, from 20.00 to midnight. A voucher is included in your registration pack if have pre-booked for this event and this will be needed for admission. A few tickets will also be on sale at the registration desk but since there is a limited capacity in the Beergarden then you are advised to book soon to avoid disappointment. The admission price is €50 and includes the BBQ, drinks from the bar (beer, wine and soft drinks) and the music.

Come and experience the LOUNGE SOCIETY, an internationally experienced band from Berlin playing live with a repertoire specially chosen for WCBCT2019. Don’t forget your dancing shoes!

Enjoy the Social Programme at the Congress
Eighteen full day workshops and thirteen half day workshops have been organised and will be held on Wednesday 17th July. Delegates will have book in advance for these workshops. Delegates attending the workshops will have received a separate badge with their name and the number of the workshop they are attending when they register for the Congress. This must be visible during the workshop in order to gain admission. All the workshops will be held in the CityCube.

The full day workshops and the morning half day workshops will start at 9.00 am. The afternoon workshops will start at 13.30. Refreshments mid-morning and afternoon, and a light lunch, are included in the cost of the workshop. Delegates will receive the materials for their workshop on arrival at the workshop room or will have been sent them in advance. Delegates can only attend the workshop that they have pre-registered for and cannot change workshops since many are already full. Certificates of attendance for the individual workshops will be sent by email to delegates at the end of the workshop.

Full Day Workshops

**Workshop 1**
Cognitive Therapy for Social Anxiety Disorder in Adults and Adolescents
David Clark, University of Oxford, UK

**Workshop 2**
Cognitive Behaviour Therapy for Health Anxiety and Beyond
Paul Sakotas, University of Oxford, UK

**Workshop 3**
Reimagining Cognitive Behavior Therapy for Major Depression
Keith Dobson, University of Calgary, Canada

**Workshop 4**
Treating Mental Contamination in Obsessive Compulsive Disorders
Adam Radomsky, Concordia University of Montreal, Canada

**Workshop 5**
Using Case Formulation and Progress Monitoring to Guide CBT in the Face of Adversity Build Resilience with Strengths-Based CBT
Steve Hayes, University of Nevada & Stefan Hofmann, Boston University, USA

**Workshop 6**
Adapting Cognitive Behavior Therapy to the Distinctive Features of Eating Disorders
Janeen Hudson, Macquarie University, Australia

**Workshop 7**
Cognitive Behavior Therapy for Personality Disorder
Judith Beck, Beck Institute for Cognitive Behavioural Therapy, USA

**Workshop 8**
Schema Therapy for Personality Disorders
Eva Fassbinder, University of Lübeck, Germany

**Workshop 9**
Working with Complexity in Psychosis
Sandia Bucci, University of Manchester, UK

**Workshop 10**
Psychological Therapy for Bipolar Disorder – Why? What? How?
Fiona Lohibean and Steve Jones, Lancaster University, UK

**Workshop 11**
How to be an Inspiring Trainer
Melanie Fennell, University of Oxford, UK

**Workshop 12**
Emotional Schema Therapy
Robert Leahy, American Institute for Cognitive Therapy, USA

**Workshop 13**
Compassion Focused Therapy for Self-criticism
Paul Gilbert, University of Derby, UK

**Workshop 14**
Process-based Cognitive Behavior Therapy
Steve Hayes, University of Nevada & Stefan Hofmann, Boston University, USA

**Workshop 15**
In the Face of Adversity Build Resilience with Strengths-Based CBT
Christine A. Padesky & Kathleen Mooney, Center for Cognitive Therapy, USA

**Workshop 16**
Using Case Formulation and Progress Monitoring to Guide CBT
Jacqueline Persons, Oakland Cognitive Behaviour Therapy Centre, USA

**Workshop 17**
Transforming the Lives of Children, Parents, and Communities Through Evidence-based Parenting Support
Matthew Sanders, University of Queensland, Brisbane, Australia

**Workshop 18**
Variable Length Cognitive Processing Therapy for Posttraumatic Stress Disorder
Patricia A Resick, Duke University Medical Center, USA

Half Day Workshops (Morning)

**Workshop 17**
Cognitive Behaviour Therapy for Body Dysmorphic Disorder
David Velle, King’s College London and South London and Maudsley Trust, UK

**Workshop 18**
Optimizing Treatment for Somatic Symptoms in Psychopathology
Omar van den Bergh, University of Leuven, Belgium & Michael Wittorf, University of Mainz, Germany

**Workshop 19**
Cognitive Behaviour Therapy for Refugees
Ulrich Stanger, Schahryar Kanani & Marwa Yehya, Goethe University Frankfurt, Germany

**Workshop 20**
Integrating Couple-based Approaches in Behaviour Therapy for Children
Nina Hendriksen, Brønshede University of Technology, Germany

**Workshop 21**
CBASP: Wo KVT, Psychoanalyase und interpersonele Ansätze sich kreuzen
Eva-Lotta Brakemeier & Isabel Schamong, Philippus-Universität Marburg, Deutschland

**Workshop 22**
Ein Gruppending für die Attack of Borderline-Störung
Babette Renneberg & Charlotte Rosenbach, Freie Universität Berlin, Deutschland

Half Day Workshops (Afternoon)

**Workshop 24**
Brief Integrated Motivational Intervention for Alcohol and Cannabis Use
Alex Copello, Birmingham University, & Emma Crillliths, University of Bath, UK

**Workshop 25**
Inhibitory Learning and Regulation during Exposure Therapy
Michelle Craske, University of California, LA, USA

**Workshop 26**
Cognitive Behavior Therapy for People with Irritable Bowel Syndrome
Rona Moss-Morris, Kings College, London, UK

**Workshop 27**
A Cognitive Behavioural Systems Approach to Sexual and Couple Problems
Mehmet Sungur, Istanbul Kent University, Turkey

**Workshop 28**
Offen und Engagiert: der Beitrag von ACT
Andy Lasker, Universität Basel, Schweiz

**Workshop 29**
Behandlung von Trennungsängsten und Phobien im Kindesalter
Silvia Schneider, Universität Bochum, Deutschland

**Workshop 30**
Therapie der PTBS: Cognitive Restructuring and Imagery Modification
Regina Steil und Meike Müller-Engelmann, Universität Frankfurt, Deutschland

Pre-Congress Workshops

Pre-Congress Workshops Pre-Congress Workshops

**Workshop 31**
Cognitive Behavior Therapy for People with Posttraumatic Stress Disorder
Paula Gilbert, University of Derby, UK

**Workshop 32**
Variable Length Cognitive Processing Therapy for Posttraumatic Stress Disorder
Patricia A Resick, Duke University Medical Center, USA
## Invited Addresses

Paula Schurr, USA

Beate Ditzen, Germany

Omer van den Bergh, Belgium

Carolyn Webster-Stratton, USA

Andres Losada, Spain

Thomas Ehring, Germany

Richard Bentall, UK

Christine A. Padesky, USA

## Symposiums

**Symposium 1**

Mindfulness for Psychosis

**Symposium 21**

Repetitive Thoughts and Actions

**Symposium 2**

Predicting Treatment Response for Mental Disorders

**Symposium 22**

Innovative CBT Approaches in Somatic Conditions

**Symposium 3**

New Developments in ACT

**Symposium 23**

Personcentred Psychological Treatments

**Symposium 4**

The Treatment of Obese Eating and Binge Eating

**Symposium 24**

Transdiagnostic Group CBT for Anxiety Disorders

**Symposium 5**

Transdiagnostic Approach to Mental Health Problems in Refugees

**Symposium 25**

Mechanisms Underlying Adolescent Anxiety

**Symposium 6**

Relapse Prevention in Depression

**Symposium 26**

New Direction in Wellbeing Therapy

**Symposium 7**

The Administration and Dissemination of CBT for OCD

**Symposium 27**

Recurrence and Duration of Depression and Anxiety Disorders

**Symposium 8**

Rapid Treatment of Depression, Mania and Insomnia

**Symposium 28**

Parent Management Training for Youth with Oppositional Defiant Disorder

**Symposium 9**

New Developments in ACT

**Symposium 29**

Understanding and Treating Eating and Weight Disorders

**Symposium 10**

Transdiagnostic Approaches to Mental Health Problems in Refugees

**Symposium 30**

Understanding Body Dysmorphic Disorder

**Symposium 11**

Does Attentional Bias Matter?

**Symposium 31**

New Directions in Wellbeing Therapy

**Symposium 12**

Inferential Confusion as a Transdiagnostic Process

**Symposium 32**

New Developments in Schema Therapy 2

**Symposium 13**

What Works for Whom, and Under Which Relational Contexts?

**Symposium 33**

New Developments in Schema Therapy 1

**Symposium 14**

In-Congress Workshop 4 (10.15 - 13.45)

**Symposium 15**

Innovative CBT Approaches in Somatic Conditions

**Symposium 34**

The Role of Flexibility in Identifying and Treating Psychopathology

**Symposium 16**

Mechanisms Underlying Adolescent Anxiety

**Symposium 35**

New Developments in Schema Therapy 2

**Symposium 17**

Internet-basierte Interventionen über die Wirksamkeit hinaus erforschen

**Symposium 36**

Development of Core Beliefs in Indian Culture

## Round Tables & Panels

**Panel Discussion 1**

What Works for Whom, and Under Which Relational Contexts?

**Panel Discussion 2**

Bin ich VerhaltenstherapeutIn?

**Panel Discussion 3**

Using Couple-Focused CBT for Long Term Conditions

## In-Congress Workshops

### Thursday 18th July (AM)

**At A Glance**

<table>
<thead>
<tr>
<th>Time</th>
<th>Level 1 Lecture Theatres</th>
<th>Level 3 Lecture Theatres</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30 – 10.00</td>
<td>Symposium 1 Mindfulness for Psychosis</td>
<td>Symposium 1 Mindfulness for Psychosis</td>
</tr>
<tr>
<td></td>
<td>Symposium 2 Predicting Treatment Response for Mental Disorders</td>
<td>Symposium 2 Predicting Treatment Response for Mental Disorders</td>
</tr>
<tr>
<td></td>
<td>Symposium 3 New Developments in ACT</td>
<td>Symposium 3 New Developments in ACT</td>
</tr>
<tr>
<td></td>
<td>Symposium 4 The Treatment of Obese Eating and Binge Eating</td>
<td>Symposium 4 The Treatment of Obese Eating and Binge Eating</td>
</tr>
<tr>
<td></td>
<td>Symposium 5 Transdiagnostic Approach to Mental Health Problems in Refugees</td>
<td>Symposium 5 Transdiagnostic Approach to Mental Health Problems in Refugees</td>
</tr>
<tr>
<td></td>
<td>Symposium 6 Relapse Prevention in Depression</td>
<td>Symposium 6 Relapse Prevention in Depression</td>
</tr>
<tr>
<td></td>
<td>Symposium 7 The Administration and Dissemination of CBT for OCD</td>
<td>Symposium 7 The Administration and Dissemination of CBT for OCD</td>
</tr>
<tr>
<td></td>
<td>Symposium 8 Rapid Treatment of Depression, Mania, and Insomnia</td>
<td>Symposium 8 Rapid Treatment of Depression, Mania, and Insomnia</td>
</tr>
<tr>
<td></td>
<td>Symposium 9 Transdiagnostic CBT for Substance Use</td>
<td>Symposium 9 Transdiagnostic CBT for Substance Use</td>
</tr>
<tr>
<td></td>
<td>Symposium 10 Attention Bias Modification in Pediatric Anxiety</td>
<td>Symposium 10 Attention Bias Modification in Pediatric Anxiety</td>
</tr>
<tr>
<td></td>
<td>Symposium 11 Does Attention Bias Modification Matter?</td>
<td>Symposium 11 Does Attention Bias Modification Matter?</td>
</tr>
<tr>
<td></td>
<td>Symposium 12 Emotional Regulation in Childhood Anxiety Disorder</td>
<td>Symposium 12 Emotional Regulation in Childhood Anxiety Disorder</td>
</tr>
<tr>
<td></td>
<td>Symposium 13 Inferential Confusion as a Transdiagnostic Process</td>
<td>Symposium 13 Inferential Confusion as a Transdiagnostic Process</td>
</tr>
<tr>
<td></td>
<td>Symposium 14 New Developments in Schema Therapy 1</td>
<td>Symposium 14 New Developments in Schema Therapy 1</td>
</tr>
<tr>
<td></td>
<td>Symposium 15 Cognitive Control and Emotion Regulation in Psychopathology</td>
<td>Symposium 15 Cognitive Control and Emotion Regulation in Psychopathology</td>
</tr>
<tr>
<td></td>
<td>Symposium 16 The Treatment of Specific Phobias in Children</td>
<td>Symposium 16 The Treatment of Specific Phobias in Children</td>
</tr>
<tr>
<td></td>
<td>Symposium 17 Internet-delivered CBT over the Internet interface</td>
<td>Symposium 17 Internet-delivered CBT over the Internet interface</td>
</tr>
<tr>
<td>10.30 – 12.00</td>
<td>Symposium 21 Repetitive Thoughts and Actions</td>
<td>Symposium 21 Repetitive Thoughts and Actions</td>
</tr>
<tr>
<td></td>
<td>Symposium 22 Innovative CBT Approaches in Somatic Conditions</td>
<td>Symposium 22 Innovative CBT Approaches in Somatic Conditions</td>
</tr>
<tr>
<td></td>
<td>Symposium 23 Personcentred Psychological Treatments</td>
<td>Symposium 23 Personcentred Psychological Treatments</td>
</tr>
<tr>
<td></td>
<td>Symposium 24 Transdiagnostic Group CBT for Anxiety Disorders</td>
<td>Symposium 24 Transdiagnostic Group CBT for Anxiety Disorders</td>
</tr>
<tr>
<td></td>
<td>Symposium 25 Mechanisms Underlying Adolescent Anxiety</td>
<td>Symposium 25 Mechanisms Underlying Adolescent Anxiety</td>
</tr>
<tr>
<td></td>
<td>Symposium 26 New Directions in Wellbeing Therapy</td>
<td>Symposium 26 New Directions in Wellbeing Therapy</td>
</tr>
<tr>
<td></td>
<td>Symposium 27 Recurrence and Duration of Depression and Anxiety Disorders</td>
<td>Symposium 27 Recurrence and Duration of Depression and Anxiety Disorders</td>
</tr>
<tr>
<td></td>
<td>Symposium 28 Parent Management Training for Youth with Oppositional Defiant Disorder</td>
<td>Symposium 28 Parent Management Training for Youth with Oppositional Defiant Disorder</td>
</tr>
<tr>
<td></td>
<td>Symposium 29 Understanding and Treating Eating and Weight Disorders</td>
<td>Symposium 29 Understanding and Treating Eating and Weight Disorders</td>
</tr>
<tr>
<td></td>
<td>Symposium 30 Understanding Body Dysmorphic Disorder</td>
<td>Symposium 30 Understanding Body Dysmorphic Disorder</td>
</tr>
<tr>
<td></td>
<td>Symposium 31 Perfectionism as a Transdiagnostic Process</td>
<td>Symposium 31 Perfectionism as a Transdiagnostic Process</td>
</tr>
<tr>
<td></td>
<td>Symposium 32 Using Couple-Focused CBT for Long Term Conditions</td>
<td>Symposium 32 Using Couple-Focused CBT for Long Term Conditions</td>
</tr>
<tr>
<td></td>
<td>Symposium 33 New Developments in Scheme Therapy 2</td>
<td>Symposium 33 New Developments in Scheme Therapy 2</td>
</tr>
<tr>
<td>12.00 – 13.00</td>
<td>Symposium 34 The Role of Flexibility in Identifying and Treating Psychopathology</td>
<td>Symposium 34 The Role of Flexibility in Identifying and Treating Psychopathology</td>
</tr>
<tr>
<td></td>
<td>Symposium 35 New Developments in Scheme Therapy 2</td>
<td>Symposium 35 New Developments in Scheme Therapy 2</td>
</tr>
<tr>
<td></td>
<td>Symposium 36 Development of Core Beliefs in Indian Culture</td>
<td>Symposium 36 Development of Core Beliefs in Indian Culture</td>
</tr>
</tbody>
</table>
Thursday 18th July (PM)

At A Glance

**LEVEL 3**

14.00 – 15.00

Room R6: Open Papers 8
- German Language Open Papers

Room R7: Symposium 57
- Efficacy and Prediction Factors of Schema Therapy

Room R8: In-Congress Workshop 8
- Increasing Expertise as a CBT Supervisor
  - Sarah Corrie & David Lane, UK

Room R9: In-Congress Workshop 9
- A Resilience Universal Program to Prevent Psychopathology
  - Danel Keinan, Israel

Room R10: In-Congress Workshop 10
- Treating the Fear of Cancer Recurrence
  - Laura Shege, Australia

Room R11: In-Congress Workshop 11
- Involving Parents in the Treatment of Young Adults with Anxiety Disorders
  - Anne Marie Albano & Lauren Hoffman, USA

Room R12: Symposium 56
- Cultural Influences in the Treatment of Anxiety Disorders

Room R13: In-Congress Workshop 12
- Integrative CBT for Bipolar Disorder
  - Cory Newman, USA

Room S1: In-Congress Workshop 11
- Internet- und mobile basierte Versorgungskonzepte in der Praxis
  - Sandra Schlicker & Ingrid Titzler, Deutschland

Room S2: Symposium 58
- Emotion and Cognition in Disordered Eating

Room S3: Symposium 60
- Developing CBT in China

15.00 – 17.00

Room R6: Skills Class 10
- Anger Treatment for Clients with Intellectual and Developmental Disabilities

Room R7: Skills Class 11
- The Initial Phase in ACT

Room R8: In-Congress Workshop 9
- Increasing Expertise as a CBT Supervisor
  - Sarah Corrie & David Lane, UK

Room R9: In-Congress Workshop 9
- A Resilience Universal Program to Prevent Psychopathology
  - Danel Keinan, Israel

Room R10: In-Congress Workshop 10
- Treating the Fear of Cancer Recurrence
  - Laura Shege, Australia

Room R11: In-Congress Workshop 10
- Involving Parents in the Treatment of Young Adults with Anxiety Disorders
  - Anne Marie Albano & Lauren Hoffman, USA

Room R12: Symposium 56
- Cultural Influences in the Treatment of Anxiety Disorders

Room R13: In-Congress Workshop 12
- Integrative CBT for Bipolar Disorder
  - Cory Newman, USA

Room S1: In-Congress Workshop 11
- Internet- und mobile basierte Versorgungskonzepte in der Praxis
  - Sandra Schlicker & Ingrid Titzler, Deutschland

Room S2: Symposium 58
- Emotion and Cognition in Disordered Eating

Room S3: Symposium 60
- Developing CBT in China

**LEVEL 2**

15.00 – 17.30

Hall B: Poster Session 3
- Depression

**LEGEND**

- Addictions
- Anxiety
- Basic Processes/Experimental Psychopathology
- Behavioral Medicine
- Psychosis & Bipolar Disorders
- Obsessive States
- Old Age/Neurobehavioral Disorders
- Children & Adolescents
- Cross-Cultural Issues
- Depression
- Eating Disorders
- Intellectual & Developmental Disorders
- New Developments
- Personality Disorders
- Family, Relationship & Sexual Issues
- Trauma
- Therapeutic Processes
- Training & Supervision
- German Language
### Level 1 Lecture Theatres

<table>
<thead>
<tr>
<th>8.30 – 10.00</th>
<th>10.30 – 12.00</th>
<th>12.00 – 13.00</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hall A1</strong></td>
<td><strong>Hall A2</strong></td>
<td><strong>Hall A3</strong></td>
</tr>
<tr>
<td><strong>Symposium 74</strong>&lt;br&gt;Treating Borderline Personality Disorder</td>
<td><strong>Panel Discussion 5</strong>&lt;br&gt;Improving Resilience in the Tough Stuff</td>
<td><strong>Invited Address 16</strong>&lt;br&gt;Rima Miss-Morris, UK</td>
</tr>
<tr>
<td><strong>Symposium 75</strong>&lt;br&gt;Couple Relationship Dynamics Prevention and Intervention Programs</td>
<td><strong>Symposium 96</strong>&lt;br&gt;Repetitive Negative Thinking in Psychopathology</td>
<td><strong>Invited Address 17</strong>&lt;br&gt;Nadia Kaddour, Morocco</td>
</tr>
<tr>
<td><strong>Symposium 76</strong>&lt;br&gt;Recent Advances in Predicting and Treating Suicide</td>
<td><strong>Symposium 97</strong>&lt;br&gt;Efficacy of Imagery Rehearsal as a Transdiagnostic Intervention</td>
<td><strong>Invited Address 18</strong>&lt;br&gt;James Bamford-Ley, Australia</td>
</tr>
<tr>
<td><strong>Symposium 77</strong>&lt;br&gt;Self-Practice/Self-Reflection at 18</td>
<td><strong>Symposium 98</strong>&lt;br&gt;Innovative Approaches to Enhance Cognitive Behavioral Therapy and Its Delivery</td>
<td><strong>Invited Address 19</strong>&lt;br&gt;Stella Schneider, Germany</td>
</tr>
<tr>
<td><strong>Symposium 78</strong>&lt;br&gt;Revisiting Interventions for Mental Disorders</td>
<td><strong>Symposium 99</strong>&lt;br&gt;Assessment and Treatment of Combat-Related PTSD and Combat-Related Disorders</td>
<td><strong>Invited Address 20</strong>&lt;br&gt;Alice Capelli, UK</td>
</tr>
<tr>
<td><strong>Symposium 79</strong>&lt;br&gt;Researching Internet Interventions for Mental Disorders</td>
<td><strong>Symposium 100</strong>&lt;br&gt;Assessment and Treatment of Combat-Related PTSD and Combat-Related Disorders</td>
<td><strong>Invited Address 21</strong>&lt;br&gt;Audsot Amiri, the Netherlands</td>
</tr>
<tr>
<td><strong>Symposium 80</strong>&lt;br&gt;Strengthening CBT</td>
<td><strong>Symposium 101</strong>&lt;br&gt;Rapid Symptom Improvement in Therapy</td>
<td><strong>Invited Address 22</strong>&lt;br&gt;Michele Caone, USA</td>
</tr>
</tbody>
</table>

### Level 2

<table>
<thead>
<tr>
<th><strong>Poster Session 4</strong>&lt;br&gt;Basic Process/Experimental Psychopathology</th>
<th><strong>Poster Session 5</strong>&lt;br&gt;German Language</th>
<th><strong>Poster Session 6</strong>&lt;br&gt;Intercultural Developmental Disabilities</th>
<th><strong>Poster Session 7</strong>&lt;br&gt;Therapeutic Processes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Symposium 81</strong>&lt;br&gt;</td>
<td><strong>Symposium 82</strong>&lt;br&gt;</td>
<td><strong>Symposium 83</strong>&lt;br&gt;</td>
<td><strong>Symposium 84</strong>&lt;br&gt;</td>
</tr>
<tr>
<td><strong>Symposium 85</strong>&lt;br&gt;Understanding and Treating Infrequent Symptoms of Depression</td>
<td><strong>Symposium 86</strong>&lt;br&gt;Developmental Dysfunctions in Children in Prevention Trials</td>
<td><strong>Symposium 87</strong>&lt;br&gt;Cognitive Deficits in Children with Intellectual and Developmental Disabilities</td>
<td><strong>Symposium 88</strong>&lt;br&gt;Online Programmes and Apps for Crisis and Adolescent Anxiety and Depression</td>
</tr>
<tr>
<td><strong>Symposium 89</strong>&lt;br&gt;Challenges of CBTs in Interventions in Different Countries of South America</td>
<td><strong>Panel Discussion 6</strong>&lt;br&gt;At the Crossroads of CBT and Experiential Thinking</td>
<td><strong>Symposium 90</strong>&lt;br&gt;Brief Cognitive Behavioral Therapy for Anorexia Nervosa and Bulimia Nervosa</td>
<td><strong>Symposium 91</strong>&lt;br&gt;Cure for Agitated Disorders with Brain-Based Technological Developments</td>
</tr>
<tr>
<td><strong>Symposium 92</strong>&lt;br&gt;Coping with a Specific Phobia of Vomiting</td>
<td><strong>Technical Demonstration 4</strong>&lt;br&gt;MindLab Set: Integrating Applied Neuroscience and Technical Demonstration 5</td>
<td><strong>Symposium 93</strong>&lt;br&gt;New Approaches to Assessing and Predicting Outcomes</td>
<td><strong>Symposium 94</strong>&lt;br&gt;Mechanisms of Psychotic Symptoms and Experiences</td>
</tr>
<tr>
<td><strong>Symposium 95</strong>&lt;br&gt;Integrative Treatment of OCD</td>
<td><strong>Symposium 96</strong>&lt;br&gt;Individualized Metacognitive Therapy for Psychosis</td>
<td><strong>Symposium 97</strong>&lt;br&gt;Challenging the Link between Psychosis and Alcohol Use</td>
<td><strong>Symposium 98</strong>&lt;br&gt;Integrative Treatment of OCD</td>
</tr>
<tr>
<td><strong>Symposium 99</strong>&lt;br&gt;Open Papers 14: Trauma and PTSD Among Refugees</td>
<td><strong>Invited Address 16</strong>&lt;br&gt;Riona Miss-Morris, UK</td>
<td><strong>Technical Demonstration 6</strong>&lt;br&gt;Brief Cognitive Behavioral Therapy for Anorexia Nervosa and Bulimia Nervosa</td>
<td><strong>Technical Demonstration 7</strong>&lt;br&gt;Cure for Agitated Disorders with Brain-Based Technological Developments</td>
</tr>
</tbody>
</table>

### Level 3

<table>
<thead>
<tr>
<th>8.30 – 10.00</th>
<th>10.30 – 12.00</th>
<th>12.00 – 13.00</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Room R6</strong></td>
<td><strong>Room R7</strong></td>
<td><strong>Room R8</strong></td>
</tr>
<tr>
<td><strong>Symposium 102</strong>&lt;br&gt;Individualized Metacognitive Therapy for Psychosis</td>
<td><strong>Symposium 103</strong>&lt;br&gt;Facilitating Emotion Regulation in Cognitive Therapy for Persistent Depression</td>
<td><strong>Symposium 104</strong>&lt;br&gt;Cognitively Focused Treatment for OCD in the Context of Comorbid Mood and Anxiety Disorders</td>
</tr>
<tr>
<td><strong>Symposium 107</strong>&lt;br&gt;Steigerung des Expositionserfolgs bei der Behandlung von Angststörungen</td>
<td><strong>Symposium 108</strong>&lt;br&gt;Cognitive-Behavioral Couple-Based Treatment of Depression</td>
<td><strong>Symposium 109</strong>&lt;br&gt;Coupling of CBT and Comorbid Disorders</td>
</tr>
<tr>
<td><strong>Symposium 112</strong>&lt;br&gt;Open Papers 15: New Approaches to CBT</td>
<td><strong>Symposium 113</strong>&lt;br&gt;Tackling Adolescent Depression</td>
<td><strong>Symposium 114</strong>&lt;br&gt;Open Papers 17: New Approaches to Assessing and Predicting Outcomes</td>
</tr>
</tbody>
</table>

### At A Glance

- **Friday 19th July (AM)**
  - **9.00 – 11.30**
  - **12.00 – 14.30**
Friday 19th July (PM)

At A Glance

14.00 – 15.00

LEVEL 1 LECTURE THEATRES

Hall A1
Symposium 185
Using imagery when working with Psychosis

Hall A2
Formulation and Treatment Planning for Trauma

Hall A3
Mechanisms and New Insights for  Teaching Methods

Hall A4
Adaptations of Attention Deficit Hyperactivity Disorder

Hall A5
Mechanisms and New Insights for Teaching Methods

Hall A6
Treatment of Patients with PTSD After Childhood Abuse

15.30 – 17.00

Panel Discussion 10
What is Insight

Panel Discussion 11
Is Buying-Shopping Disorder a Real Disorder

Panel Discussion 12
Cognitive Behavioural Supervision around the World

Panel Discussion 13
To Office Work: Supervision of CBT

Panel Discussion 14
OCD, Hoarding or Schizophrenia?

Panel Discussion 15
Psychotherapieaus- und Weiterbildung

Panel Discussion 16
Mental Health and Wellbeing of Young People in Out-Of-Home Care

17.00 – 18.00

Room M8
CBT at the Crossroads with Neuroscience

Room M7
Implementing Digital Health Interventions in Mental Health Services

Room M6
Open Science and Reproducibility

Room M1
A Cognitive-Behavioral Approach to Weight Loss and Maintenance

Room M2
Schematherapie bei Depressionen

Room M3
Self-Esteem in Eating Disorders

Room M4
Why Are Some Therapists More Effective than Others?

Room M5
Training Others to Do CBT with Youth

Room M11
Perfectionism: Where do the Paths at the Crossroads lead?

Room M10
Cognitive Therapy for Depression from Lab to Clinic by Applied Settings

Room M9
Panel Discussion 22
What is Insight

Room R1
Symposis 9
Interpersonal Functioning and Hoarding Disorder

Room R2
Symposium 10
Planning and Treatment of Obesity

Room R3
Symposium 11
Cognitive-Behavioral Supervision around the World

Room R4
Symposium 12
Cognitive-Behavioral Supervision around the World

Room R5
Symposium 13
Cognitive-Behavioral Supervision around the World

LEVEL 3

14.00 – 15.00

Room R10
Symposium 107
Neuro-Psychotherapie

Room R9
Symposium 106
Open Papers 20

Room R8
Symposium 105
Open Papers 21

Room R7
Symposium 104
Open Papers 22

Room R6
Symposium 103
Open Papers 23

Room R5
Symposium 102
Open Papers 24

Room R4
Symposium 101
Open Papers 25

Room R3
Symposium 100
Open Papers 26

Room R2
Symposium 99
Open Papers 27

Room R1
Symposium 98
Open Papers 28

LEVEL 2

15.00 – 17.30

Poster Session 6
Children and Adolescents

Poster Session 6
Family, Relationships and Sexual Issues
## Saturday 20th July
### At A Glance

### LEVEL 1 LECTURE THEATRES

<table>
<thead>
<tr>
<th>Time</th>
<th>Hall A1</th>
<th>Hall A2</th>
<th>Hall A3</th>
<th>Hall A4</th>
<th>Hall A8</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30 – 10.00</td>
<td>Symposium 140</td>
<td>Symposium 141</td>
<td>Symposium 143</td>
<td>Symposium 144</td>
<td>Symposium 142</td>
</tr>
<tr>
<td></td>
<td>Studying Process of Change in Transdiagnostic Treatments</td>
<td>Implementing Clinical Behavioral Therapy in Real-life Clinical Practice</td>
<td>New Directions in the Alliance Literature</td>
<td>Cross-cultural Issues in Applying CBT in Asian Countries</td>
<td>Cross-cultural Issues in Applying CBT in Asian Countries</td>
</tr>
<tr>
<td>10.30 – 12.00</td>
<td>Symposium 161</td>
<td>Symposium 158</td>
<td>Symposium 157</td>
<td>Symposium 166</td>
<td>Symposium 165</td>
</tr>
<tr>
<td></td>
<td>What Can be Learned from Challenging OCD Presentations</td>
<td>Pharmacological Enhancement of Psychological Treatments</td>
<td>Personalizing Treatments from a Differential Prediction and Network Perspective</td>
<td>Cross-cultural Issues in Applying CBT in Asian Countries 1</td>
<td>Cross-cultural Issues in Applying CBT in Asian Countries 2</td>
</tr>
<tr>
<td>12.00 – 13.00</td>
<td>Invited Address 34</td>
<td>Invited Address 31</td>
<td>Invited Address 32</td>
<td>Invited Address 33</td>
<td>Invited Address 35</td>
</tr>
<tr>
<td></td>
<td>Kelly Bents, USA</td>
<td>Stefan G. Hofmann, USA</td>
<td>Kate Harnisson, Canada</td>
<td>David M. Clark, UK</td>
<td></td>
</tr>
</tbody>
</table>

### LEVEL 2

<table>
<thead>
<tr>
<th>Room R1</th>
<th>Room R2</th>
<th>Room R3</th>
<th>Room R4</th>
<th>Room R5</th>
<th>Room R6</th>
<th>Room R7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Symposium 146</td>
<td>Symposium 147</td>
<td>Symposium 148</td>
<td>Open Papers 23</td>
<td>Open Papers 24</td>
<td>Neural and Biological Mechanisms</td>
<td>Open Papers 26</td>
</tr>
<tr>
<td>CBT and Child Anxiety</td>
<td>Latest Advances in Technologies Based CBT Research</td>
<td>Cognitive Control and Anxiety Vulnerability</td>
<td>Bullying and Conduct Problems</td>
<td>(Meta)Cognitive Mechanisms and Treatment</td>
<td></td>
<td>Assessment and Treatment of Cognitive Processes in Anxiety</td>
</tr>
<tr>
<td>Exposure Based Treatments for High Psychopathology</td>
<td>The Study of the University to and Prevention of Depression</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13.00 – 14.00</td>
<td>Technical Demonstration 6</td>
<td>Technical Demonstration 7</td>
<td>Technical Demonstration 8</td>
<td>Technical Demonstration 9</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Virtual Reality for Pathological Gambling</td>
<td>Virtual Reality Treatment of Anorexia Nervosa (Fear of Flying)</td>
<td>Using Self-conversation in Virtual Reality to Modify Dysfunctional thinking</td>
<td>Hybridization of CBT and Design Thinking (DT)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### LEVEL 3

<table>
<thead>
<tr>
<th>Room M1</th>
<th>Room M2</th>
<th>Room M3</th>
<th>Room M4</th>
<th>Room M5</th>
<th>Room M6</th>
<th>Room M7</th>
<th>Room M8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Symposium 144</td>
<td>Symposium 145</td>
<td>Symposium 146</td>
<td>Symposium 149</td>
<td>Symposium 150</td>
<td>Symposium 148</td>
<td>Symposium 151</td>
<td>Symposium 145</td>
</tr>
<tr>
<td>Exposure Based Treatments for High Psychopathology</td>
<td></td>
<td></td>
<td>The Effectiveness of Contemporary CBT and IPT for Depression</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13.00 – 14.00</td>
<td>Technical Demonstration 6</td>
<td>Technical Demonstration 7</td>
<td>Technical Demonstration 8</td>
<td>Technical Demonstration 9</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Virtual Reality for Pathological Gambling</td>
<td>Virtual Reality Treatment of Anorexia Nervosa (Fear of Flying)</td>
<td>Using Self-conversation in Virtual Reality to Modify Dysfunctional thinking</td>
<td>Hybridization of CBT and Design Thinking (DT)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### LEVEL 3

<table>
<thead>
<tr>
<th>Room R9</th>
<th>Room R10</th>
<th>Room R11</th>
<th>Room R12</th>
<th>Room R13</th>
<th>Room R14</th>
<th>Room R15</th>
</tr>
</thead>
<tbody>
<tr>
<td>Symposium 152</td>
<td>Symposium 160</td>
<td>Symposium 159</td>
<td>Symposium 153</td>
<td>Symposium 157</td>
<td>Symposium 156</td>
<td>Symposium 154</td>
</tr>
<tr>
<td>Emotion Regulation in Bipolar Disorder</td>
<td>Are Negative Effects an Inevitable Part of Psychotherapy</td>
<td>Non-Suicidal Self-Injury in Eating Disorders and Obesity</td>
<td>Cognitive Control and Anxiety Vulnerability</td>
<td>New Directions in the Alliance Literature</td>
<td>The Study of the University to and Prevention of Depression</td>
<td>In-Congress Workshop 27</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(10.15 - 13.45)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>The Willpower Workshop: Seven Steps to Sustaining Therapeutic Change</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Frank Ryan, UK</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>In-Congress Workshop 28 (10.15 - 13.45)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Compassion-Focused and Vulnerability Training for Gender and Sexual Minority Clients</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Matthew Skinta, USA</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>In-Congress Workshop 29 (10.15 - 13.45)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>The Mindset Workshop: Turning Resistance into Productive Change</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Frank Ryan, UK</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>In-Congress Workshop 30 (10.15 - 13.45)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Brief Behavioural Activation (Brief BA) for Adolescent Depression</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Laura Pass &amp; Shirley Reynolds, UK</td>
</tr>
</tbody>
</table>
Saturday 20th July (PM)

At A Glance

LEVEL 3

<table>
<thead>
<tr>
<th>14.00 – 15.00</th>
<th>15.30 – 17.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room R6</td>
<td>Open Papers 31</td>
</tr>
<tr>
<td></td>
<td>Emotion Regulation and Psychopathology</td>
</tr>
<tr>
<td>Room R7</td>
<td>Skills Class 32</td>
</tr>
<tr>
<td></td>
<td>Family-based Healthy Weight Coaching</td>
</tr>
<tr>
<td>Room R8</td>
<td>Skills Class 33</td>
</tr>
<tr>
<td></td>
<td>Bindungsorientierte Verhaltenstherapie (Elternberatung)</td>
</tr>
<tr>
<td>Room R9</td>
<td>In-Congress Workshop 35</td>
</tr>
<tr>
<td></td>
<td>Culturally Adapting CBT for Diverse Populations</td>
</tr>
<tr>
<td>Room R10</td>
<td>In-Congress Workshop 36</td>
</tr>
<tr>
<td></td>
<td>Emotion Regulation Skill Development</td>
</tr>
<tr>
<td>Room R11</td>
<td>In-Congress Workshop 37</td>
</tr>
<tr>
<td></td>
<td>Repairing Attachment-related Ruptures as a Tool to Treat Depressed and Suicidal Children and Adolescents</td>
</tr>
<tr>
<td>Room R12</td>
<td>Symposium 184</td>
</tr>
<tr>
<td></td>
<td>Michael KVT</td>
</tr>
<tr>
<td>Room R13</td>
<td>In-Congress Workshop 38</td>
</tr>
<tr>
<td></td>
<td>Conceptualising and Treating High-Risk and Complexity</td>
</tr>
<tr>
<td></td>
<td>Michaela Smith, UK</td>
</tr>
</tbody>
</table>

LEVEL 2

<table>
<thead>
<tr>
<th>15.00 – 17.30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hall B</td>
</tr>
<tr>
<td>Poster Session 9</td>
</tr>
<tr>
<td>Obsessive States</td>
</tr>
</tbody>
</table>

17.15 – 17.45

CLOSING CEREMONY

Level 1– Room A8
ESP is a biannual, peer-reviewed, multidisciplinary journal that aspires to serve the growing need for evidence-based practices in various mental health fields (e.g., psychotherapy, counseling, coaching) and allied sciences (e.g., psychiatry, applied psychology, education, social work).

Distinctive features of ESP:
- Various types of articles (e.g., empirical articles, meta-analyses, reviews, monographs)
- International Editorial/Advisory/Review Boards
- Ad hoc reviewers
- Trainee-reviewer function
- "Rational Reflection" section: Emphasis on research applications
- "Tech Point" section: Mental Health and New Technologies
- "Effectiveness in Practice" section: e.g., transcripts from practice, constructive debates, self-help materials, interviews

CALL FOR PAPERS:
Vol. 2, Issue 2 – November 2019
Vol. 3, Issue 1 – May 2020
Submit your paper at: espjournal@espjournal.com
More info: www.rebcbt.gr/en

Honorary Editor: Chrysaoul Kostoglou (PhD, RE&CBT)
Director and Scientific Supervisor, Hellenic Institute for RE&CBT, Greece

Chief Editor: Demetris Katsakis (PhD, RE&CBT)
Scientific Coordinator of Mental Health Services, Hellenic Institute for RE&CBT, Greece

Associate Editor: Arthur Freeman (EdD, CBT)
Chair and Director of Graduate Psychology Programs, Touro College, USA

Associate Editor: Martin Turner (PhD, RE&CBT)
Senior Lecturer, Staffordshire University, UK

Outcome Feedback
An evidence-based treatment response tool, designed to improve psychological therapy outcomes, available in the PCMIS case management system.

Proven to reduce the risk of complex cases deteriorating during psychological therapy treatment by up to 73%

Since we started using Outcome Feedback we have seen an increase in our Recovery Rates

Dr. Jon Wheatley, Clinical Lead
Talk Changes, City & Hackney IAPT, London, UK

Evidence-based VR developed by and for clinicians, backed up by science

www.invirtuo.com
info@invirtuo.com
Meets requirements of FDA (USA) and CE Marking (Europe) as Class I medical device
Certified by Health Canada as Manufacturer of medical devices - Class I
10th International Congress of Cognitive Psychotherapy
Rome, 18th-21st June 2020
ANGELICUM, the Pontifical University of Saint Thomas Aquinas

INVITED SPEAKERS

Arne lubric (Netherlands)
Schema Therapy for Cluster C Personality Disorders

Judith S. Beck (USA)
A Cognitive Behavioral Approach to Weight Loss and Maintenance

Jaina Fisher (USA)
Working with the Neurobiological Legacy: Developing Resilience for a Life After Trauma

Paul Gilbert (UK)
Evolution, Attachment and Compassion Focused Therapy

Steven G. Hayes (UK)
Phenomena-Based Cognitively Behavioral Therapy

Robert L. Leahy (USA)
Emotive Schema Therapy for Difficult Emotions

Lynn McFerr (USA)
Cognitive Behavioral Therapy for Chronic Depression

Mohammed Sarchi (Turkey)
Cognitive Behavioral Systems Approach to Couple Problems

Aidan Wells (UK)
Meta-Cognitive Therapy for Obsessional-Compulsive Disorder

Presidents
Antonella Montano — A.T. Beck Institute for Cognitive-Behavioral Therapy, Rome
Gabriele Molli — IPSICO - Institute for Behavioural and Cognitive Psychology and Psychotherapy, Florence
Chair, Scientific Committee
Paolo Moderato — IULM University, Milan

www.iccp2020.com
The workshop leader, Professor Tullio Scrimalli MD and PhD

Psychiatrist, Psychotherapist and Clinical Neuroscientist (www.tullioscrimali.it), he teaches at the University of Catania and at ALETEIA International, European School of Cognitive Therapy School, of which he is the founder and the director. He has been on 1990 the first Chair of "Cognitive Psychotherapy" in an Italian University (Catania).

Professor of Clinical Psychology, University of Catania, Italy
Professor of Psychology, Resident School of Psychiatry, University of Catania
Head, ALETEIA International, European School of Cognitive Therapy, Enna, Italy (www.aleteiainternational.it)
Director, Centro Clinico ALETEIA, Enna, Catania and Palermo, Italy (www.clinicoolennoita.it)
Visiting Professor at the Boston University, School of Social Work
Chairing Professor at Asia University, Tachung, Taiwan
Founding Fellow and Cognitive Therapy Certified Trainer Consultant of the Academy of Cognitive Therapy (ACT)
Member of the International Association for Cognitive Psychotherapy (IACP)
Member of the European Association of Behavioral and Cognitive Therapy (EABCT)
Member of the Association for Applied Psychophysiology and Biofeedback (AAPP)

He has been carrying on and still carries out research and didactics on cognitive and behavioral therapies in several countries of four continents. He organized and headed the first official training in cognitive psychotherapy held in Poland, and he supported the foundation of the Polish Association of CBT. He has been a Teacher in Egypt as member of the Faculty of the Egyptian Association for CBT. Tullio Scrimalli authored 182 scientific articles and several monographs. His most important books are:

Cognitive Therapy Toward a New Millennium.
New York: Springer Science + Business Media LLC, 2002

Entropy of Mind and Negative Entropy, a Cognitive and Complex Approach to Schizophrenia and its Therapy.

Neuroscience-Based Cognitive Therapy. New Methods for Assessment, Treatments and Self-Regulation

Workshop

NEUROSCIENCE-BASED COGNITIVE THERAPY

Integrating Applied Psychophysiology and Biofeedback into Cognitive Therapy

An international workshop, to be held by appointment in Catania (Sicily) many times every year

Leader: Prof. Tullio Scrimalli MD and PhD

Official language: English

Neuroscience constitutes one of the most important components among the contemporary scientific background. This workshop is focused on demonstrating and treating important topics concerning how some recent developments of neuroscience can be today used in order to better the intervention when carrying out cognitive therapy with patients affected by different mental disorders. During the workshop, one new method, coming from Neuroscience Laboratories, that can be easily integrated into the clinic setting of cognitive therapy, will be illustrated. This is Quantitative Electrodermal Activity (QEDA), which is applied using a MindLAB Set, an original device, developed and patented by Professor Scrimalli. Such a parameter can be easily monitored in a clinical setting thanks to the advanced hardware and software included in MindLAB Set. Basic information will be given on how to use such new methods when treating patients affected by mental disorders with cognitive therapy. In particular, some data about mood, anxiety and eating disorders, different kinds of addiction, schizophrenia and mania will be illustrated. Detailed information will be given about EDA-Biofeedback, a new method of self-regulation that Tullio Scrimalli developed and experimented for many years as a powerful adjunct to Cognitive Therapy. The new tool, called MindLAB Set, developed by Tullio Scrimalli and disseminated by Psychotech (www.psychotech.it), will be carefully illustrated. It is composed of hardware able to monitor electrodermal exocsmatic activity and must be used together with a computer. Specific and original software, called MindSCAN and Psychofeedback, developed by Tullio Scrimalli, will be fully illustrated. It can be used both when assessing the patient and during treatment. It allows the cognitive therapist to realize new, interesting methods of self-regulation such as Biofeedback and Biofeedback Based Mindfulness.

During the workshop, some MindLAB Sets will be used and some practical trials, both in the field of assessment and self-regulation, will be carried out with the help of some members of the audience. Some indications for buying inexpensive devices for clinical psychophysiology, when back to your country, will be given.

Logistics and Agenda

Thursday: Arrival to Catania and meeting the ALETEIA Staff at Catania’s Belini International Airport.

Friday: One day workshop, first part - Evening: pizza dinner

Saturday: Organised visiting to Catania or Mountain Etna or Taormina or Syracuse (This program must be paid apart).

Sunday: Travel back home

Fee: Euro 400.00. This includes:
- Congress and workshop participation
- A reception service at the Catania airport at your arrival managed by the ALETEIA Staff and the transfer from Catania to the airport for departure.
- A pizza dinner at ALETEIA Guest House
- Two coffee breaks and one lunch break during the workshop
- Some didactic material in an electronic format. They are: an E-book in PDF. Tullio Scrimalli (2011) Neuroscience and Psychotherapy – MindLAB Set, Multimodal Assessment and Self-Regulation. ALETEIA Publisher, Enna, 2011 and the PowerPoint presentation used during the workshop.

Additional opportunities

MindLAB Set - If interested, you can buy, during your stay, a MindLAB Set (www.psychotech.it) on a very attractive discount (you will pay just 400,00 Euro instead of 600,00). Therefore, when back home, you can immediately start to apply Neuroscience-Based Cognitive Therapy.

Guest House Accommodation – A simple but comfortable accommodation, for three days, can be provided at ALETEIA Guest House for just 100 Euro (breakfast not included).

Dates: The workshop can be organized and provided every month of any year, even though for a single participant. The dates can be set up according to the needs of the participants. Arrange your preferred date sending an email to: tscrima@tin.it

Information: Dr. Nicoletta Lanza: tscrima@tin.it or +309587127749
**WCCBT 2022**
Jeju Island, South Korea

**EAST MEETS WEST:** Embracing diversity and improving access to CBT

We are proud to announce that the 10th World Congress of Cognitive and Behavioral Therapies will be held at Jeju Island, South Korea. The WCCBT 2022 will be an opportunity for East to meet West, and provide a podium for thought-provoking discussions regarding the future of CBT in this new era of fast-growing technologies. We will also put together an exciting range of social events including experiencing Korean Tea culture, K-pop VR experience, and pre- and post-Congress tours to Seoul.

**Venue**

The International Convention Center Jeju (ICC Jeju) is located at Jungmun Resort Complex, where all tour-related infrastructures and amenities are ready for conference participants to assure both comfort and convenience. ICC Jeju is equipped with an optimal infrastructure for international meetings. The Jungmun Tourist Complex is a comprehensive tourist resort perched on a cliff with an ocean view, providing top quality accommodations and tourist facilities.

**JEJU ISLAND:**

 UNESCO WORLD NATURAL HERITAGE AND ONE OF THE NEW 7 WONDERS

Jeju Island is the hub of Northeast Asia, connecting the continents and the ocean. Jeju island was recognized by UNESCO as a Biosphere Reserve, World Natural Heritage Site and Geopark. Jeju island is a volcano island, with Mt. Halla (1950 meters) positioned at the center of the island with 358 other small volcanoes juxtaposed with unique forest landscape. There are also gorgeous beaches, waterfalls, and 160 lava caves that you can visit spread across the island, providing a once in a lifetime travelling experience. The weather in June is usually very pleasant, and you will be able to enjoy the emerald sea, the sand shining in the sun, and the mild breeze of summer. Travelling to Jeju is very convenient, as there is a Visa Free Entry Policy for 180 countries.

**Hosted by:** ACBTA, KACBT
Adapting CBT to culturally diverse environments

Megaron Athens International Conference Centre, Greece
2-5 September 2020

Auspices
Dept. of Medicine, School of Health Sciences
Dept. of Psychology, School of Philosophy
of the National and Kapodistrian University of Athens

Organized by the Greek Association for Behavioural Modification and Research
Opening Invited Addresses  
17.30

**Cognitive Behavior Therapy at the Crossroads:**
*Where We Have Been, Where We Are and the Challenges We Need To Face*

Sabine Wilhelm, Harvard Medical School, USA  
Susan Bögels, University of Amsterdam, the Netherlands

Opening Ceremony  
18.30

**Welcome to Berlin: Sights and Sounds of the City**

Sarah Egan, President, World Confederation of Cognitive and Behavior Therapies  
Thomas Kalpakogloi, President, European Association of Behavior and Cognitive Therapies  
Judith Schild, Board Member Deutsche Gesellschaft für Verhaltenstherapie  
Thomas Heidenreich, Co-Chair Scientific Committee | Andreas Veith, Co-Congress Organiser

Opening Reception Hall B  
19.30
Thursday 18th July
(8.30 -10.00)

Symposium 1
Level 1 – Room A1
Mindfulness for Psychosis; Challenges and Developments in the Field
Convenor & Chair: Pamela Jacobsen, University of Bath, UK
08:30 Mindfulness for Psychosis: A Humanising Therapeutic Process
Paul Chadwick, University of Bath, UK
08:50 Is Mindfulness for Psychosis Harmful?
Pamela Jacobsen, University of Bath, UK
09:10 Group Mindfulness-Based Therapy for Persecutory Delusions: A Pilot Randomised Controlled Trial
Martin Hauflinger, Eberhard-Karls-Universität Tübingen, Germany
09:30 Mindfulness for Psychosis: Challenges and Developments in the Field
Kerem Böge, Charité University Medicine Berlin, Germany

Symposium 2
Level 1 – Room A2
Predicting Treatment Response for Mental Disorders – Methods, Findings and Clinical Benefits
Convenor & Chair: Elisabeth Leehr, University of Münster, Germany
08:30 Predictors and Moderators of CBT Outcome in Depression
Martin Hautzinger, Eberhard-Karls-Universität Tübingen, Germany
08:45 AI Transparency – Guidelines for Building, Deploying and Managing Clinical Decision Support Systems at Scale
Ramona Leenings, University of Münster, Germany
09:00 From Mechanisms to Predictions: Theranotic Markers for CBT in Anxiety Disorders
Unke Lukan, Humboldt-Universität zu Berlin, Germany
09:15 Brain Signal Variability and Indices of Cellular Protection Predicts Social Anxiety Disorder Treatment Outcome
Kristoffer Månsson, Karolinska Institute, Sweden
09:30 Theranotic Markers for Personalized Therapy of Spider Phobia: Methods of a Bicentric External Cross-Validation Machine Learning Approach
Elisabeth Leehr, University of Münster, Germany

Symposium 3
Level 1 – Room A3
New Developments in Acceptance and Commitment Therapy: Effectiveness in Different Settings and Patient Groups
Convenor & Chair: Anne Katrin Risch, Friedrich-Schiller-University Jena, Germany
08:30 Helping Dementia Caregivers Deal with Grief: Acceptance and Commitment Therapy in a Group Setting
María Marquez Gonzalez, Universitat Autònoma de Madrid, Spain
08:45 Telephone-Based ACT for Dementia Family Caregivers
Anne Katrin Risch, University of Jena, Germany
09:00 Transdiagnostic ACT for In- and Out-Patients
Andrew Goiter, University of Basel, Switzerland
09:15 Strengthen Towards-Moves in Hospital Treatments for Patients with Mental Disorders
Nina Romanczuk-Seiferth, Charité University Medicine Berlin, Germany
09:30 An Internet-based Acceptance and Commitment Therapy Intervention for Older Adults with Anxiety Complaints
Maartje Willocx, Leiden University, the Netherlands

Symposium 4
Level 1 – Room A4
Challenges in the Treatment of Youngsters with Obesity and Binge Eating
Convenor & Chair: Caroline Brazil, Ghent University, Belgium
08:30 Training Enhancers of Children with Overweight in Parenting Skills: A Twelve-Month Evaluation
Elen Menas, Odise University College, Belgium
08:45 Comorbidities in Severe Obese Youngsters: Towards Tailored-Made Programs?
Ann Tanghe, Ziepverenborum, Belgium
09:00 Researching the Predictors of Binge Eating with Fine Grained Ecological Momentary Assessment
Lotte Lemmens, Maastricht University, the Netherlands
09:15 WELCOME: Improving Weight Control, and CO-Morbidities in Children with Obesity via Executive Function Training: The First Results of a Randomized Controlled Trial in an Inpatient Treatment Center
Tiffany Naets, Ghent University, Belgium
09:30 Discussant
Gern Minshall, Children’s Hospital at Westmead, Australia

Symposium 5
Level 1 – Room A5
Transdiagnostic Approaches to Mental Health Problems in Refugees
Convenor & Chair: Naser Morina, University of Zürich, Switzerland
08:30 Structural and Socio-Cultural Barriers to Accessing Mental Healthcare Among Syrian Refugees and Asylum Seekers in Switzerland
Naser Morina, University of Zürich, Switzerland
08:50 Acculturation, Traumatic Events and Depression in Female Refugees
Ulrich Stangier, Goethe University, Germany
09:10 Problem Management Plus (PM+) Programme for Syrian Refugees in the Netherlands
Mark Sikinkst, Vrije Universiteit Amsterdam, the Netherlands
09:30 The Impact of Refugees’ Mental Health on Parenting and Their Children’s Mental Health
Richard A. Bryant, University of New South Wales, Australia

Panel Discussion 1
Level 1 – Room A6
What Works for Whom, and Under which Relational Contexts? – Making Clinical Decisions at the Crossroads of Treatment and Relational Processes in the Cognitive Behavior Therapies
Convenor & Chair: Nikolaos Kazantzis, Monash University, Australia
Discussants:
Mehmet Sungur, Istanbul Kent University, Turkey
Christine A. Padlesky, Center for Cognitive Therapy, USA
Keith Dobson, University of Calgary, Canada
Lata McGinn, Yeshiva University, USA
Marcus Hubers, Vrije Universiteit, the Netherlands
Stefan Hofmann, Boston University, USA

Symposium 6
Level 1 – Room A7
Relapse Prevention in Depression with Cognitive Behavioral Interventions: At the Cross Roads Toward Sustainable Interventions
Convenor & Chair: Claudi Bockting, University of Amsterdam, the Netherlands
08:30 Tapering Antidepressants in Pregnant Women with Preventive Cognitive Therapy: An Ecological Momentary Assessment RCT
Markes Brüwer, University of Amsterdam, the Netherlands
08:45 Do Medications Interfere with CBT’s Enduring Effect?
Steve Hollon, Vanderbilt University, USA
09:00 Preventing Depressive Relapse Using Mindfulness-Based Cognitive Therapy: Do We Still Need Antidepressant Medication?
Marcus Hubers, Radboud University Nijmegen, the Netherlands
09:15 Cognitive Control Training in Remitted Depressed Patients: A Randomized Controlled Trial
Ernst Koster, Ghent University, Belgium
09:30 Sustainable Effects of Psychological Interventions in Depression: The Effectiveness of Preventive Cognitive Therapy
Claudia Bockting, University of Amsterdam, the Netherlands
09:45 Discussant
Steve Hollon, Vanderbilt University, USA

Symposium 7
Level 3 – Room M1
Optimizing the Administration and Dissemination of Cognitive Behavior Therapy for Obsessive-Compulsive Disorder
Convenor & Chair: Noah Berman, College of the Holy Cross, USA
08:30 Enhancing Imaginal Exposure Administration for Patients with Taboo Obsessions: Role of Positive Effect
Noah Berman, College of the Holy Cross, USA
08:45 Findings from a Pilot Trial of Cognitive Therapy for Compulsive Checking
Adam Radosvky, Concordia University of Montreal, Canada
09:00 Disseminating Cognitive-Behavioral Therapy for OCD: Comparing in Person vs. Online Training Modalities
Ryan Jacoby, Massachusetts General Hospital and Harvard Medical School, USA
09:15 CBT in OCD Under Routine Care Conditions: How Many and Who Will Benefit?
Norbert Kothmann, Humboldt University zu Berlin, Germany
09:30 Discussant
Reuven Dar, Tel Aviv University, Israel
Symposium 8
Level 3 – Room M2
Resetting the Circadian Rhythm: Rapid Treatment of Depression, Mania and Insomnia
Convener and Chair: David Veale, King’s College London and South London and Maudsley Trust, UK
08:30 Modifying the Impact of Eveningness Chronotype in Adolescence on Sleep, Circadian and Risk Outcomes
Allison Harvey, University of California at Berkeley, USA
08:50 Triple Chronotherapy: A Randomised Controlled Trial for the Rapid Treatment of Depression
David Veale, King’s College London and South London and Maudsley Trust, UK
09:10 Examining Predictors of Positive Response to Combined Chronotherapy Using Actigraphy and Daily Diaries: a Meta-analysis of 13 Randomised Trials
Stella Druyen, University of Groningen, the Netherlands
09:30 Blocking Blue Light for Rapid Recovery from Manic Episode: Evidence and Practical Application
Tore Henriksen, University of Bergen, Norway

Symposium 9
Level 3 – Room M3
Transcannabinoid Cognitive Behavioral Therapy for Substance Use
Convener & Chair: Leanne Hides, University of Queensland, Australia
08:30 Studying Mechanisms of Behavior Change to Inform Precision Medicine for Alcohol Use Disorder
Kate Wolkowitz, University of New Mexico, USA
08:45 Rumination as a Transcannabinoid Construct Across Substance Misuse,Deliberate Self-Harm and Binge/Purge Behaviours: A Qualitative Study of Vulnerable Young People
Elise Sican, Deakin University, Australia
09:00 An Adjunctive Emotion Regulation and Impulse Control Intervention for Young People with Co-Existing Alcohol and Other Drug Use and Mental Health Problems
Kate Hal, Deakin University, Australia
09:15 Randomized Controlled Trial of Personality Risk-Targeted Coping Skills Training for Young People with Alcohol Related-Illnesses/Injuries
Leanne Hides, University of Queensland, Australia
09:30 Cohort Analytic Trial for Strength-Based Wellbeing Recovery Program for Young People Accessing Residential Rehabilitation for Substance Use Disorders
Catherine Quinn, University of Queensland, Australia
09:45 Discussant
Amanda Baker, University of Newcastle, Australia

Symposium 10
Level 3 – Room M4
Recent Developments in Attention Biases and Attention Bias Modification in Pediatric Anxiety
Convener & Chair: Jeremy Pettitt, Florida International University, USA
08:30 Eye-Tracking of Attention to Threat in Child and Adolescent Anxiety: A Multi-Analytic Study
Jennifer Lau, King’s College London, UK
08:45 Attention Mechanisms and Socioemotional Functioning in Infancy: Taking a Person-Centered Approach
Koray Perez-Edgar, Pennsylvania State University, USA
09:00 Gaze-Contingent Music Reward Therapy for Clinically Anxious 7-10 Year Olds: An Open Multiple Baseline Feasibility Study
Yair Bar-Haim, Tel Aviv University, Israel
09:15 A Randomized Controlled Trial of Attention Bias Modification Treatment in Youth with Cognitive Behavior Therapy-Resistant Anxiety Disorders
Jeremy Pettitt, Florida International University, USA
09:30 Discussant
Nader Amr, San Diego State University, USA

Symposium 11
Level 3 – Room M5
Does Attentional Bias Modification (ABM) Matter? Evaluating the Effectiveness of ABM Interventions Across Psychopathologies
Convener & Chair: Janika Heitmann, University of Groningen, the Netherlands
10:30 Attentional Bias Modification for Reducing Energy Drink Consumption
Eva Kemps, Flinders University, Australia
10:45 Attention Bias Modification (ABM) for Outpatients with Major Depressive Disorder (MDD): A Randomized Controlled Trial
Eni Becker, Radboud University, the Netherlands
16:00 Beyond the Dot-Probe: Evaluating the Comparative Efficacy of Face Hero, a Novel Gamified Attentional Bias Modification (ABM) Procedure
Ben Grafton, The University of Western Australia, Australia
16:15 A New Attentional Bias Modification Procedure for Unsuccessful Dieters: The Bouncing Image Training Task
Nienke Jonker, University of Groningen, the Netherlands

Symposium 12
Level 3 – Room M6
Adaptive and Maladaptive Emotional Regulation in Childhood Anxiety Disorders
Convener & Chair: Helen Dool, University of Reading, UK
08:30 Validating the Radboud Faces Database by Children and the Relation with Social Anxiety
Gerard Bijlroos, Radboud University, the Netherlands
08:45 Evaluation of the Bocum Avoidance and Emotion Regulation Questionnaire for Children (BAER-C)
Michael Lipert, Ruhr-Universität Bochum, Germany
09:00 The Effect of Cognitive Distraction on Ruminative Processes in Children with Social Anxiety Disorder
Julian Schmitz, Leipzig University, Germany
09:15 Predictors of Anxiety when Children Transition to School: The Role of Behavioural Inhibition, Inhibitory Control and Attention Shifting
Helen Dool, University of Reading, UK
09:30 Discussant
Jennifer Hudson, Centre for Emotional Health, Macquarie University, Australia

Symposium 13
Level 3 – Room M7
Inferential Confusion as a Transdiagnostic Process
Convener & Chair: Kieron O’Connor, University of Montreal, Canada
08:30 Inverse Reasoning in Obsessive-Compulsive Disorder
Shui Wong, University of New South Wales, Australia
08:45 The Relationship of Inferential Confusion and Obsessive Beliefs with Symptom Severity Across Different Obsessive-Compulsive Disorder Spectrum Groups
Louis Philippe Bayr, University of Montreal, Canada
09:00 An Experimental Manipulation of Inferential Confusion in Eating Disorders
Catherine Ouellet-Coutois, University of Montreal, Canada
09:15 Inferential Confusion in Bulimia Nervosa: The Role of Over-Investment in Possibility and Distort of the Senses
Samantha Wilson, Douglas Mental Health University Institute, Canada
09:30 Discussant
Henry Visser, Marina de Wolf Centre, the Netherlands

Symposium 14
Level 3 – Room M8
New Developments in Schema Therapy, Part 1
Convener & Chair: Marleen Rijkeboer, Maastricht University, the Netherlands
08:30 Theoretical Model for an Extended Taxonomy of Schema Modes that is Applicable Across Cultures
Ariadne Ameij, University of Amsterdam, the Netherlands
08:45 Mechanisms of Change in Schema Therapy: Evidence for Schema Modes as Universal Mechanisms of Change in Personality Pathology and Functioning
Duygu Yalın, Istanbul Arel University, Turkey
09:00 Early Maladaptive Schemas and the Therapy of Depression
Johannes Köpf-Beck, Max Planck Institute for Psychiatry, Germany
09:15 Using Experience Sampling to Assess Prevaleing Schema Modes
Gal Lazarus, Bar-Ilan University, Israel
09:30 Priovi, a Schema Therapy-Based eHealth Program for Patients with Borderline Personality Disorder to Support Individual Face-To-Face Schema Therapy: An Uncontrolled Pilot Study
Evfa Fassbind, University of Lubeck, Germany

Symposium 15
Level 3 – Room R2
Novel Developments of Investigating the Relationship Among Cognitive Control and Emotion Regulation in Psychopathology
Convener: Luise Prässner, Heidelberg University, Germany
08:30 Chair: Sven Barnow, Heidelberg University, Germany
08:30 State of the Art and Research Gaps: Cognitive Control, Emotion Regulation, and Psychopathology
Karin Schulte, Heidelberg University, Germany
08:50 Emotion Regulation Flexibility and Psychopathology: A Cognitive Control Perspective
Liese Prüssner, Heidelberg University, Germany
09:10 A Longitudinal Study on the Relationship between Cognitive Control, Daily Emotion Regulation, and Depressive Symptoms
Ana Maria Pictura, Heidelberg University, Germany
09:30 Applying the View on Presumed Emotion-Regulation Deficits in Psychosis - Patients with Psychosis Apply Reappraisal, Distraction and Acceptance Successfully
Sandira Opole, University of Hamburg, Germany
Open Papers 1
Level 3 – Room R8
Addictions
Chair: Johannes Lindenmeyer, Medizinische Hochschule Brandenburg & Salus Clinic Linz, Germany
08:30 Thinking Styles about Nicotine Craving as Predictors of Smoking and Distress in Everyday Contexts: An Ecological Momentary Assessment Study
Joshua Magee, Miami University, USA
08:45 Experiential Avoidance as a Driving Factor Behind Compulsive Behaviour
Lauren Den Oudena, Monash University, Australia
09:00 Cognitive and Behavioural Mediators in Drug Dependency: Implications for an Integrated Cognitive-Behavioural Approach to Treating Drug Abusers
Fu Keung Wong, University of Hong Kong, Hong Kong
09:15 Making Inroads: Randomized Controlled Trial of an Early Intervention to Address Co-occurring Anxiety and Alcohol Use Problems Among Young People
Kathryn Prior, University of New South Wales, Australia
09:30 Additive Effectiveness of Mindfulness Meditation to a School-Based Brief Cognitive-Behavioral Alcohol Intervention for Adolescents
Matthew Gullis, University of Queensland, Australia

Open Papers 2
Level 3 – Room R7
Older Adults and Dementia
Chair: Ian James, Northumberland, Tyne and Wear NHS Foundation Trust, UK
08:30 Risk and Resiliency Factors Related to Dementia Caregiver Mental Health
Olivia Altamirano, University of Miami, USA
09:00 Therapist Beliefs about Working with Older People: Correlation with Clinical Outcome
Ken Laidlaw, University of Exeter, UK
09:15 The Effect of Co-Morbid Depression on the Outcomes of Computerised Cognitive Rehabilitation for Older Adults
Shannon Webb, University of Sydney, Australia
09:30 Are Lies Useful Communication Tools in Cognitive Behaviour Therapy? The Notion of the Truth
Ian James, Northumberland, Tyne and Wear NHS Foundation Trust, UK

Open Papers 3
Level 3 – Room R8
Mental Imagery
Chair: Fritz Pfanner, University of Freiburg, Germany
08:30 Induction of Conditioned Avoidance via Mental Imagery of a Threatening Event
Angelika Malhees Koyrtzso, Katholieke Universiteit Leuven, Belgium, and Utrecht University, the Netherlands
08:45 Enhancing Episodic Future Thinking in Clinical Depression
David Halford, Deakin University, Australia
09:00 Imagery Rescripting as Transdiagnostic Intervention – a Case Series
Amile Kruger-Gottschalk, Westlässische Wilhelms-Universität, Germany
09:15 Imagery Rescripting as an Adjunct to Cognitive Behaviour Therapy for Social Anxiety Disorder
Alice Norton, The University of Sydney, Australia
09:30 The Blind Mind’s Eye and Emotion: Are Thoughts Less Distressing with Aphantasia?
Mark Wicken, University of New South Wales, Australia

Open Papers 4
Level 3 – Room R9
Cultural Adaptations
Chair: Andrew Beck, University of Manchester, UK
08:30 The Development of a Culturally Informed, Religious-Based, Cognitive-Behavioral Mental Health Treatment Offered in Religious Institutions and Other Community Settings
Amy Weissman de Marnar, University of Miami, USA
08:45 Credibility Perception and Treatment Expectations: Relationship with Cognitive Behaviour Therapy Outcome in Indian Context
Sushmita Halder, Amit University, India
09:00 Chinese Translation of Cognitive Distortions and Its Relationship with Depressive and Anxiety Symptoms
Alvin Lai Cen Ng, Sunway University, Malaysia
09:15 Cognitive Behavioural Intervention to Promote Chinese International Students’ Mental Health and Quality of Life in Hong Kong: A Wait-list Control Design
Qiujuan Xue, University of Hong Kong, Hong Kong

Open Papers 5
Level 3 – Room R10
Behavioural Medicine
Chair: Jo Daniels, University of Bath, UK
08:30 Further Validation of the Non-Avoidant Pacing Scale and the Role of Pacing in Mediating Chronic Pain Treatment Outcomes
Renata Hastic, The University of Sydney, Australia
08:45 CFS/ME and Co-morbid Health Anxiety: A Treatment Case Series
Jo Daniels, University of Bath, UK
09:00 Guided Cognitive Behavioral Therapy-based Internet Intervention (ISOMA) for Somatoform Symptoms: Participant Characteristics and Results of a Randomized Controlled Trial in University Students
Kalina Böhme, University of Mainz, Germany
09:15 Therapeutic Effects of a Group Cognitive-Behavioral Intervention for Self-Management of Fibromyalgia
Lizet E. Jarnet, Saint Antoine University Hospital, France
09:30 Bodily Symptoms in Children and Adolescents: Illness-Related Self-Concept and Parental Symptom Evaluations
Stefanie Jungmann, University of Manz, Germany

Thursday 18th July
Symposium 16
Level 3 – Room R8
Recent Developments and Future Pathways in the Treatment of Specific Phobia in Children
Convenor & Chair: Rachel de Jong, University of Groningen, the Netherlands
08:30 Recent Advances and Findings in Bibliotherapy for Nighttime Fears/Phobias in Young Children
Thomas Ollendik, Virginia Polytechnic Institute and State University, USA
08:45 Optimizing Exposure in the Treatment of Specific Phobia in Children: Facing Fears In-Session or Out-Session?
Rachel de Jong, University of Groningen, the Netherlands
09:00 The Role of Cognitive Biases in Childhood Specific Phobias and Future Directions for Improving Treatment
Jeanine Baarman, University of Amsterdam, the Netherlands
09:15 Never Work with Animals AND Children! A Virtual Reality One-Session Treatment for Specific Phobia of Dogs Among Children
Lara Farrell, Griffith University, Australia
09:30 Discussants
Lars-Göran Öst, Stockholm University, Sweden

Skills Class 1 (German Language)
Level 3 – Room R4
Anhaltungs punkte für Kindeswohlgefährdung in der Psychotherapie - Wahrnehmen, Thematisieren, Mitteilen
Tanja Gölz & Constanze Ziesemer, Universitätsklinikum Freiburg, Deutschland

Symposium 17 (German Language)
Level 3 – Room R6
Einen Schritt weitergehen: Internet-basierte Interventionen über die Wirksamkeit hinaus erforschen
Convenor & Chair: Nina Riegg, Universität Bern, Schweiz
08:30 Wirktkriterien in einem angeleiteten internetbasierten Selbsthilfeprogramm für anhaltende Trauer nach Partnerverlust
Jeanette Broedbeck, Universität Bern, Schweiz
08:45 Prädiktoren von Adhärenz und Behandlungserfolg in einer internetbasierten Intervention für Menschen mit Psychose
Nina Riegg, Universität Bern, Schweiz
09:00 Machbarkeit einer gemischten Gruppentherapie zur Behandlung von Depression
Rachael Schuster, Universität Salzburg, Österreich
09:15 Neustart - Eine internetbasierte Intervention für Menschen mit Glücksstörungen: Ergebnisse einer randomisiert-kontrollierten Studie
Lara Bücker, Universitätsklinikum Hamburg-Eppendorf, Deutschland
09:30 Internetbasierte Selbsthilfe für Anpassungsstörungen
Christian Thomas Moser, Universität Bern, Schweiz
Thursday 18th July

Morning In-Congress Workshops (10.15 - 13.45)

In-Congress Workshop 1
Level 3 – Room R9
Self-Reflection and Self-Experience in Combined CBT and Schema Therapy Training
Marie Očísková & Jan Prasko, University Hospital and Palacky University Olomouc, Czech Republic

In-Congress Workshop 2
Level 3 – Room R10
Schema Therapy for Children and Adolescents (ST-CA)
Christof Loose, Psychotherapy Practice and Centre for Schema Therapy Düsseldorf, Germany

In-Congress Workshop 3
Level 3 – Room R11
Cognitive Behavioral Analysis System of Psychotherapy (CBASP) for the Treatment of Chronic Depression: A Global Perspective
Jan Philipp Klein, Lübeck University, Germany, & Todd, University of Michigan, USA

In-Congress Workshop 4
Level 3 – Room R2
Advances in Cognitive Behavior Therapy for Perfectionism
Roz Shafran, UCL Great Ormond Street Institute of Child Health, UK, Tracey Wade, Flinders University, Australia and Sarah Egan, Curtin University, Australia

(10.30 - 12.00)

Symposium 21
Level 1 – Room A1
Repetitive Thoughts and Actions: The Role of Dysfunctional Thoughts, Interpretation Biases, and Reliance on External Proxys
Convenor & Chair: Karina Wahl, University of Basel, Switzerland
10:30 Obsessive-Compulsive Tendencies and Lack of Feedback Predict Seeking Proxys for the Feeling of Understanding
Reuven Dar, Tel Aviv University, Israel
10:45 Beliefs About the Importance and Control of Thoughts are Predictive but not Specific to Intrusive Unwanted Thoughts and Neutralizing Behaviors During Exam Stress in a Prospective Study
Karina Wahl, University of Basel, Switzerland
11:00 Beliefs about Losing Control, Obsessions, and Caution: An Experimental Investigation
Jean-Philippe Gagné, Concordia University, Canada
11:15 Training Implicit Associations in Contamination-OCD: Effects on Attentional Bias and Approach Behavior
Christina Dusend, Westfälische Wilhelms-Universität, Germany
11:30 Discussant
Christina Dusend, Westfälische Wilhelms-Universität, Germany

Symposium 22
Level 1 – Room A2
Innovative Cognitive Behavioral Therapy Approaches in Somatic Conditions
Convenor & Chair: Andrea Evers, Leiden University, the Netherlands
10:30 Using an Empirical Approach to Develop a Cognitive Behaviourally Informed Psychotherapy Treatment for Chronic Dizziness
Rona Moss-Morris, King's College London, UK
10:45 A CBT-Based Transdiagnostic Approach for Persistent Physical Symptoms: Results of a Randomised Controlled Trial
Fruté Chalder, King's College London, UK
11:00 Pharmacological Conditioning in the Treatment of Rheumatoid Arthritis
Yanin Maan, Leiden University, the Netherlands
11:15 An E-Health Psychological Intervention to Optimize Health Outcomes in Response to Immunological and Psychophysiological Challenges: A Randomized Controlled Trial
Lennart Schakel, Leiden University, the Netherlands
11:30 Discussant
Andrea Evers, Leiden University, the Netherlands

Symposium 23
Level 1 – Room A3
New Research on Personalizing Psychological Treatments — Status Quo and Future Developments
Convenor & Chair: Wolfgang Lutz, University of Trier, Germany
10:30 Moving Beyond Main Effects to Promote Precision Mental Health
Rolf De Rubens, Rob, University of Pennsylvania, USA
10:45 Optimal Designs to Examine Whether Individual Affective Changes are Clinically Meaningful
Claudia Bocking, University of Amsterdam, the Netherlands
Thursday 18th July

Symposium 24
Level 1 – Room A4
Transdiagnostic Group Cognitive- Behaviour Therapy for Anxiety Disorders: Results of a Large Community-Based Pragmatic Randomized Controlled Trial
Convenor & Chair: Pasquale Robbere, Université de Sherbrooke, Canada
10:30 Transdiagnostic Group Cognitive- Behaviour Therapy for Anxiety Disorders: Study Design and Outcomes of a Pragmatic Trial
Pasquale Robbere, Université de Sherbrooke, Canada
10:45 Therapeutic Integrity and Participant Adherence: Influence on Group Cognitive Behaviour Therapy Effectiveness
Martin D. Provencher, Université Laval, Canada
11:00 Transdiagnostic Group Cognitive- Behaviour Therapy for Anxiety Disorders: Effects on Comorbid Diagnoses
Peter J. Norton, Monash University, Australia
11:15 A Qualitative Study of Patient Acceptability of Group Transdiagnostic Cognitive-Behaviour Therapy for the Treatment of Anxiety Disorders
Pasquale Robbere, Université de Sherbrooke, Canada
11:30 Discussant: Debra Hope, University of Nebraska-Lincoln, USA

Symposium 25
Level 1 – Room A5
Understanding Mechanisms Underlying Adolescent Anxiety: A Bottom-Up Approach to Improving Interventions
Convenor & Chair: Eleanor Leigh, King’s College London, UK
10:30 Psychosocial Factors Predicting Social Anxiety in Early Adolescence
Ron Pape, Macquarie University, Australia
10:50 Early Adolescent Predictors of Later Anxiety Disorders
Jennifer Hudson, Macquarie University, Australia
11:10 Can the Clark & Wells (1995) Cognitive Model of Social Anxiety Help in Predicting Adolescent Social Anxiety and Peer Victimization? A Prospective Longitudinal Study
Eleanor Leigh, King’s College London, UK
11:40 Parental Expressed Emotion and its Relationship with Treatment Outcomes for Adolescents with Co- Morbid Depression and Anxiety
Monika Parkinson, University of Reading, UK

Panel Discussion 2 (German Language)
Level 1 – Room A6
Convenors and Chairs: Jürgen Tripp, Deutscher Fachverband für Verhaltenstherapie (DVT), Deutschland & Oliver Kunz, Deutsche Gesellschaft für Verhaltenstherapie (DGVT), Deutschland
Discussants: Eva-Lotta Brakemeier, Philipps-Universität Marburg, Deutschland
Oliver Kunz, Deutsche Gesellschaft für Verhaltenstherapie (DGVT), Deutschland
Jürgen Tripp, Deutscher Fachverband für Verhaltenstherapie (DVT)
Ulrike Wilutzki, Universität Witten-Herdecke, Deutschland

Symposium 26 and Invited Plenary Address
Level 1 – Room A7
New Directions in Well-being Therapy
Convenor: Giovanni Fava, State University of New York at Buffalo, USA
Chair: Thomas Heidenreich, University of Sciences Esstlingen, Germany
10:30 The Assessment of Psychological Well-Being
Jenny Guidi, University of Bologna, Italy
10:55 Invited Plenary Address
Well-Being Therapy
Giovanni Fava, State University of New York at Buffalo, USA
11:25 What is the Specific Role of Well-Being Therapy in the Existing Landscape
Eva-Lotta Brakemeier, Philipps-Universität Marburg, Germany
11:45 General Discussion

Symposium 27
Level 3 – Room M1
Psychological Mechanisms Involved in the Recurrence and Chronicity of Depression and Anxiety Disorders: Results from the Netherlands Study on Depression and Anxiety (NEDSA)
Convenor & Chair: Peter de Jong, University of Groningen, the Netherlands
10:30 Implicit and Explicit Self-Esteem in the Recurrence of Depression and Anxiety Disorders
Lonneke van Tuijl, University Medical Center Groningen, the Netherlands
10:45 Does Repetitive Negative Thinking Mediate Prospective Relationships Among Depression and Anxiety?
Philip Spinthon, Leiden University, the Netherlands
11:00 Predictive Value of Attributed Bias for Recurrence of Depression: A 4-Year Prospective Study
Herman Eggermont, University of Groningen, the Netherlands
11:15 Temporal Stability of Symptoms of Affective Disorders, Cognitive Vulnerability and Personality Over Time
Sachiko Shiroya, Leiden University, the Netherlands
11:30 Discussant
Einstein Kosler, Ghent University, Belgium

Symposium 28
Level 3 – Room M2
Collaborative and Proactive Solutions as an Alternative to Parent Management Training for Youth with Oppositional Defiant Disorder: A Comparison of Therapeutic Models
Convenor: Anna Dedousis-Wallace, University of Technology Sydney, Australia
Chair: Thomas Ollendick, Virginia Polytechnic Institute & State University, USA
10:30 Testing Multiple Conceptualizations of Oppositional Defiant Disorder in Youth
Thomas Ollendick, Virginia Polytechnic Institute & State University, USA
10:45 Patterns in the Parent-Child Relationship and Clinical Outcomes in a Randomized Control Trial
Jordan Booker, University of Missouri, USA
11:00 Translating Efficacy Research into a “Real World” Setting: A Randomised Comparison Trial Comparing Collaborative and Proactive Solutions to Parent Management Training for Oppositional Youth
Rachael Murphy, University of Technology Sydney, Australia
11:15 Moderators and Mediators of Parent Management Training and Collaborative Proactive Solutions in the Treatment of Oppositional Defiant Disorder in Youth
Anna Dedousis-Wallace, University of Technology Sydney, Australia
11:30 Discussant
Ross Greene, Virginia Polytechnic Institute and State University, USA

Symposium 29
Level 3 – Room M3
Cognitive Behavioral Therapy for Children and Adults with Intellectual Disabilities: Developments in Research and Practice
Convenor & Chair: John Taylor, Northumbria University, UK
10:30 Fearless Me! A Pilot Randomised Controlled Trial of an Innovative Treatment Program for Children with Intellectual Disability and Anxiety
Anna Dedousis-Wallace, University of Technology Sydney, Australia
10:45 Transdiagnostic CBT in the Treatment of Mental Health Difficulties for Individuals with Intellectual Disabilities – A Manualised Approach
Richard Hastings, University of Warwick, UK
11:00 Controlled Evaluation of an Adapted DBT Skills Intervention for Adolescents with Autism in a School Context
Stefanie Hastings, Bangor University and Betsi Cadwaladr University Health Board, UK
11:15 The Evidence for Behavioural and Cognitive Therapies for People with Intellectual Disabilities – Where Are We up to?
John Taylor, Northumbria University, UK
11:30 Discussant
Richard Hastings, University of Warwick, UK

Symposium 30
Level 3 – Room M4
A Dual Process Models Approach to Understanding and Treating Eating and Weight Disorders
Convenor: Leenije Vervoort, Ghent University, Belgium
Chair: Lien Goossens, Ghent University, Belgium
10:30 Attentional Engagement and Disengagement to Food Cues in Anorexia Nervosa
Jeroen Jonker, University of Groningen, the Netherlands
10:45 Multi-Method Evidence for a Dual-Pathway Perspective on Loss of Control Over Eating Among Adolescents
Eva Van Malderen, Ghent University, Belgium
11:00 A Systematic Review of the Evidence for Enhancing Childhood Obesity Treatment from a Dual-Process Perspective
Jordan Booker, University of Missouri, USA
11:15 Smartphone-Delivered Approach-Avoidance Training Improves Food Choice in Obesity
Nanomi Kacchi, Monash University, Australia
11:30 Discussant
Lien Goossens, Ghent University, Belgium
Thursday 18th July

Symposium 31
Level 3 – Room M6
Recent Advances in Understanding Body Dysmorphic Disorder: A Developmental Perspective
Convenor: Georgina Krebs, King’s College London, UK
Chair: Anita Jess, South London and Maudsley NHS Foundation Trust, UK
10:30 Body Dysmorphic Disorder in the Youth: Prevalence, Psychosocial Impact and Associations with Suicide
Georgina Krebs, King’s College London, UK
10:45 Mindfulness and Self-Compassion Protect Against the Adverse Effects of Peer Appearance Teasing on Adolescents’ Body Dysmorphic Symptoms
Lara Farrell, Griffith University, Australia
11:00 Anxious and Angry Rejection Sensitivity and Body Dysmorphic Disorder Symptoms in Female Adolescents
Cynthia Turner, University of Queensland, Australia
11:15 Treatment Outcomes of a Large Sample of Adolescents with Body Dysmorphic Disorder in a Naturalistic Setting
Daniel Rautio, Karolinska Institute, Sweden
11:30 Discussant
Katharine Phillips, Cornell University, USA

Symposium 32
Level 3 – Room M6
Perfectionism as a Transdiagnostic Process – New Evidence from Experimental and Longitudinal Studies
Convenor & Chair: Barbara Claudius, Ludwig-Maximilians University, Germany
10:30 Self-Critical Perfectionism as a Moderator of the Relation Between Mindfulness and Depressiveness and Anxious Symptoms over Two Years
David Dunkley, Jewish General Hospital and McGill University, Canada
10:45 Why Does Perfectionism Confer Risk for Depression? A Longitudinal Test of the Mediating Role of Social Disconnection and Stress
Martin M. Smith, York St. Johns University, UK
11:00 Perfectionism as a Risk Factor for Symptoms of Eating Disorders and Obsessive-Compulsive Disorder: Findings from an Experimental Study
Karina Limburg, Ludwig-Maximilians University, Germany
11:15 Moving Beyond Questionnaire Assessment of Perfectionism? Direct and Indirect Assessment in Patients with Depression and Obsessive-Compulsive Disorder
Barbara Claudius, Ludwig-Maximilians University, Germany
11:30 One Factor or Two? A Bi-Factor Analysis of the Frost Multidimensional Scale and Clinical Perfectionism Questionnaire
Joel Howell, Curtin University, Australia

Skills Class 2
Level 3 – Room M7
Using Couple-Focused Cognitive Behavioural Therapy for Long Term Conditions
Sarah Corrie & Michael Worrell, Central and North West London NHS Foundation Trust, UK

Symposium 33
Level 3 – Room M6
New Developments in Schema Therapy, Part 2
Convenor: Marleen Rijkeboer, Maastricht University, the Netherlands
Chair: Arnold Amitz, University of Amsterdam, the Netherlands
10:30 Schema Therapy for (Chronic) Depression – What Do We Know and Where Can We Go?
Marcus Hubers, Vrije Universiteit, the Netherlands
10:45 Schema Therapy in Dissociative Identity Disorder
Raiaste Huntjens, University of Groningen & Marleen Rijkeboer, Maastricht University, the Netherlands
11:00 Schema Therapy as Treatment for Adults with Autism Spectrum Disorder and Comorbid Personality Disorder
Richard Vujic, SAPR Autism Expertise Centre, Farmasia Bavo Group, the Netherlands
11:15 Comparing Group Schema Therapy Versus Group Cognitive Behavioral Therapy for Patients with Social Anxiety Disorder and Comorbid Avoidant Personality Disorder
Astrid Balje, Leiden University and PsyQ, the Netherlands
11:30 Efficacy of Imagery with Rescripting in Treating OCD: A Single Case Experimental Design
Barbara Basile, School of Cognitive Psychotherapy, Italy

Symposium 34
Level 3 – Room R2
The Role of Flexibility in Identifying and Treating Psychopathology
Convenor: Elnat Levy-Gigi, Bar-Ilan University, Israel
Chair: Eva Gilboa-Schechtman, Bar-Ilan University, Israel
10:30 Spider Fearfuls’ Flexibility During Avoidance Learning
Mike Rinck, Radboud University, the Netherlands
Skills Class 4  
Level 3 – Room R7  
Working Online with Older People  
Sarah Batteup, Ieso Digital Health, UK & Ken Laidlaw, University of Exeter, UK

Skills Class 5  
Level 3 – Room R8  
Getting Session One Right: Working with Resistant and Non-Compliant Children and Young People  
Meg Wardlaw, Private Psychologist, Australia

Skills Class 6  
Level 3 – Room R13  
Helping Patients with Paranoid Psychosis to Drop Their Safety Behaviours in Scary Virtual Reality Environments  
Mark VanDerGaag & Roos Poel-Kolster, Vrije Universiteit Amsterdam, the Netherlands

Skills Class 7  
Level 3 – Room S1  
Design, Implement and Publish a Single Case Experimental Design  
David Vaile, King’s College London and South London and Maudsley Trust, UK

Symposium 38  
Level 3 – Room S2  
Cognitive Behavioral Therapy for Insomnia: At the Crossroads Between the Basic and Beyond  
Convener & Chair: Jaap Lancee, University of Amsterdam, the Netherlands  
10:30 Cognitive Behavioral Therapy for Insomnia: A Meta-Analysis of Short-Term and Long-Term Effects in Controlled Studies  
Arnemiek van Straten, University of Amsterdam, the Netherlands  
10:45 Effects of Online CBT for Insomnia in General Practice in the Netherlands  
Tanja van der Zwan, Vrije Universiteit Amsterdam, the Netherlands  
11:00 CBT for Insomnia: Effects on Depression and Mechanisms of Change  
Jaap Lancee, University of Amsterdam, the Netherlands  
11:15 CBT for Insomnia Comorbid with Obstructive Sleep Apnoea: A Randomised Controlled Trial  
Megan Crawford, Swansea University, UK  
11:30 A Transdiagnostic Sleep and Circadian Treatment to Improve Severe Mental Illness Outcomes in a Community Setting  
Allison Harvey, University of California, USA

Open Papers 7  
Level 3 – Room S3  
New Developments In Online Interventions  
Chair: Fjóla Dógg Helgadóttir, AI-Therapy, Iceland  
10:30 Unguided Online Cognitive Behavior Therapy in University and Community Samples: Al-Therapy’s Overcome Social Anxiety Program  
Fjóla Dógg Helgadóttir, AI-Therapy, Iceland  
10:45 Pilot Study of Intensive One-week Delivery of Online Cognitive Behavioral Therapy for Panic Disorder.  
Eileen Stech, University of New South Wales, Australia  
11:00 Predicting Engagement with Online Interventions for Psychosis: Findings from the Self-Management and Recovery Technology (SMART) Project  
Chelsea Amos, Swinburne University of Technology, Australia  
11:15 The Sweet Spot: Randomized Controlled Trial Comparing Different Levels of Clinician Support for Internet-based Cognitive Behavioural Therapy for Anxiety and Depression  
Ashlee Grierson, St Vincent’s Hospital Sydney, Australia  
11:30 Let’s Get It Online! - Study Protocol of an Internet-based Intervention for Women with Hypoactive Sexual Desire Disorder  
Milena Meyers, Ruhr University Bochum, Germany

Invited Addresses 1 (12.00-13.00)  
Level 1 – Room A1  
The State of the Evidence on Psychotherapy for Post Traumatic Stress Disorder  
Paula P. Schnurr, National Center for Post Traumatic Stress Disorder, Vermont, USA  
Chair: Regina Steil, Goethe University Frankfurt, Germany

Invited Address 2  
Level 1 – Room A2  
Self-Reported Symptoms and the Body: A New Perspective on Their Relationship  
Omer van den Bergh, University of Leuven, Belgium  
Chair: Michael Witthöft, University of Mainz, Germany

Invited Address 3  
Level 1 – Room A3  
40 Incredible Years! In the Innovation of IV Programs: Where Have We been? Where Do We Go Next?  
Carolyn Webster-Stratton, University of Washington, USA  
Chair: Tom Ollendick, Virginia Polytechnic Institute and State University, USA

Invited Address 4  
Level 1 – Room A4  
Taking Care of Those Who Care: Targets and Strategies in CBT for Distressed Dementia Family Caregivers  
Andres Losada, King Juan Carlos University, Spain  
Chair: Ken Laidlaw, University of Exeter, UK

Invited Address 5 (German Language)  
Level 1 – Room A5  
Transdiagnostische Ansätze zur Behandlung psychischer Störungen: Chancen und Herausforderungen  
Thomas Ehring, Ludwig-Maximilians-Universität München, Deutschland  
Chair: Thomas Fydrich, Humboldt-Universität zu Berlin, Deutschland

Invited Address 6  
Level 1 – Room A6  
Action, Dialogue & Discovery: Reflections on Socratic Questioning 25 Years Later  
Christine A. Padesky, Center for Cognitive Therapy, USA  
Chair: Melanie Fennell, University of Oxford, UK

Invited Address 7  
Level 1 – Room A7  
Delusions and Other Strong Beliefs  
Richard Bentall, University of Sheffield, UK  
Chair: Gillian Haddock, University of Manchester, UK

Invited Address 8 (German Language)  
Level 3 – Room M1  
Partnerschaft und Gesundheit: Psychobiologische Vermittler und Implikationen für die Therapie  
Beate Ditzen, Universitätsklinikum Heidelberg, Deutschland  
Chair: Alexandra Martin, Universität Wuppertal, Deutschland

Skills Classes
Skills Classes
Skills Classes
Skills Classes
Skills Classes
Skills Classes
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Effect of a Gender Sensitive Cognitive Behavior Therapy Program on Emotion Regulation and Distress</td>
<td>Hargun Ahluwalia, New Delhi, India</td>
</tr>
<tr>
<td>Tolerance in Women with Substance Use Disorders: A Study from India</td>
<td>Susan Evans, New York-Presbyterian Weill Cornell, USA</td>
</tr>
<tr>
<td>Metacognitive Therapy for Alcohol Use Disorder: A Systematic Case Series</td>
<td>Gabriela M. Corrado, Federal University of Granada, Spain</td>
</tr>
<tr>
<td>The Relationship Between the Compulsive Buying Tendencies and Early Maladaptive Schemas</td>
<td>Geyma Cetin, Istanbul, Turkey</td>
</tr>
<tr>
<td>Injunctive Norms Predict Alcohol Problems: The Impact of Situational Confidence and Gender as Moderators</td>
<td>Charlotte Cornen, Concordia University, Canada</td>
</tr>
<tr>
<td>Executive Functions and Discounting Function in Adolescents Drug Users</td>
<td>Núria Mallorquí-Bagué, Hospital de la Santa Creu i Sant Pau, Spain</td>
</tr>
<tr>
<td>Impulsivity and Cognitive Distortions in Different Clinical Phenotypes of Gambling Disorder: Profiles and Longitudinal Prediction of Treatment Outcomes</td>
<td>Diana Mejía, Instituto Tecnológico de Sonora, Mexico</td>
</tr>
<tr>
<td>Virtual Approach-Bias Retraining for Smokers Motivated to Quit Smoking</td>
<td>Alia Machulka, University of Siegen, Germany</td>
</tr>
<tr>
<td>Impulsivity and Cognitive Distortions in Different Clinical Phenotypes of Gambling Disorder: Profiles and Longitudinal Prediction of Treatment Outcomes</td>
<td>Núria Mallorquí-Bagué, Hospital de la Santa Creu i Sant Pau, Spain</td>
</tr>
<tr>
<td>Gender Differences in Unidirectional and Bidirectional Intimate Partner Violence in Adolescents</td>
<td>José J. López-Goñi, Universidad Pública de Navarra, Spain</td>
</tr>
<tr>
<td>Protective Between Smoking Among Patients of the Stop Smoking Center Operating at the Lower Silesian Oncology Centre in Wroclaw (Poland) in 2015</td>
<td>Anna Dudek, Lower Silesian Oncology Center, Poland</td>
</tr>
<tr>
<td>Differences in Perceived Social Support and Psychological Recovery Through Participation in Self-Help Groups Among Drug Addicts</td>
<td>Yumi Kitagawa, Waseda University, Japan</td>
</tr>
<tr>
<td>Efficacy of a Cognitive-Behavioral Intervention Focused on Support Networks for Addicted Patients in Treatment</td>
<td>Diana Laura López Navarro, University of Guanajuato, Mexico</td>
</tr>
<tr>
<td>Do Metacognitive Beliefs Moderate the Link Between Negative Receptive Thinking and Alcohol Use Severity?</td>
<td>Tristan Hamonniere, Université Paris Descartes, France</td>
</tr>
<tr>
<td>Metacognitive Beliefs in Problematic Cannabis Use: Preliminary Findings</td>
<td>Núria Mallorquí-Bagué, Hospital de la Santa Creu i Sant Pau, Spain</td>
</tr>
<tr>
<td>The Pilot Study of Cognitive Behavioral and Positive Psychological Intervention for Alcohol Addiction</td>
<td>Suguru Iwano, Olta University, Japan</td>
</tr>
<tr>
<td>Stress and (Un)Healthy Food Behavior: The Moderating Role of Emotional Eating and Emotion Regulation;</td>
<td>Ioana Comsa, Babes Bolyai University, Romania</td>
</tr>
<tr>
<td>Adolescents with Substance Use Disorder: Exploring Underlying Vulnerability Factors</td>
<td>Brenda Volkau, University of Ghent, Belgium</td>
</tr>
<tr>
<td>The Relationship Between Digital Game Addiction and Being Neglected By Parents in Adolescence</td>
<td>Ulku Beyazıt and Ayşur Bilgün Ayhan, Akdeniz University, Turkey</td>
</tr>
<tr>
<td>Effect of a Gender Sensitive Cognitive Behavior Therapy Program on Emotion Regulation and Distress</td>
<td>Hargun Ahluwalia, New Delhi, India</td>
</tr>
<tr>
<td>Tolerance in Women with Substance Use Disorders: A Study from India</td>
<td>Susan Evans, New York-Presbyterian Weill Cornell, USA</td>
</tr>
<tr>
<td>Metacognitive Therapy for Alcohol Use Disorder: A Systematic Case Series</td>
<td>Gabriela M. Corrado, Federal University of Granada, Spain</td>
</tr>
<tr>
<td>The Relationship Between the Compulsive Buying Tendencies and Early Maladaptive Schemas</td>
<td>Geyma Cetin, Istanbul, Turkey</td>
</tr>
<tr>
<td>Injunctive Norms Predict Alcohol Problems: The Impact of Situational Confidence and Gender as Moderators</td>
<td>Charlotte Cornen, Concordia University, Canada</td>
</tr>
<tr>
<td>Executive Functions and Discounting Function in Adolescents Drug Users</td>
<td>Núria Mallorquí-Bagué, Hospital de la Santa Creu i Sant Pau, Spain</td>
</tr>
<tr>
<td>Impulsivity and Cognitive Distortions in Different Clinical Phenotypes of Gambling Disorder: Profiles and Longitudinal Prediction of Treatment Outcomes</td>
<td>Diana Mejía, Instituto Tecnológico de Sonora, Mexico</td>
</tr>
<tr>
<td>Gender Differences in Unidirectional and Bidirectional Intimate Partner Violence in Adolescents</td>
<td>José J. López-Goñi, Universidad Pública de Navarra, Spain</td>
</tr>
<tr>
<td>Virtual Approach-Bias Retraining for Smokers Motivated to Quit Smoking</td>
<td>Alia Machulka, University of Siegen, Germany</td>
</tr>
<tr>
<td>Impulsivity and Cognitive Distortions in Different Clinical Phenotypes of Gambling Disorder: Profiles and Longitudinal Prediction of Treatment Outcomes</td>
<td>Núria Mallorquí-Bagué, Hospital de la Santa Creu i Sant Pau, Spain</td>
</tr>
<tr>
<td>Executive Functions and Discounting Function in Adolescents Drug Users</td>
<td>Diana Mejía, Instituto Tecnológico de Sonora, Mexico</td>
</tr>
<tr>
<td>Substance Use Related Beliefs and Inclination for Substance Abuse versus Preventive Efforts Among Adolescents in South India</td>
<td>Rajeev Joseph Michael, St. Joseph’s Hospital, India</td>
</tr>
<tr>
<td>Comparison of Psychological Flexibility Between People on Probation for Alcohol-Related Crimes According to the Severity of Their Problematic Drinking</td>
<td>Euihyeon Na, Inchoen Chamsarang Hospital, South Korea</td>
</tr>
<tr>
<td>Implementation of a Cognitive Behavioral Group Therapy Program in Rolling Form for Sexual Addiction Patients: A Pilot Study</td>
<td>Kazutaka Nomura, Waseda University, Japan</td>
</tr>
<tr>
<td>Why Are Caffeinated Alcoholic Beverages Especially Risky?</td>
<td>Melissa Norberg, Macquarie University, Australia</td>
</tr>
<tr>
<td>Challenge your Thinking: Protocol for an Online Unconscious Bias Training Program for Anxiety and Problematic Alcohol Use</td>
<td>Katrina Prior, University of Sydney, Australia</td>
</tr>
<tr>
<td>Fluoxetine Treatment Reduces Alcohol Consumption in Females, but not in Males, Rats Exhibiting Reserpine-Induced Depression</td>
<td>Paul Ruiz, Universidad de la República, Uruguay</td>
</tr>
<tr>
<td>Reserpine-Induced Depression</td>
<td>Francisco Estelles, Mäl Sweden University, Sweden</td>
</tr>
<tr>
<td>Cognitive Mechanisms Underlying Individual Differences in Negative Emotional Consumption of Junk Food</td>
<td>Gemma Healey, University of Western Australia, Australia</td>
</tr>
<tr>
<td>A Comprehensive Assessment of Different Facets of Body Image in Homo-, Hetero- and Bisexual Women and the Influence of Discrimination Experience</td>
<td>Alina Hirn, Osnabrück University, Germany</td>
</tr>
<tr>
<td>Association Between Psychological Discomfort and Alcohol Consumption in Youth from Uruguay</td>
<td>Paul Ruiz, Universidad de la República, Uruguay</td>
</tr>
<tr>
<td>Online Approach Bias Modification Training with Motivational Feedback in Problem Gambling: Preliminary Results</td>
<td>Leney Snipes, University of Amsterdam, the Netherlands</td>
</tr>
<tr>
<td>Is Problem Drinking Maintained by Positive Strengthening?</td>
<td>Midon Takesawa, Waseda University, Japan</td>
</tr>
<tr>
<td>Gamification and Cognitive Behavioural Therapy: A Perfect Marriage that is Difficult to Start. A Preliminary</td>
<td>Gabriel Thorens, Geneva University Hospital, Switzerland</td>
</tr>
<tr>
<td>The Mediating Role of Cannabis Use in the Relationship Between Perceived Psychosocial Stress and Dissociative Experiences</td>
<td>Genevieve Dingle, Queen Mary, University of London, England</td>
</tr>
<tr>
<td>Adolescents with Substance Use Disorder: Exploring Underlying Vulnerability Factors</td>
<td>Brenda Volkau, University of Ghent, Belgium</td>
</tr>
<tr>
<td>The Relationship Between Digital Game Addiction and Being Neglected By Parents in Adolescence</td>
<td>Ulku Beyazıt and Ayşur Bilgün Ayhan, Akdeniz University, Turkey</td>
</tr>
</tbody>
</table>

**Eating Disorders**

<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Effect of a Gender Sensitive Cognitive Behavior Therapy Program on Emotion Regulation and Distress</td>
<td>Hargun Ahluwalia, New Delhi, India</td>
</tr>
<tr>
<td>Tolerance in Women with Substance Use Disorders: A Study from India</td>
<td>Susan Evans, New York-Presbyterian Weill Cornell, USA</td>
</tr>
<tr>
<td>Metacognitive Therapy for Alcohol Use Disorder: A Systematic Case Series</td>
<td>Gabriela M. Corrado, Federal University of Granada, Spain</td>
</tr>
<tr>
<td>The Relationship Between the Compulsive Buying Tendencies and Early Maladaptive Schemas</td>
<td>Geyma Cetin, Istanbul, Turkey</td>
</tr>
<tr>
<td>Injunctive Norms Predict Alcohol Problems: The Impact of Situational Confidence and Gender as Moderators</td>
<td>Charlotte Cornen, Concordia University, Canada</td>
</tr>
<tr>
<td>Executive Functions and Discounting Function in Adolescents Drug Users</td>
<td>Núria Mallorquí-Bagué, Hospital de la Santa Creu i Sant Pau, Spain</td>
</tr>
<tr>
<td>Impulsivity and Cognitive Distortions in Different Clinical Phenotypes of Gambling Disorder: Profiles and Longitudinal Prediction of Treatment Outcomes</td>
<td>Diana Mejía, Instituto Tecnológico de Sonora, Mexico</td>
</tr>
<tr>
<td>Gender Differences in Unidirectional and Bidirectional Intimate Partner Violence in Adolescents</td>
<td>José J. López-Goñi, Universidad Pública de Navarra, Spain</td>
</tr>
<tr>
<td>Virtual Approach-Bias Retraining for Smokers Motivated to Quit Smoking</td>
<td>Alia Machulka, University of Siegen, Germany</td>
</tr>
<tr>
<td>Impulsivity and Cognitive Distortions in Different Clinical Phenotypes of Gambling Disorder: Profiles and Longitudinal Prediction of Treatment Outcomes</td>
<td>Núria Mallorquí-Bagué, Hospital de la Santa Creu i Sant Pau, Spain</td>
</tr>
<tr>
<td>Executive Functions and Discounting Function in Adolescents Drug Users</td>
<td>Diana Mejía, Instituto Tecnológico de Sonora, Mexico</td>
</tr>
<tr>
<td>Substance Use Related Beliefs and Inclination for Substance Abuse versus Preventive Efforts Among Adolescents in South India</td>
<td>Rajeev Joseph Michael, St. Joseph’s Hospital, India</td>
</tr>
<tr>
<td>Comparison of Psychological Flexibility Between People on Probation for Alcohol-Related Crimes According to the Severity of Their Problematic Drinking</td>
<td>Euihyeon Na, Inchoen Chamsarang Hospital, South Korea</td>
</tr>
<tr>
<td>Implementation of a Cognitive Behavioral Group Therapy Program in Rolling Form for Sexual Addiction Patients: A Pilot Study</td>
<td>Kazutaka Nomura, Waseda University, Japan</td>
</tr>
<tr>
<td>Why Are Caffeinated Alcoholic Beverages Especially Risky?</td>
<td>Melissa Norberg, Macquarie University, Australia</td>
</tr>
<tr>
<td>Challenge your Thinking: Protocol for an Online Unconscious Bias Training Program for Anxiety and Problematic Alcohol Use</td>
<td>Katrina Prior, University of Sydney, Australia</td>
</tr>
<tr>
<td>Fluoxetine Treatment Reduces Alcohol Consumption in Females, but not in Males, Rats Exhibiting Reserpine-Induced Depression</td>
<td>Paul Ruiz, Universidad de la República, Uruguay</td>
</tr>
<tr>
<td>Reserpine-Induced Depression</td>
<td>Francisco Estelles, Mäl Sweden University, Sweden</td>
</tr>
<tr>
<td>Cognitive Mechanisms Underlying Individual Differences in Negative Emotional Consumption of Junk Food</td>
<td>Gemma Healey, University of Western Australia, Australia</td>
</tr>
<tr>
<td>A Comprehensive Assessment of Different Facets of Body Image in Homo-, Hetero- and Bisexual Women and the Influence of Discrimination Experience</td>
<td>Alina Hirn, Osnabrück University, Germany</td>
</tr>
</tbody>
</table>
Symposium 40
Level 1 – Room A2
Prevention and Early Intervention for Eating Disorders and Transdiagnostic Outcomes: Targeting Body Image Concerns and Unhelpful Perfectionism in Young People
Convenor & Chair: Melissa Atkinson, University of Bath, UK
14:00 Combating Disordered Eating and Poor Body-Image with the Use of Image Rescripting (IR) Among Body-Dissatisfied Young Women
Yuan Zhu, Flinders University, Australia
14:15 The Relationship Between Perfectionism and Academic Achievement: A Meta-Analytic Review
Ivana Osenic, Flinders University, Australia
14:30 A Randomized Controlled Trial Targeting Perfectionism in Young Gifted Adolescents: A Pilot Study
Tracey Wade, Flinders University, Australia
14:45 Preliminary Results from a School-Based Cluster Randomised Controlled Study Comparing Universal Eating Disorder Prevention Programmes
Melissa Atkinson, University of Bath, UK

Symposium 41
Level 1 – Room A3
Chronic Depression: a Therapeutic Challenge approached from Different Angles
Convenor: Jan Philipp Klein, University of Lübeck, Germany
Chair: Elisabeth Schramm, University of Freiburg, Germany
14:00 Schema Therapy in the Treatment of Chronic Depression: A Single Case Series Study
Fritz Ranier, University of Freiburg, Germany
14:15 Mindfulness-Based Cognitive Therapy in the Treatment of Chronic Depression: A Randomized Controlled Trial
Mie Clader-Micus, Radboud University Nijmegen, the Netherlands
14:30 Cognitive-Behavioural Analysis System of Psychotherapy in the Treatment of Chronic Depression: Long-Term Results from a Randomized Controlled Trial
Elizabeth Schramm, University of Freiburg, Germany
14:45 CBASP in the Treatment of Chronic Depression: Treatment Moderators in a Randomized Controlled Trial
Jan Philipp Klein, University of Lübeck, Germany

Symposium 42
Level 1 – Room A4
The Digital Therapy Room: mHealth Applications for Psychosis
Convenor: Alissa von Malachowski, Hamburg University, Germany
Chair: Tania Lincoln, Hamburg University, Germany
14:00 AssistAs: A Theory-Infomred App for Early Psychosis
Sandra Bacci, University of Manchester, UK
14:15 IMProving Availability & Cost-Effectiveness of Mental Healthcare for Schizophrenia Through mHealth (IMPACHS) - Results from a Multi-Site Feasibility Study Integrating a Mobile Application into Face-to-Face Therapy
Alisa von Malachowski, Hamburg University, Germany & Stephen Fitzgerald Austin, Psychiatric Research Unit, Psychiatry Zealand, Denmark
14:30 Early Signs Monitoring to Prevent Relapse in Psychosis and Promote Wellbeing, Engagement and Recovery (EMPOWER): A Pilot Cluster Randomised Controlled Trial in Two Countries
Andrew Gumley, University of Glasgow, UK
14:45 Discussant
Tania Lincoln, Hamburg University, Germany

Symposium 43
Level 1 – Room A5
The Science of Resilience: Responding to Cognitive Behavioural Biomarkers of Vulnerability
Convenor & Chair: Jennifer Wild, University of Oxford, UK
14:00 Increasing Resilience in Young People by Targeting Repetitive Negative Thinking
Thomas Ehrg, Ludwig-Maximilians-University, Germany
14:15 Cognitive Processing Therapy for PTSD: What Client Characteristics Promote Successful Outcome and Long-Term Wellbeing?
Robert Nixon, Flinders University, Australia
14:30 Human Locus Coeruleus Conflict Response Predicts Real-World Stress Resilience
Bijit Klein, University of Zurich, Switzerland
14:45 Targeting Modifiable Predictors of Trauma-Related Disorders to Improve Resilience in Emergency Workers: A Randomised Controlled Trial
Jennifer Wild, University of Oxford, UK

Symposium 44
Level 1 – Room A8
Personalizing Psychotherapy for Depression and Anxiety Disorders: Prediction of Treatment Outcome and Drop-Out Rates Using Novel Statistical Approaches
Convenor: Eva-Lotta Brakemeier, Philipps-University of Marburg, Germany
Chair: Eva-Lotta Brakemeier, Philipps-University of Marburg and Germany
14:00 Who Benefits more from Short-Term Psychodynamic Therapy than from Cognitive Behavioural Therapy? 
Jürgen Hoyer, Technical University of Dresden, Germany
14:15 Predicting Changes in Patients Suffering from Depression in Routine Clinical Care: A Bayesian Approach
Philips Herbert, Philipps-University of Marburg and Germany
14:30 Predicting Optimal Acute and Long-Term Outcomes in Cognitive Therapy or Interpersonal Psychotherapy for Depressed Individuals Using the Personalized Advantage Index Approach
Marcus Hubers, Vrije Universiteit Amsterdam, the Netherlands, and University of Pennsylvania, USA
14:45 On the Way to Personalize Treatments: Using Network-Analysis to Improve Predictions of Dropout
Wolfgang Lutz, University of Trier, Germany

Symposium 45
Level 1 – Room A7
How To Learn More About Cognitive Behavioural Therapy-Training and How To Reach Beyond Basic Training?
Convenor & Chairs: Andreas Verit, Zentrum für Psychotherapie Dortmund, Germany
14:00 Psychotherapy Training: Trainer’s Experiences in the Early Phase of Their Training. First Results from the SPRIRATAD International Study
Urike Wilke, University Witten-Herdecke, Germany
14:15 How Can We Clarify the Role of Personal Therapy in Training – Remarks Based Upon a Systematic Review
Bernhard Strauss, University of Jena, Germany
14:30 How to Facilitate Evidence-Based Practice and Motivate for Advanced Psychotherapy Training
Franziska Kühne, University of Potsdam, Germany
14:45 Stuck Points in Cognitive Behaviour Therapy Training
Lynne McFerr, Harbor-UCLA Medical Center, USA
DiscusSant
Anton Rupert Larent, University of Vienna, Austria

Symposium 46
Level 3 – Room M1
Breaking New Ground: Expanding the Reach of Prevention of Depression in Adolescents
Convenor & Chair: Patrick Pössel, University of Louisville, USA
14:00 Incremental Cost-effectiveness of Preventing Depression in At-Risk Adolescents
Julie Garber, Vanderbilt University, USA
14:15 Migration Status, Gender, and the Effects of Depression Prevention: A Cluster-Randomized Control Group Study
Patrick Pössel, University of Louisville, USA
14:30 School-based Depression Prevention for Adolescents with Subclinical Symptoms of Depression
Kim van Etteloo, GGZ Oost Brabant and Erasmus University, the Netherlands
14:45 An Internet-Based Approach to Preventing Adolescent Depression in Primary Care
Trace Gladstone, Wellesley College, USA

Symposium 47
Level 3 – Room M3
Toward New Technologies: Computerized Treatment for Depression and Anxiety in Children and Adolescents
Convenor & Chair: Sarne Rasing, Utrecht University and GGZ Oost Brabant, the Netherlands
14:00 The Effectiveness of Technologically Delivered Interventions for Child Anxiety and Depression: A Systematic Review
Paul Sharding, University of Bath, UK
14:15 Accessible Behavioral Intervention for Adolescent Depression: Implications from Two Randomized Controlled Trials
Naira Topouzian, Linköping University, Sweden, and Center for M2Health, USA
14:30 Effectiveness of Blended Cognitive Behavioural Therapy in Clinically Depressed Adolescents: A Pragmatic Quasi-Experimental Controlled Trial
Sarne Rasing, Utrecht University and GGZ Oost Brabant, the Netherlands
14:45 The Effect of the Video Game ‘Mindlight’ with and Without Elements of Cognitive Behavioral Therapy on Anxiety Symptoms of Children with Autism Spectrum Disorder
Lieve Wijnhoven, GGZ Oost Brabant and Radboud University, the Netherlands
Thursday 18th July

Symposium 48
Level 3 – Room M4
Older Adults: Schema Theory and Schema Therapy
Convenor: Ian Kneebone, University of Technology Sydney, Australia
Chair: Arjan Videler, Tilburg University, the Netherlands
14:00 Schema Theory and Older Adults: A Preliminary Study
Ian Kneebone, University of Technology Sydney, Australia
14:15 Schemas in Older Adults: What Structures Appear?
Marjolein Legra, Maastricht University and GGz Brebug, the Netherlands
14:30 Schema Therapy in Older Adults
Arjan Videler, Tilburg University and GGz Brebug, the Netherlands
14:45 Group Schema Therapy: Modifications for Older Adults with Personality Disorders
Sylvia Heynen-Koht, Middelheim Hospital, the Netherlands

Symposium 49
Level 3 – Room M5
Attention and Learning Mechanisms in Child Anxiety
Convenor & Chair: Helen Dodd, University of Reading, UK
14:00 Der diagnostische Prozess bei nicht-suizidalem selbstverletzenden Verhalten
Tina In-Albon, Universität Koblenz-Landau, Deutschland
14:15 Learning to Attend to Threat, a Parent-Child Experimental Task
Katarina Krkovic, University of Hamburg, Germany
14:30 Does Maternal Anxiety Moderate the Effects of Cognitive and Learning Mechanisms on Anxiety Symptoms in Offspring?
Allison Waters, Griffith University, Australia
14:45 Behavioral and Neural Differences Among Anxious and Non-anxious Youth in Fear Learning and Their Role in Predicting Treatment Outcomes
Toran Shechter, University of Haifa, Israel

Symposium 50
Level 3 – Room M6
Understanding Psychological Mechanisms of Paranoia
Convenor and Chair: Lyn Elliott, Royal Holloway, University of London, UK
14:00 The Role of Interpersonal Processes in Moderating Paranoia: Findings from Two Analogue Studies
Katharine Berry, University of Manchester, UK
14:15 Attachment Theory as a Means of Enriching CBT for Psychosis
Katherine Newman-Taylor, University of Southampton, UK
14:30 What Came First, Negative Emotions or Paranoia? On the Trail of the “Chicken and Egg” Problem
Katrina Koras, University of Hamburg, Germany
14:45 Daily Relationship Between Social Exclusion and Paranoia
Eko yoga, University of Indonesia, Indonesia

Symposium 51 (German Language)
Level 3 – Room M7
Von der Diagnostik zu Therapiemöglichkeiten bei nicht-suizidalem selbstverletzenden Verhalten bei Jugendlichen und jungen Erwachsenen im ambulanten und stationären Setting
Convenor & Chair: Tina In-Albon, Universität Koblenz-Landau, Deutschland
14:00 Der diagnostische Prozess bei nicht-suizidalem selbstverletzenden Verhalten
Tina In-Albon, Universität Koblenz-Landau, Deutschland
14:15 Evidenzbasierte Therapie von Nicht-suizidalem Selbstverletzendes Verhalten im Jugendalter
Paul Pienker, Medizinische Universität Wien, Österreich
14:30 Entwicklung und Evaluation einer Online-Intervention für Nicht-Suizidales Selbstverletzendes Verhalten in der Adoleszenz - Eine randomisiert-kontrollierte Studie
Alexandra Edinger, Universität Heidelberg, Deutschland
14:45 Traumatherapie bei adolescenten Posttraumatischen Belastungsstörungs-Patienten mit komorbid emotional-instabilier & Personalitätstörung
Sven Cornelisse, Zentralinstitut für seelische Gesundheit, Deutschland

Symposium 52
Level 3 – Room M8
Parenting Interventions at the Transition to Parenthood: Preliminary Findings from Feasibility Studies and Full Trials
Convenor & Chair: Anja Wittkowski, University of Manchester, UK
14:00 Parenting Interventions at the Transition to Parenthood: The Evidence for Baby Triple P
Alina Morawska, University of Queensland, Australia
14:15 The IMAGINE Study: The Feasibility and Acceptability of Baby Triple P for Mothers with Severe Mental Health Problems
Marion Henderson, University of Glasgow, UK
14:45 Discussant
Alina Morawska, University of Queensland, Australia

Symposium 53
Level 3 – Room R2
Recent Goal Regulation Processes Implicated in Mental Health
Convenor & Chair: Joanne Dickson, Edith Cowan University, Australia
14:00 Rumination Mediates the Relationship Between Actual-Ideal (but not Actual-ought) Self-Discrepancy and Psychological Distress
Joanne Dickson, Edith Cowan University, Australia
14:15 Goal-Related Thinking and Affective Responsiveness in Dysphoria
Andrew MacLeod, Royal Holloway and University of London, UK
14:30 Intensity and Perceived Constructiveness of Rumination About Personal Goals: A Diary Study
Nicholas McInerney, University of Exeter, UK
14:45 Investigating Health Beliefs, Goal Appraisals and Emotional Distress in Individuals Experiencing Severe Mental Health Difficulties
Esmira Bopaj, University of Liverpool, UK

Symposium 54
Level 3 – Room R3
Internet and Cognitive Behavioral Therapy: Advances and Applications in Different Contexts
Convenor & Chair: Mauro Galluccio, European Association for Negotiation and Mediation Brussels, Belgium
14:00 Training of Cognitive Therapists in Argentina
Ruth Wilner, Asociación Argentina de Terapia Cognitiva and Asociación Latinoamericana de Psicoterapias Cognitivas, Argentina
14:15 Effectiveness of an Internet-Based Self-Guided Program to Treat Depression in a Sample of Brazilian Users: A Study Protocol
Rodrigo Lopes, Universidade Católica de Petrópolis, Brazil
14:30 Boomerang Effect in an Online Program to Prevent Alcohol Abuse in University Students
Karen P. Del Rio Szupszynski, Federal University of Grand Dourados, Brazil
14:45 Discussant
Mauro Galluccio, European Association for Negotiation and Mediation Brussels, Belgium

Symposium 55
Level 3 – Room R4
Recent Goal Regulation Processes Implicated in Mental Health
Convenor & Chair: Joanne Dickson, Edith Cowan University, Australia
14:00 Rumination Mediates the Relationship Between Actual-Ideal (but not Actual-ought) Self-Discrepancy and Psychological Distress
Joanne Dickson, Edith Cowan University, Australia
14:15 Goal-Related Thinking and Affective Responsiveness in Dysphoria
Andrew MacLeod, Royal Holloway and University of London, UK
14:30 Intensity and Perceived Constructiveness of Rumination About Personal Goals: A Diary Study
Nicholas McInerney, University of Exeter, UK
14:45 Investigating Health Beliefs, Goal Appraisals and Emotional Distress in Individuals Experiencing Severe Mental Health Difficulties
Esmira Bopaj, University of Liverpool, UK

Symposium 56
Level 3 – Room R5
The Relationship Between Social Media and Indicators of Psychopathology
Convenor & Chair: Lien Faelens, Ghent University, Belgium
14:00 Social Media and Depression Symptoms: A Network Perspective
George Asbers, Tilburg University, the Netherlands
14:15 Self-Control Perspective On Maladaptive Facebook Usage
Nunti Sternberg, Tel Aviv University, Israel
14:30 The Impact of Social Media Use on Body Image
Dan de Vries, Netherlands Association for Behavioural and Cognitive Therapy, the Netherlands
14:45 The Interplay Between Social Media Use, Self-Esteem and Risk for Affective Disorders
Lien Faelens, Ghent University, Belgium
Depression
1 Physical Activity and Cognitive Control Modulate Therapy Processes in Depression
   Johanna Addelhagen, Free University Berlin, Germany
2 Reduction of Depression and Anxiety with the Group Format of Emotional Activation Therapy (G-EAT)
   Kjærn Schmidt, Leprinsprær der AY Köln, Germany
3 Tailored Screening for Late-Life Depression — A Short Version of Teate Depression Inventory in Elderly People
   Saggio Aristei, G. d’Annunzio University of Chieti-Pescara, Italy
4 A Cognitive Behavioural Group Training Intervention to Facilitate Transitions Among Female University Students who Have Symptoms of Depression and Anxiety
   Johanna Bernhardsdottir, University of Iceland, Iceland
5 Effectively Treating Depression: Study Design and Methodology of a Naturalistic Study of Group Cognitive Behavioral Therapy as Electroconvulsive Therapy Continuation Treatment
   Luisa Börke, Charte University Medicine Berlin, Germany
6 Acceptance and Implementation of an Online Problem-Solving Program for Depression in a Stepped Care Project
   Oliver Bur, University of Bern, Switzerland
7 Brief Psychological Interventions for Depression: Outcomes for Mental Health Services
   Stephanie Casey, Cambridgebridge and Peterborough NHS Foundation Trust, UK
8 Effect of Cognitive Behavioral Therapy and Enhanced Cognitive Behavioral Therapy Programs on Korean Soldiers’ Maladaptation in Military
   Ju Sung Choi, Kongy University, South Korea
9 Effects of Socially Prescribed Perfectionism and Intolerance of Uncertainty of College Students on Their Depression: Focusing on Mediating Effects of Experiential Avoidance
   Jae-Gwang Choi, Kongy University, South Korea
10 Development and Effectiveness of Depression Management Program Based on Cognitive Behavioral Therapy: Focused on the University Students with Socially Prescribed Perfectionism
   Jae-Gwang Choi, Kongy University, South Korea
11 Development and Pilot Testing of Mapp: A Mobile App that Targets Intrusive Memories During Dysphoria
   Anaïs Del Patàs-Gonzalez, Aarhus University, Denmark
12 The impact of Eye Movement Desensitization and Reprocessing as an Adjunct to Group Cognitive Behavioral Therapy for Individuals with Depression
   Sarah Dominguez, Murdoch University, Australia
13 Examining the Relationship Between Flexibility in Retriving Autobiographical Memories and Social Problem Solving in Depression
   Barbara Ditschel, University of St Andrews, UK
14 An Evaluation of a Cognitive Behavioral Therapy Group
   Rachel Elliott, Cambridge Adult Locality Team, UK
15 Brain Structural Biomarkers of Psychotherapy
   Verena Enneking, University of Münster, Germany
16 New Perspectives for Cognitive Behavioral Therapy in Primary Health Care Settings for Depression Treatment
   Heidrun Faingraber-Lund, Helsinki Southern Psychiatric and Substance Abuse Centre, Finland
17 Effects of an Eight-Week Mindfulness and Metta-Based Group Meditation Program in Patients with Chronic Depression
   Antje Frick, Goethe University Frankfurt, Germany
18 Thwarted Belongingness and Perceived Burdensomeness Mediate the Association Between Bullying and Suicide Ideation
   Sioren Friedrich, Ruhr Universität Bochum, Germany
19 The Effectiveness of a Cognitive Behavioral Therapy Group and an Analysis of Beck Depression Inventory-II in a Group of Dysthyemic Patients
   Patricia Gavin, University of Barcelona, Spain
20 The Relationship Between Depression and Cognitive Performance: A Differentiation of Direct Associations and a Potential Confounding Influence of Childhood Maltreatment
   Janka Gottsmann, University of Münster, Germany
21 Cognitive Profiles of Executive Functions in Unipolar Affective Disorders and Adjustment Disorders with Depressed Mood: Diagnostic Markers and Prognostic Value?
   Joanna Gaurich Doménec, University of Barcelona, Spain
22 Dissemination of Cognitive Behavioral Therapy for Mood Disorder Under the National Health Insurance Scheme in Japan (FY2010–2015): A Descriptive Study Using a Nationwide Claims Database
   Yuta Hayashi, University of Miyazaki, Japan
23 Effects of Rumination on Depressed Mood – Investigating the Role of Working Memory Updating as a Moderator
   Fu-Chen Hung, Chung Yuan Christian University, Taiwan
24 Group Rumination-Focused Cognitive-Behavioural Therapy versus Group Cognitive-Behavioural Therapy for Depression: Phase II Trial
   Morten Hvenegaard, University of Copenhagen, Denmark

Thursday 18th July
Poster Session 3 (15.00 - 17.30)

25 Effect of Selective Attention on Exacerbation of Worry and Rumination
   Hyekee Im, Kangwon National University, South Korea
26 Relationships Between Trait Mindfulness and Emotion Regulation Upon autobiographical Memory Retrieval in individuals with Current and Past Depression
   Acocko Ishaya, University of St Andrews, UK
27 Understanding Ruminatiion and Worry; Using Data from an Online Qualitative Survey to Inform the Development of a Treatment Intervention
   Gabe Kirt, University of New South Wales, Australia
28 The Relationships Between Cognitive Biases, Resilience and Executive Function in Depression and Anxiety
   Eduardo Kogon, University of Buenos Aires, Argentina
29 A Nursing Intervention Using the Cognitive-Behavioral Model in Hospitalized Patients with Depression: A Preliminary Study
   Naoto Kikukawa, Tokyo Medical University, Japan
30 Time Perspective in Depressed Patients, Its Relationship with Anxiety and Depression Symptoms and Its Evolution Before and After Cognitive Behavioral Therapy
   Hélène Kaga LeFort, Université Paris Descartes, France
31 The Relationship Between Perfectionism and Rumination
   Eduardo Kogon, University of Buenos Aires, Argentina
32 Early Vascular Nursing Intervention for Management of Post-Stroke Depression
   Sanghee Kim, Kemyung University, South Korea
33 The Relationship Between Ambiguous Loss and Depression in North Korean Defector Women: Mentalization and Social Support as Potential Moderators
   Kyong-Ah Kim, Sungkyunkwan University, South Korea
34 Does the Use of Smartphone Applications to Encourage Flexible Execution of Stress Coping Enhance Effect of Cognitive Behavior Stress Management?
   Leen Kimes, Wooster University, Japan
35 Influence of Intervention Order in School-Based Universal Cognitive-Behavioral Depression Prevention Intervention for Japanese Adolescents
   Yugo Kira, Hitotsume University, Japan
36 Effectiveness of the Self-Management Intervention Depresjist!24 in Routine Medical Care: Results of a Non-Intention-Based Study
   Jan Philip Klein, Lübeck University, Germany
37 A Replication Study of the Relationships Between Depression Symptoms, Behavioral Activation and Avoidance Depending on Gender
   Audrey Knings, Liège University, Belgium
38 IFES-S - The German Short Version of the Impact of Future Events Scale: Translation, Adaption, and Validation
   Julia Kroener, University clinic of Ulm, Germany
39 Depression and Help-Seeking Preference of Pregnant Women in Japan
   Noriko Kusakabe, Fukushima University, Japan
40 Attachment Style and Working Alliance Changes in Patients with Chronic Depression Treated with Cognitive Behavioral Analysis System of Psychotherapy
   Jennifer Lange, Ludwig Maximilian University, Germany
41 The Dual Mediation Effects of Negative Self-Talk and Positive Self-Talk on the Relationship Between Self-Awareness and Depression
   Hyojung Lee, Yeungnam University, South Korea
42 Adverse Childhood Experiences in Depression and Its Relation to Attachment Styles, Interpersonal Relationships and Parenting Styles
   Marymual Minurkutapattu, National Institute of Mental Health and Neuro Sciences, India
43 Childhood Maltreatment, Attributal Styles of Stressful Life Events, and Their Relation to Comorbidity of Major Depressive Disorder and Anxiety Symptoms
   Neza Matjung, Universidad de Los Andes, Colombia
44 Specificity and Overlay of Attention and Memory Biases in Depression and Anxiety: A Meta-Analytic Commonality Analysis
   Igor Marchetti, University of Tieste, Italy
45 Temperament, Character and Personality Disorders as Predictors of Response to Cognitive-Behavioral Group Therapy for Dysthymia
   Inés Martín, University of Barcelona, Spain
46 Increasing the Direct Retrieval of Overgeneral Categoric Memory in Depression
   Noriha Matsunoto, Nagoya University, Japan
47 The Impact of Comorbid Depressive Symptoms and Borderline Personality Disorder on Treatment Outcomes in Dialectical Behavior Therapy
   Lynn McFarr, University of California Los Angeles, USA
48 The Effectiveness of a Mindfulness Training Programme in Schools Compared with Normal School Provision (MYRAID): Study Protocol for a Randomized Controlled Trial
   Emma Medlicott, Oxford University, United Kingdom
49 Reduced White Matter Fibre Integrity in Depressed Patients Due to Childhood Maltreatment Rather than Diagnosis
   Susanne Meintz, University of Münster, Germany
The Effect of Mindfulness on the Relationship Between Mind Wandering and Depression
Sung Min, Yonsei University, South Korea

Mindfulness versus Traditional Emotional Intelligence Training - Different Outcomes in Difficulties of Regulating Emotions and in Depression, Anxiety and Stress Symptoms
Catalin Munteanu, Babes-Bolyai University Cluj-Napoca, Romania

Construction of Screening System for Depression Used by Portable Terminal and Wearable Devices
Shigeki Nakayama, Yonago College, Japan

Influence of Temperament on Subjective Menstrual Symptoms
Mayu Naruse, Tokyo Medical University, Japan

CBASPpersonalizedhome: An Online Continuation-Treatment Program Following an Inpatient Treatment to Stabilize Treatment Success for Persistent Major Depression
Anna Lena Nettel, Philipps-University Marburg, Germany

The Relationship Between Cognitive Distortion, Depressive Symptoms, and Social Adaptation: A Survey in Japan
Maki Ota, Tolton Medical Center, Japan

Neuropsychological Evaluation of Depressive Patients
Alexandra Pagaitis, Fundación Fobia Club and Sanatorio Franchín, Argentina

Accessibility and Using Challenges: Health Equity of Chinese Depression Related Clinical Guidelines/Consensus in 2010-2018
Yuanqing Pan, Tianjin Medical College, China

Interpersonal Counselling in the Treatment of Adolescent Depression. A Randomized Controlled Effectiveness and Feasibility Study in School Health and Welfare Services in Finland
Paulina Panahtia, Helsinki University Hospital, Finland

Inflexibility in Assigning Causal Explanations: Effects on Mood and State Rumination
Baruch Periman, Hebrew University Jerusalem, Israel

Self-Stigma, Hope, Dissociation, and Personality Features in Treatment of Depressive Inpatients Resistant to Pharmacotherapy
Jan Prasig, University Hospital Oломouc, Czech Republic

Cognitive Behavioral Therapy Group in Dysthymic Patients: Changes in Coping Strategies
Marta Prime-Tou, University of Barcelona, Spain

Discrepancies Between Observed and Self-Reported Severe in Depression: The Role of Personality Traits
Irene Ramos-Grille, Consorci Sanitari de Terrassa and Universitat Autònoma de Barcelona, Spain

The Role of Coaches’ Online Written Feedback in an Acceptance and Commitment Therapy-Based Intervention for Enhancing University Students’ Well-Being and Reducing Psychological Distress: Results from an Randomized Controlled Trial Study that Employed A. I. Text Analysis
Panajota Rasanen, University of Jyväskylä, Finland

Long-Term Effects of Expectations on Mood: An Experimental Investigation
Lea Rebolstock, Philipps-University Marburg, Germany

Is It Us or the Fellow Patients? Therapeutic Alliance Within Cognitive Behavioral Analysis System of Psychotherapy
Nine Wolters, University of Amsterdam, the Netherlands

The Effect of Mindfulness-Based Cognitive Therapy for Japanese Human Service Professionals: Focusing on Work Stress and Self-Compassion
Nanami Tomori, Ryukyus University, Japan

Blending Internet- and Mobile-Based Treatment for Depression with Face-to-Face Psychotherapy: Case Report of a 48-Year Old Female Patient
Ingrid Tietze, University Erlangen-Nuremberg, Germany

The Effect of Mindfulness-Based Cognitive Therapy for Japanese Human Service Professionals: Focusing on Work Stress and Self-Compassion
Nanami Tomori, Ryukyus University, Japan

Effect of Attention Control and Self-Compassion on Mind-Wandering
Ayumi Umeda, Waseda University, Japan

Early Maladaptive Schemas and Its Association with Comorbidity of Major Depressive Disorder and Anxiety Symptoms
Katana Uribe Castro, Universidad de Los Andes, Columbia

The UvCare Project: The Effectiveness of Online Health Support in University Students
Manika van der Hoff, University of Amsterdam, the Netherlands

The Impact of Stress Coping and Organizational Climate on Work Engagement and Depression Among Management
Mii Wakasugi, Waseda University, Japan

Long-Term Effectiveness of Work-Focused Cognitive-Behavioral Group Therapy for Employees on Sick Leave Due to Depression - Focus on Difficulty in Returning to Work
Azuka Watanabe, Hyogo University of Teacher Education, Japan

Therapeutic Outcome in Chronically Depressed Patients with Comorbid Borderline Personality Disorder in a 10-Week Inpatient Program with the Cognitive Behavioral Analysis System of Psychotherapy (CBASP)
Franziska Wetter, Ludwig-Maximilians-University Munich, Germany

What Makes One Student Lonely and the Other Not? Nine Wolters, University of Amsterdam, the Netherlands

Mobile Delivered Cognitive Behavioral Therapy Enhances Coupling Between Higher Self-Esteem and Lower Perceived Stress in Major Depressive Disorder
Gyomyung Kim, Department of Psychology, Chung-Ang University, South Korea

The Relationship Between Cognitive Distortion, Depressive Symptoms, and Social Adaptation: A Survey in Japan
Maki Ota, Tolton Medical Center, Japan

Neuropsychological Evaluation of Depressive Patients
Alexandra Pagaitis, Fundación Fobia Club and Sanatorio Franchín, Argentina

Accessibility and Using Challenges: Health Equity of Chinese Depression Related Clinical Guidelines/Consensus in 2010-2018
Yuanqing Pan, Tianjin Medical College, China

Interpersonal Counselling in the Treatment of Adolescent Depression. A Randomized Controlled Effectiveness and Feasibility Study in School Health and Welfare Services in Finland
Paulina Panahtia, Helsinki University Hospital, Finland

Inflexibility in Assigning Causal Explanations: Effects on Mood and State Rumination
Baruch Periman, Hebrew University Jerusalem, Israel

Self-Stigma, Hope, Dissociation, and Personality Features in Treatment of Depressive Inpatients Resistant to Pharmacotherapy
Jan Prasig, University Hospital Oломouc, Czech Republic

Cognitive Behavioral Therapy Group in Dysthymic Patients: Changes in Coping Strategies
Marta Prime-Tou, University of Barcelona, Spain

Discrepancies Between Observed and Self-Reported Severe in Depression: The Role of Personality Traits
Irene Ramos-Grille, Consorci Sanitari de Terrassa and Universitat Autònoma de Barcelona, Spain

The Role of Coaches’ Online Written Feedback in an Acceptance and Commitment Therapy-Based Intervention for Enhancing University Students’ Well-Being and Reducing Psychological Distress: Results from an Randomized Controlled Trial Study that Employed A. I. Text Analysis
Panajota Rasanen, University of Jyväskylä, Finland

Long-Term Effects of Expectations on Mood: An Experimental Investigation
Lea Rebolstock, Philipps-University Marburg, Germany

Is It Us or the Fellow Patients? Therapeutic Alliance Within Cognitive Behavioral Analysis System of Psychotherapy
Nine Wolters, University of Amsterdam, the Netherlands

The Effect of Mindfulness-Based Cognitive Therapy for Japanese Human Service Professionals: Focusing on Work Stress and Self-Compassion
Nanami Tomori, Ryukyus University, Japan

Blending Internet- and Mobile-Based Treatment for Depression with Face-to-Face Psychotherapy: Case Report of a 48-Year Old Female Patient
Ingrid Tietze, University Erlangen-Nuremberg, Germany

The Effect of Mindfulness-Based Cognitive Therapy for Japanese Human Service Professionals: Focusing on Work Stress and Self-Compassion
Nanami Tomori, Ryukyus University, Japan

Effect of Attention Control and Self-Compassion on Mind-Wandering
Ayumi Umeda, Waseda University, Japan

Early Maladaptive Schemas and Its Association with Comorbidity of Major Depressive Disorder and Anxiety Symptoms
Katana Uribe Castro, Universidad de Los Andes, Columbia

The UvCare Project: The Effectiveness of Online Health Support in University Students
Manika van der Hoff, University of Amsterdam, the Netherlands

The Impact of Stress Coping and Organizational Climate on Work Engagement and Depression Among Management
Mii Wakasugi, Waseda University, Japan

Long-Term Effectiveness of Work-Focused Cognitive-Behavioral Group Therapy for Employees on Sick Leave Due to Depression - Focus on Difficulty in Returning to Work
Azuka Watanabe, Hyogo University of Teacher Education, Japan

Therapeutic Outcome in Chronically Depressed Patients with Comorbid Borderline Personality Disorder in a 10-Week Inpatient Program with the Cognitive Behavioral Analysis System of Psychotherapy (CBASP)
Franziska Wetter, Ludwig-Maximilians-University Munich, Germany

What Makes One Student Lonely and the Other Not? Nine Wolters, University of Amsterdam, the Netherlands

Mobile Delivered Cognitive Behavioral Therapy Enhances Coupling Between Higher Self-Esteem and Lower Perceived Stress in Major Depressive Disorder
Gyomyung Kim, Department of Psychology, Chung-Ang University, South Korea
Thursday 18th July

101 The Mechanism of Improvement of Depressive Symptoms in the Treatments for the School Refusal
Tatsuo Yamada, Graduate School of Medicine, Japan
102 The Mechanism and Application of Emotional Contagion: The Possibility of Improvement in Depressive Moods
Yoko Yamashita, Tokushima University, Japan
103 Negative Childhood Environment and Depression: The Mediator Role of Receptive Negative Thinking
Ecem Yekdag, Koc University, Turkey

104 A Transdiagnostic Group Cognitive Behavior Therapy to Reduce Symptoms Disturbance and the Change of Psychological Feature in Emotional Disorder: A Pilot Study
Pam Cho Wang, Capital Medical University, China

(15.30 - 17.00)
Symposium 61
Level 1 – Room A1

Ob sessive-Compulsive Disorder: Cognitive Processes and Mechanisms of Change During Behavioral and Metacognitive Therapies
Convenors and Chairs: Andrea Erle and Benedikt Reuter, Humboldt-Universität zu Berlin, Germany
15:30 Does Adherence to Exposure and Response Prevention Related Homework Predict Short and Long Term Therapy Outcome from Manualseminal Cognitive Behavioral Therapy for OCD? Tania Jacob, Humboldt-Universität zu Berlin, Germany
15:45 Exposure-Based CBT for OCD: Effects of Habituation and Expectancy Violation Simone Elsner, Humboldt-Universität zu Berlin, Germany
16:00 The Changeability of Metacognitions by (Metacognitive) Treatment and its Relevance for Treatment Outcome of Harming Obsessions Jan Hofmann, Universität Leipzig, Germany
16:15 Development and Preliminary Psychometric Properties of the Obsessive-Compulsive-Ruminatation Inventory Karina Walt, University of Basel, Switzerland
16:30 Metacognitive Group Training for Patients with Obsessive-Compulsive Disorder Francesca Migli, Universitätsklinikum Hamburg-Eppendorf, Germany
16:45 Discussant Benedikt Reuter, Humboldt-Universität zu Berlin, Germany

Symposium 62
Level 1 – Room A2

Racial Issues in the Assessment of Mental Health and Delivery of Cognitive Behavioral Therapies
Convenor & Chair: Monnica Williams, University of Connecticut, USA
15:30 Implicit Racial Bias Across Ethnic Groups and Cross-Nationally: Mental Health Implications Sonya Fizer, Synes Health, Germany
15:45 The Impact of Sexual Racism on Gay and Bisexual Men of Color Matthew Glinta, American Board of Professional Psychology, USA
16:00 New Tools for the Assessment of Trauma Due to Racism Jamshid R. George, University of Connecticut, USA
16:15 Hormones and Mood Symptomology Across Black and White Women: Implications for Assessment and Treatment Louise Courney, Michigan State University, USA
16:30 The Race-Based Stress and Trauma Group Intervention for Veterans Maurice Endres, Edward Hines Jr Veterans Administration Hospital, USA
16:45 Discussant Nicole Buchanan, Michigan State University, USA

Panel Discussion 3
Level 1– Discussion A3
Treating Scrupulosity in Different Religious Populations
Convenor & Chair: Jonathan Huppert, Hebrew University of Jerusalem, Israel
Discusants:
Paul Akhtar, University of Oxford, UK
Christine Purdon, University of Waterloo, Canada
Jonathan Huppert, The Hebrew University of Jerusalem, Israel

Thursday 18th July

Symposium 63
Level 1 – Room A4
New Methods for Developing and Improving Psychological Therapies
Convenor & Chair: Simon Blackwell, Ruhr-Universität Bochum, Germany
15:30 The Leapfrog Design: A Simple Bayesian Adaptive Rolling Trial Design for Treatment Development and Optimization Simon Blackwell, Ruhr-Universität Bochum, Germany
15:45 Combining Single-Case Experimental Designs with Experience Sampling to Assess Treatment Effects at the Individual Level Evelyn Snippe, University of Groningen, the Netherlands
16:00 The STEP Trial: A Sequential Multiple Assignment Randomised Trial (SMART) of Interventions for Ultra-High Risk of Psychosis Patients Andrea Finlay, Oregon Youth Health and The National Centre for Excellence in Youth Mental Health, Australia
16:15 Using Factorial Designs to Dismantle Active Ingredients of Therapy: The IMPROVE-2 Trial Ed Watkins, University of Exeter, UK
16:30 Discussant Shirley Reynolds, University of Reading, UK

Roundtable 1
Level 1 – Room A5
What Works for Whom? A Comparison of Modern Psychotherapies Regarding a Difficult Situation
Convenor: Eva-Lotta Braakemeier, Philips-University of Marburg, Germany
Chair: Stefan Hofmann, Boston University, USA
Discussant/Patient Actor: Christian Banzhaf, Charité University Medicine Berlin, Germany
Discusants:
Stefan Hofmann, Boston University, USA: Modern Cognitive Behaviour Therapy (CBT)
Eva-Lotta Braakemeier, Philips-University of Marburg, Germany: Cognitive Behavioral Analysis System of Psychotherapy (CBASP)
Eckhard Roediger, Schematherapy Institute Frankfurt, Germany: Schema Therapy (ST)
Andrew Gloster, University of Basel, Switzerland: Acceptance and Commitment Therapy (ACT)

Symposium 64
Level 1 – Room A6
Using Behavioural Experiments in the Treatment of Mental Disorders – Recent Developments and Future Directions
Convenor: Tobias Kube, Harvard Medical School, USA
Chair: Winfried Rief, Philips-University Marburg, Germany
15:45 Behavioural Experiments in Obsessive-Compulsive Disorders Paul Salkovskis, University of Oxford, UK
16:00 Behavioural Experiments in Chronic Pain Julia Gombiewski, Universität Koblenz-Landau, Germany
16:15 Behavioural Experiments in Depression – How to Prevent Patients from Disregarding Positive Information? Tobias Kube, Harvard Medical School, USA
16:30 Discussant Winfried Rief, Philips-University of Marburg, Germany

Symposium 65
Level 1 – Room A7
Why We Need Psychological Theory for Innovation in Clinical Practice: A Tribute to Brewin’s Work on Memory for Trauma
Convenor: Victor Kovalets, University College London and University of Southampton, UK
Chair: Emily Holmes, University of Stockholm, Sweden
15:30 Exploring the Use of a Novel Visuospatial Navigating Task to Reduce Intrusive Memories - Validating the Dual Representation Theory of Chris Brewin with a New Task Victor Kovalets, University College London and University of Southampton, UK
15:45 Brewin’s Dual-Representation Theory of PTSD: A View from Experimental Psychopathology Alex Lau Zhu, King’s College London, UK
16:00 Preventing the Consolidation of Intrusive Trauma Memories Using a Simple Cognitive Task Intervention: A Proof-of-Concept Randomised Controlled Trial in an Emergency Department Latifa Iayidara, University of Oxford, UK
16:15 Development of an Early Intervention to Reduce Intrusive Traumatic Memories after Traumatic Childbirth Anne Hoosh, University of Lausanne, Switzerland
16:30 Intrusive Thoughts and Memories in Adolescents: Relationships with Depression and PTSD Richard Meiser-Stedman, University of East Anglia, UK
16:45 Discussant Chris Brewin, University College London, UK
Lessons Learned in Implementing Novel Cognitive-Behavioural Interventions Across Diverse Clinical Populations
Convenor & Chair: Guillaume Fodres-Busque, Université Laval, Canada
15:30 Efficacy and Implementation in Routine Cancer Care of a Stepped Care Approach to Offer Cognitive-Behavioral Therapy for Insomnia
Josée Savard, Université Laval, Canada
15:45 Effectiveness of Group Psychoeducation for Bipolar Disorder in Clinical Practice: Outcomes at One Year Follow-Up and Factors Associated with Relapse
Geneviève Belleville, Université Laval, Canada
16:00 Efficacy of an Online Multidimensional CBT Targeting PTSD, Depression and Insomnia after a Disaster
Charles Morin, Université Laval, Canada
16:15 Sequenced Psychological and Medication Therapies for Insomnia Disorder
Discussant
Alison Harvey, University of California, USA
16:30 Symposium 67
Level 3 – Room M3
Anxiety Sensitivity as a Transdiagnostic Risk Factor: Its Nature, Moderators, and Mediators
Convenor: Liljana Mihic, University of Novi Sad, Serbia
Chair: Sherry Stewart, Dalhousie University, Canada
15:30 Exploring the Hybrid Latent Structure Models of Anxiety Sensitivity in Serbian and Croatian Samples
Marja Valanov, University of Novi Sad, Serbia
15:45 A Multi-Method Investigation of the Impact of Attentional Control on a Brief Intervention for Anxiety and Depression
Nicholas Allan, Ohio University, USA
16:00 The Moderating Role of Attentional Control on the Relations Between Anxiety Sensitivity and Daily Fluctuations in Anxiety
Nicholas Allan, Ohio University, USA
16:15 Does Anxiety Sensitivity Predict Prescription Drug Misuse in Adolescents? A One-Year Prospective Study
Sherry Stewart, Dalhousie University, Canada
16:30 Symposium 68
Level 3 – Room M4
New Developments of Approach Bias Modification (AppBM) in Addiction
Convenor & Chair: Charlotte Wittekind, Ludwig-Maximilians-Universität, Germany
15:30 When Does Bias in Real Life? Long-term Effectiveness of Cognitive Bias Modification in Relapse Prevention During Inpatient Treatment of Alcohol Dependence: Results of a Large Multi-Center RCT
Johannes Lindermeier, Medizinische Hochschule Brandenburg and Salus Clinic Lindow, Germany
15:45 The Moderating Effect of Affective Comorbidity on Alcohol-Avoidance Training in Alcohol-Dependent Patients
Edwine Schenkel, Radboud University, the Netherlands
16:00 Long-Term Effects of Alcohol-Avoidance Training: Do Learning Curves Predict Who Will Remain Abstinent?
Mike Rickx, Radboud University, the Netherlands
16:15 Combining Avoidance and Go/No-Go Training to Prevent Relapse in Alcohol-Dependent Patients
Discussant
Charlotte Wittekind, Ludwig-Maximilians-Universität, Germany
16:30 Symposium Discussion 4
Level 3 – Room M5
Addressing Loneliness in the 21st Century: How to Intervene with Evidence-Based Solutions
Convenor & Chair: Michelle Lim, Swinburne University of Technology, Australia
Discussants:
Roc Shafran, University College London, UK
Lisa Brophy, La Trobe University, Australia
Karla Harrington, Swinburne University of Technology, Australia
Robert Eres, Swinburne University of Technology, Australia
Symposium 72 (German Language)
Level 3 – Room R6
Neben Entwicklungen in der Kognitiven Verhaltenstherapie bei Angststörungen
Convenor and Chair: Christine Totzeck, Ruhr-Universität Bochum, Deutschland
15:30 Extinktionslernen in der Praxis: Was sagen uns Modelle des inhibitorischen Lernens für die Expositionstherapie?
Ingrid Heing, Technische Universität Dresden, Deutschland
15:45 Besonderheiten bei der Expositionsbehandlung von Kindern und Jugendlichen mit Angststörungen
Verena Pflug, Ruhr-Universität Bochum, Deutschland
16:00 Dysfunktionen der Emotionsregulation bei Angststörungen sowie deren Veränderungen durch Expositionstherapien
Christina Totzeck, Ruhr-Universität Bochum, Deutschland
16:15 Klinische und wissenschaftlicher Nutzen von expositions- und sitzungsprogrammen bei situativen Ängsten
Andre Wannemüller, Ruhr-Universität Bochum, Deutschland
16:30 Discussant
Ruth von Brachel, Ruhr-Universität Bochum, Deutschland

Open Papers 9
Level 3 – Room R5
Risk and Resilience Factors in Youth
Chair: Ron Rapee, Macquarie University, Australia
15:30 Resilience Factor Changes between Early and Late Adolescence
Jessica Fritz, University of Cambridge, UK
15:45 Parental Psychological Distress Interacting to Influence Child Internalizing Behaviors
Emily Bailey, Mercer University, USA
16:00 Because You Had a Bad Day: A More Thorough Investigation into the General and Daily Relations between Reactive Temperament, Emotion Regulation, and Depressive Symptoms in Youth.
Marie-Lotte Van Beveren, Ghent University, Belgium
16:15 A Tailored, Web-Based Parenting Intervention to Reduce Risk for Adolescent Internalising Disorders: 12-month Follow-up Outcomes
Mairead Cardamone-Breen, Monash University, Australia
16:30 An Online Program to Improve Parenting Risk and Protective Factors for the Prevention of Child Anxiety and Depression: Results of a Randomised Controlled Trial
Wan Hua Sim, Monash University, Australia

Skills Class 10
Level 3 – Room R6
Cognitive Behavioural Anger Treatment for Clients with Intellectual and Developmental Disabilities
John Taylor, Northumbria University, UK

Skills Class 11
Level 3 – Room R7
The Initial Phase in ACT: Setting the Grounds for a Valued Change
Iftah Yovel, Hebrew University of Jerusalem, Israel

Symposium 73
Level 3 – Room R12
Improving Mental Health Treatment for Older Adults: Age-Specific Considerations and New Interventions
Convenor: Brooke Schneider, Friedrich Schiller University Jena, Germany
Chair: Franziska Meichsner, Goethe-Universität Frankfurt, Germany
15:30 How Does a Patient’s Age Influence Treatment Attitudes of Psychotherapists?
Eva-Marie Kessler, Medical School Berlin, Germany
15:45 Age-Appropriate Cognitive Behavioral Therapy: Exploring the Use of ‘Life Skills’ with the Oldest-Old to Enhance Outcome
Ken Lackiew, University of Essex, UK
16:00 Metacognitive Training for Late Life Depression (MCT-Silver): Results of a Pilot Study and Further Development
Lara Bickler, University Medical Center Hamburg-Eppendorf, Germany
16:15 Exploring Potential Mechanisms of Change in Complicated Grief Treatment for Older Adults
Franziska Meichsner, Goethe University Frankfurt, Germany
16:30 Initial Evaluation of Mobile Application-Based Intervention for Depression in Middle Aged and Older Adults
Christine E. Gould, Department of Veterans Affairs Palo Alto Healthcare System and Standford University, USA

Symposium 74 (German Language)
Level 3 – Room R4
Neue Entwicklungen in der Kognitiven Verhaltenstherapie bei Angststörungen
Convenor and Chair: Christine Totzeck, Ruhr-Universität Bochum, Deutschland
16:30 Initial Evaluation of Mobile Application-Based Intervention for Depression in Middle Aged and Older Adults
Franziska Meichsner, Goethe University Frankfurt, Germany
16:00 Metacognitive Training for Late Life Depression (MCT-Silver): Results of a Pilot Study and Attentional Bias
Ken Lackiew, University of Essex, UK
16:15 Exploring Potential Mechanisms of Change in Complicated Grief Treatment for Older Adults
Christine E. Gould, Department of Veterans Affairs Palo Alto Healthcare System and Standford University, USA
Thursday 18th July

INVITED ADDRESSES

Invited Address 9
Level 1– Room A1
Beyond Cognitive Behavior Therapy: Primacy of Emotional Change
Merel Kindt, University of Amsterdam, the Netherlands
Chair: Peter de Jong, University of Groningen, The Netherlands

Invited Address 10
Level 1– Room A2
The Early Emergence of Mental Health Inequalities in Children with Intellectual Disabilities: Implications for Intervention and Family Support
Richard Hastings, University of Warwick, UK
Chair: John Taylor, Northumbria University, UK

Invited Address 11 (German Language)
Level 1– Room A3
Posttraumatische Belastungsstörungen effektiv und effizient behandeln
Anke Ehlers, University of Oxford, UK
Chair: Heike Winter, Universität Frankfurt, Germany

Invited Address 12
Level 1– Room A4
Couple-Based Interventions for Adult Psychopathology: Broadening the Cognitive Behavior Therapy Paradigm While Remaining True to Its Roots
Donald H. Baucom, University of North Carolina at Chapel Hill, USA
Chair: Kurt Hahlweg, University of Braunschweig, Germany

Invited Address 13
Level 1– Room A5
Cognitive Behavior Therapy for Body Dysmorphic Disorder: An Update on the State of the Art
Katharine Phillips, Weill Cornell Medical College, USA
Chair: Sabine Wilhelm, Massachusetts General Hospital/ Harvard Medical School, USA

Invited Address 14
Level 1– Room A6
The Scientific and Practical Implications of Process-based Cognitive Behavior Therapy
Steven C. Hayes, University of Nevada, USA
Chair: Stefan Hofmann, Boston University, USA

Invited Address 15
Level 1– Room A7
Identifying Psychotherapy Processes and Mechanisms Using the Tools of Precision Medicine
Robert J. DeRubeis, University of Pennsylvania, USA
Chair: Steve Hollon, Vanderbilt University, USA

Friday 19th July

Level 3– Room M1
17.00 – 18.30
European Association of Behavioural and Cognitive Therapies General Meeting
EABCT Members Only
Symposium 74
Level 1 – Room A1
Treat Borderline Personality Disorder: An International Multicentre Randomized Controlled Trial Comparing Group and Individual Formats of Schema Therapy with Treatment-As-Usual
Convenor & Chair: Christopher Lee, University of Western Australia, Australia
08:30: Comparing Treatment Outcomes of Two Formats of Group Schema Therapy and Treatment as Usual for Borderline Personality Disorder: Should we Deliver Group or Combine Individual and Group Schema Therapy?
Arnoud Amfit, University of Amsterdam, the Netherlands
08:45: Schema Therapy for Borderline Personality Disorder: Patients’ Perceptions of What Helped and What Didn’t
Christopher Lee, University of Western Australia, Australia
09:00: The Experience of Schema Therapists Who Provided the Treatment: What We Learnt
Desiree Martius, University of Amsterdam, the Netherlands
09:15: Providing Therapist Supervision Across Different Countries and Cultures:
The Work of Joan Farrell and Ida Shaw
Heather Fettwell, Indiana University School of Medicine, USA
09:30: Discussant
Christopher Lee, University of Western Australia, Australia

Symposium 75
Level 1 – Room A2
Dissemination of Couple Relationship Distress Prevention and Intervention Programs
Convenor & Chair: Douglas Snyder, Texas A&M University, USA
08:30: Evidence-Based Couple Relationship Enhancement (CRE) Programs in Germany: Progress in Dissemination and Implementation
Kurt Hahlweg, University of Braunschweig, Germany
08:45: Dissemination of the Prevention and Relationship Education Program (PREP): Across the Globe and Online
Howard Markman, University of Denver, USA
09:00: Dosage and Timing of Relationship Education Programs: Findings from the Couples Coping Enhancement Training Program
Guy Bodenmann, University of Zürich, Switzerland
09:15: Development of Effective Relationship Education for Same Sex Couples: Rainbow Couple CARE
Kim Halford, University of Queensland, Australia
09:30: Dissemination of Integrative Behavioral Couple Therapy Through the U.S. Department of Veterans Affairs and Online
Andrew Christensen, University of California, USA
09:45: Discussant
Donald Baucom, University of North Carolina at Chapel Hill, USA

Symposium 76
Level 1 – Room A3
Recent Advances in Predicting and Treating Suicidality
Convenor: Birgit Klein, University of Zürich, Switzerland
Chair: Anja Gysin-Maillart, University of Bern, Switzerland
08:30: Testing the Main Prediction of the Interpersonal–Psychological Theory of Suicidal Behavior in an Impaired Sample Admitted due to Severe Suicidality
Tobias Tesmann, Ruhr University Bochum, Germany
08:45: Attempted Suicide Short Intervention Program: Results Over and Above Initial Effectiveness Studies
Anja Gysin-Maillart, University of Bern, Switzerland
09:00: Sleep is Neglected in Evidence-Based Psychological Interventions for Suicidality: A Systematic Review
Dominique Fischer, University of Zürich, Switzerland
09:15: Group Intervention After Suicide Bereavement Through the Use of Webinars: A Randomized Controlled Trial
Birgit Wagner, Medical School Berlin, Germany

Symposium 77
Level 1 – Room A4
Self-Practice/Self-Reflection (SP/SPR) at 18: An Experiential Training Strategy Maturing Into Adulthood?
Convenor & Chair: Richard Swales, Cumbria Partnership NHS Foundation Trust, UK
08:30: Self-Practice/Self-Reflection (SP/SPR) After 18 years of Research: Where Are We Now?
Richard Swales, Cumbria Partnership NHS Foundation Trust, UK
08:45: SP/SPR and Autobiography: A Marriage Made in Heaven!
Craig Chigwedere, St Patrick’s Hospital, Ireland
09:00: The Self-Reflective Writing Scale (SRWS): A New Measure to Assess Self-Reflection Following Self-Experiential Cognitive Behaviour Therapy Training
Suzannne Ho-Wai So, University of Hong Kong, Hong Kong
09:15: Self-Practice/Self-Reflection in Post-Graduate Cognitive Behaviour Therapy Training: Two Pilot Studies
Keong Yap, University of New South Wales, Sydney, Australia
09:30: Discussant
James Bennett-Levy, University of Sydney, Australia

Symposium 78
Level 1 – Room A5
I Am What I Fear: A Multimethod Examination of the Role of Feared Possible Selves in Obsessive-Compulsive Disorder
Convenor: Shu Wong, Concordia University, Canada
Chair: Roz Shafran, University College London, UK
08:30: Fear of Self and OCD Symptoms: Assessing the Role of Attachment Orientation
Guy Dore, Interdisciplinary Center Herzlia, Israel
08:45: Reduced Fear-of-Self is Associated with Improvement in Concerns Related to Repugnant Obsessions in Obsessive-Compulsive Disorder
Louis-Philippe Balarin, Université de Montréal, Canada
09:00: Fearful Self and Obsessive-Compulsive Symptoms: An Experimental Manipulation Using Virtual Reality
Shu Wong, Concordia University, Canada
09:15: Fear Self, Inferential Confusion and Obsessive Compulsive Symptoms: An Experimental Analysis
Yoon Yang, Deakin University, Australia
09:30: An Ecological Momentary Assessment of OCD-Relevant Intrusions: The Relationship Between Frequency, Reasoning, Fear-Mind, and Concealment
Tess Jaeger, Deakin University, Australia

Symposium 79
Level 1 – Room A6
Strengthening Cognitive Behaviour Therapy: Diverse Strategies from Around the World
Convenor: Jacqueline Parsons, Oakland CBT Centre and University of California, Berkeley, USA
08:30: Prediction of Dropout in Outpatient CBT with Machine Learning Algorithms
Bjoern Bennemann, University of Trier, Germany
08:45: An Investigation of CBT Treatment Processes in a Smartphone App (MoodMission) for Anxiety and Depression Symptoms
Nikolaos Kazantzis, Monash University, Australia
09:00: Gaze-Contingent Music Reward Therapy for Clinically Anxious 7-10 Year-Olds: An Open Multiple Baseline Feasibility Study
Garret Zieve, University of California, USA
09:15: To Increase Homework Compliance, Make Assignments That Are Congruent with the Patient’s Feedback About What Was Helpful in the Session
Jacqueline Parsons, Oakland CBT Centre and University of California, Berkeley, USA
09:30: Discussant
Wolfgang Lutz, University of Trier, Germany

Symposium 80
Level 1 – Room A7
Beyond the Horse Race: Researching Internet Interventions for Mental Disorders
Convenor and Chair: Jan Philipp Klein, University of Lübeck, Germany
08:30: Ready for Clinical Practice? Experiences From a Large RCT of an Intervention for Mild to Moderate Depression
Jan Philipp Klein, University of Lübeck, Germany
08:50: Symptom-specific Effectiveness of an Internet-based Intervention for Mild to Moderate Depressive Symptomatology: The Potential of Network Analyses
Lynn Boschloo, Vrije University, Amsterdam, The Netherlands
09:10: The Therapeutic Relationship in a Large RCT of an Intervention for Mild to Moderate Depression. Thomas Berger, Bern University, Switzerland
09:30: Long-term Effectiveness of Adding an Internet intervention (Deprexis) for Depression to Routine Outpatient Psychotherapy: Subgroup Analysis of the Evident Trial
Raphael Schuster, University of Salzburg, Austria

Symposium 81
Level 3 – Room M1
Translational Research on Hoarding: A Focus on Cognitive and Emotional Vulnerabilities
Convenor: Kiara Timpano, University of Miami, USA
Chair: Jessica Grisham, University of New South Wales, Australia
08:30: Neuropsychological Functioning in Hoarding Disorder
Sheila Woody, University of British Columbia, Canada
08:45: Cognitive Bias Modification for Hoarding: Evaluating the Role of Beliefs
Kiara Timpano, University of Miami, USA
09:00: Cognitive and Neurological Markers in Hoarding Disorder: An MRI Investigation
Max Hendriks, Swinburne University of Technology, Australia
09:15: Does Response Inhibition Training Reduce Compulsive Acquiring?
Helena Drury, South London and Maudsley NHS Trust, UK
09:30: Cognitive Bias Modification for Hoarding: Evaluating the Role of Beliefs
Jessica Grisham, University of New South Wales, Australia
Symposium B2
Level 3 – Room M2
Adapting Evidence-Based Transdiagnostic Cognitive Behavioral Therapy Across Mental Health Settings: Recent and Ongoing Innovations
Convenor: Nina Reinholdt, Mental Health Centre of Copenhagen and University of Copenhagen, Denmark
Chair: Sissel Amfrit, University of Copenhagen, Denmark
08:30 Extending the Unified Protocol Beyond Traditional Outpatient Settings: Balance of Flexibility and Fidelity
Kate Bentley, Massachusetts General Hospital, USA
08:45 Trans-Diagnostic Versus Diagnosis-Specific Group Cognitive Behavior Therapy for Depression and Anxiety Disorders: A Two-Armed, Non-Interference, Randomized Controlled Trial
Nina Reinholdt, University of Copenhagen, Denmark
09:00 Adapting the Unified Protocol to an Online Setting: Preliminary Results of an Ongoing RCT
Carmen Schäuffele, Free University Berlin, Germany
09:15 Group Cohesion in Mixed-Diagnoses Groups: A Qualitative Enquiry
Anni Bryde Christensen, University of Copenhagen, Denmark
09:30 Discussant
Jill Newby, University of New South Wales, Australia

Symposium B3
Level 3 – Room M3
Recent Developments in Approach-Avoidance Assessment and Training Across Disorders
Convenor & Chair: Naomi Kakoschke, Monash University, Australia
08:30 Automatic Approach Tendencies Towards Task-Relevant and Task-Irrelevant Food Pictures in Anorexia Nervosa - Relationships with Treatment Outcome
Renate Neimeijer, University of Groningen, the Netherlands
08:45 Approach Bias Modification During Alcohol and Methamphetamine Withdrawal Treatment: Learnings from Australian Pilot Research and Future Directions
Victoria Manning, Monash University, Australia
09:00 Activating Alternative Activities for Smoking in Approach Bias Modification Under Craving: A Proof-Of-Principle Study
Helle Larsen, University of Amsterdam, the Netherlands
09:15 The Approach Avoidance Training in Depression
Eni Becker, Radboud University, the Netherlands
09:30 Discussant
Naomi Kakoschke, Monash University, Australia

Symposium B4
Level 3 – Room M4
Hair-Pulling Disorder and Skin-Picking Disorder: Emotion Regulation and Treatment Enhancement
Convenor: Ger Kijlers, Behaviour Science Institute and Radboud University, the Netherlands
Chair: Dougal Woods, Marquette University, USA
08:30 Exploring the Role of Emotion Regulation in Body-Focused Repetitive Behaviour Disorder
Douglas Woods, Marquette University, USA
08:45 Cognitive Emotional Regulation in Hair-Pulling and Skin-Picking: the Role of Self-Criticism and Shame
Kieron O’Connor, University Institute of Mental Health and University of Montreal, Canada
09:00 Predicting Treatment Outcomes in Patients Treated for Hair-Pulling Disorder or Skin Picking Disorder
Ger Kijlers, Maastricht University and Radboud University, the Netherlands
09:15 Cue-Exposure and Retrieval Cues as Relapse Prevention Strategies in the Treatment of Hair-Pulling Disorder and Skin-Picking Disorder
Leia van Heijningen, Radboud University Nijmegen, the Netherlands
09:30 Discussant
Douglas W. Woods, Marquette University, USA

Symposium B5
Level 3 – Room M5
Tackling Adolescent Depression: Basic Bio-Psycho-Social Mechanisms and Novel Interventions
Convenor & Chair: Stella Chan, University of Edinburgh, UK
08:30 In Search of Vulnerability Mechanisms for Adolescent Depression
Stella Chan, University of Edinburgh, UK
08:45 Consequence or Risk Factor? The Role of Interpretation Biases in Youth Depression
Anna Stülets, Ludwig Maximilian University of Munich, Germany
09:00 Differences in Cognitive Deficits in Anxious and Depressed Adolescents
Jenn Fisk, University of Reading, UK
09:15 My Memory Forest: Increasing the Specificity of Future Images and Past Memories Using Storybook Narratives and Character Illustrations
Victoria Pile, King’s College London, UK
09:30 Does Working Memory Updating Training Reduce Repetitive Negative Thought?
Henrietta Roberts, University of Exeter, UK

Symposium B6
Level 3 – Room M6
Understanding and Treating the Anhedonic Symptoms of Depression: A Translational Research Agenda
Convenor & Chair: Barney Dunn, University of Exeter, UK
08:30 Do Psychological and Pharmacological Treatments of Depression do a Better Job at Repairing Negative Affect than Enhancing Positive Affect? Evaluating Evidence from Randomised Controlled Trials and Routine Outcome Data
Laura Webnick, University of Exeter, UK
08:45 Research Challenges and Implications Resulting from Different Conceptualizations of Anhedonia
Samuel Winter, Mississippi State University, USA
09:00 Assessing Anhedonia via Questionnaire Instruments - the Importance of Mental Imagery Use
Julie Ji, University of Western Australia, Australia
09:15 Impact of Mindfulness-Based Interventions on Positive Affect
Mere-Kock, Maastricht University, the Netherlands
09:30 The Positive Affect Regulation in an Online Transdiagnostic Protocol for Emotional Disorders: A Randomized Controlled Trial
Javier Fernández-Álvarez, Università Cattolica Sacro Cuore, Milan, Italy & Universitat Jaume I, Castellón de la Plana, Spain
09:45 Discussant
Nicole Geschwind, University of Maastricht, the Netherlands

Symposium B7
Level 3 – Room M7
Perceptual Distortions in Body Image Disorders
Convenor & Chair: Fugen Neziroglu, Bio Behavioral Institute, USA
08:30 Assessment of Misperceptions in Body Dysmorphic Disorder
Fugen Neziroglu, Bio Behavioral Institute, USA
08:50 Perceptual Distortions in Body Dysmorphic Disorder and Relationships to Underlying Aberrant Neural Systems
James Feusner, University of California, USA
09:10 A Visual Training Program for Body Dysmorphic Disorder: Protocol and Initial Feasibility Findings
Françoise Cauchon, Erasmus University of Technology, Australia
09:30 Usage of Cognitive Remediation to Enhance Executive Functioning and Global Perception
Tania Borda, Biodimensional Institute and Argentinian Catholic University, Argentina

Symposium B8
Level 3 – Room M8
Challenges of Cognitive Behavioral Therapy Interventions in Different Countries of Latin America
Convenor: Carmem Beatriz Neufeld, University of São Paulo, Brazil
Chair: Carmen Beatriz Neufeld, University of São Paulo, Brazil
08:30 Cultural Adaptations of Dialectical Behavioral Therapy in Brazil
Wilson Melo, Brazilian Federation of Cognitive Therapies, Brazil
08:45 The Impact of a School-Based Eating Disorders Prevention Program in Adolescent Girls from Buenos Aires, Argentina
Guillermia Rutsstein, University of Buenos Aires, Argentina
09:00 Adapting Cognitive Behavioral Therapy/ Rational Emotive Behavior Therapy in Developing Countries: The Example of Paraguay
Maria Celeste Aráiz, Catolic University Nuestra Señora de la Asunción, Paraguay
09:15 Cognitive Behavioral Therapy in Uruguay: History, New Developments and Contributions to Alcohol Public Policies
Paul Ruiz Santos, Universidad de la República, Uruguay
09:30 Discussant
Carmem Beatriz Neufeld, University of São Paulo, Brazil

Symposium B9
Level 3 – Room R2
Global Dissemination: Delivering Internet Cognitive Therapy for Social Anxiety Disorder
Convenor & Chair: Graham Thew, University of Oxford, UK
08:30 Incorporating Face-To-Face and Internet-Based Cognitive Therapy for Social Anxiety Disorder into Japan
Naoi Yoshihaga, University of Miyazaki, Japan
08:45 Internet-Based Cognitive Therapy for Social Anxiety Disorder in Hong Kong: A Randomised Controlled Trial
Graham Thew, University of Oxford, UK
09:00 Seeing is Believing: The Efficacy of Internet-Delivered Video Feedback for Social Anxiety Disorder
Jennifer Wild, University of Oxford, UK
09:15 Patient Experience of Internet-Based Cognitive Therapy for Social Anxiety Disorder in Hong Kong
Amy Kew, Hospital Authority and Patrick Leung, Chinese University of Hong Kong, Hong Kong
09:30 Discussant
Patrick Leung, Chinese University of Hong Kong, Hong Kong
Symposium 90 (German Language)

Level 3 – Room R4

Digitale Werkzeuge und computergestützte Technologien zur Prävention und Behandlung psychischer Störungen

Convenor & Chair: Stefan Lüdtke, Universität Tübingen, Deutschland

08:30 Randomisiert-kontrollierte Studie zur Cognitive Bias Modification bei suchterkrankten Jugendlichen mit Schwerpunkt Cannabisabhängigkeit (UnDope)

Tanja Legenbauer, Universität Tübingen, Deutschland

08:45 Emotionale Kompetenz bei Jugendlichen und jungen Erwachsenen – Ein App-basierter, personalisierter Ansatz zur Prävention psychischer Störungen und Verbesserung des allgemeinen Wohlbefindens

Johanna Lüdtke, Ludwig Maximilian Universität München, Deutschland

09:00 Prävention von Depressionen in der orthopädischen Nachsorge: Finale Ergebnisse der bundesweiten PRoD-BP-Studie

Lasse Sander, Universität Freiburg, Deutschland

09:15 Expositionstherapie in virtueller Realität bei Angststörungen

Julia Demer, kbo-Inn-Salzach-Klinik, Deutschland

09:30 What’s up? Ein automatisiertes, Smartphone-basiertes Früherkennungssystem für Kinder und Jugendliche mit Depressionen

Stefan Lüdtke, Universität Tübingen, Deutschland

Skills Class 12

Level 3 – Room R6

Understanding and Treating a Specific Phobia of Vomiting

David Veale, King’s College London and South London and Maudsley Trust, UK

Skills Class 13

Level 3 – Room R9

Cultural Adaptation of Cognitive Behavior Therapy with South Asian Clients with Generalised Anxiety Disorder

Malika Sharma & Nov Rattan Sharma, Maharshi Dayanand University, India

Skills Class 14

Level 3 – Room R9

Individualized Metacognitive Therapy for Psychosis (MCT+): Treating Psychotic Symptoms with a One-on-One Metacognitive Approach

Francesca Bohn-Vitzhum, Universitätsklinikum Hamburg-Eppendorf, Germany

Skills Class 15

Level 3 – Room R9

Assessing and Treated Prolonged Grief Disorder

Rita Rosner, Catholic University Eichstätt-Ingolstadt, Germany

Open Papers 12

Level 3 – Room R10

Reducing Barriers to Treatment

Chair: Jürgen Margraf, Ruhr-Universität Bochum, Germany

08:30 What Stops Young People from Seeking Professional Help for the Effects of Trauma? A Qualitative Analysis of Internet Forums

Sarah Bendall, Orygen: The National Centre of Excellence in Youth Mental Health, Australia

Symposium 91 (German Language)

Level 3 – Room R4

Assessing and Treating Prolonged Grief Disorder

Convenor & Chair: Maria Petersen, Akershus University, Norway

09:00 Multi-time-point Assessment of Development of Anxiety and Depressive Symptoms in Youth Newly Diagnosed with Inflammatory Bowel Disease

Bonnymph Reed, Emory University, USA

09:15 Anxiety, Worry and Posttraumatic Stress in Parents of Children with Food Allergy

Kate Roberts and Judith Young, University of East Anglia, UK

09:30 Discussant

Shirley Raynolds, University of Reading, UK

Symposium 92

Level 3 – Room R12

Child Maltreatment: Prevalence, Consequences and Interventions for Victims and Professionals

Convenor: Andreas Witt and Jörg Fegert, University of Ulm, Germany

Chair: Jörg Fegert, University of Ulm, Germany

08:30 The Prevalence and Consequences of Child Maltreatment

Andreas Witt, University of Ulm, Germany

08:50 A Short Term Attachment-Based Intervention to Promote Parental Sensitivity

Thorsten Sukute, University of Ulm, Germany

09:10 Effectiveness of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for Children and Adolescents with PTSD: A Randomized Controlled Trial

Cedric Sachser, University of Ulm, Germany

09:30 The German Child Protection Hotline for Medical Professions

Oliver Berthold, University of Ulm, Germany

Symposium 93

Level 3 – Room R13

New Developments in Transcultural Clinical Psychology and Psychotherapy

Convenor & Chair: Ulrike von Lersner, Humboldt-Universität Berlin, Germany

08:30 Prevalence of Posttraumatic Stress Disorder, Depression, and Somatization in Recently Arrived Refugees in Germany: An Epidemiological Study

Yury Nesterko, University of Leipzig, Germany

08:45 Personality and Psychological Well-Being: Cross-Cultural Commonalities Between Iran and Germany

Maria-Ocean Ano, Philipps-Universität Marburg, Germany

09:00 Beliefs About Mental Illness and Their Influence on Mental Health Care Use - A Cultural Comparison

Laura Narr, University of Münster, Germany

09:15 Affective Arrangements in Psychotherapeutic Settings for Vietnamese Migrants in Germany

Eric Hahn, Charité University Medicine, Germany

09:30 Discussant

Ulrike von Lersner, Humboldt-University Berlin, Germany

Skills Class 16 (German Language)

Level 3 – Room S1

Stegierung des Expositionserfolgs bei der Behandlung von Angststörungen über die Lebensspanne

Verena Pflug & Christina Totzeck, Ruhr-Universität Bochum, Deutschland

Open Papers 13

Level 3 – Room R11

New Approaches in Obsessive-Compulsive Disorders

Chair: Barbara Cludius, Ludwig Maximilian University of Munich, Germany

08:30 First, Do No Harm: Exploring the Relationship between Health Practitioner Metacognitive Beliefs and their Responses to Postpartum Obsessions of Infant Harm

Melissa McLachlan, Curtin University, Australia

08:45 Disgust Sensitivity and Contamination Sensitivity in Urge to Wash after Being Exposed to Contamination Provoking Virtual Environment: A Moderated Mediation Model

Ezgi Turk, Hacettepe University, Turkey

09:00 Best Not to Look: Attention to Threat Cues During a Checking Task

Olivia Merritt, University of Waterloo, Canada

09:15 Is Glutamate Associated with Fear Extinction and Cognitive Behavior Therapy Outcome in OCD?

Miquel A. Fullana, Hospital Clinic, Barcelona, Spain

09:30 Exposure Therapy in a Virtual Environment

Alison Cullen, Monash University, Australia

Symposium 94

Level 3 – Room R12

Child Maltreatment: Prevalence, Consequences and Interventions for Victims and Professionals

Convenor: Andreas Witt and Jörg Fegert, University of Ulm, Germany

Chair: Jörg Fegert, University of Ulm, Germany

08:30 The Prevalence and Consequences of Child Maltreatment

Andreas Witt, University of Ulm, Germany

08:50 A Short Term Attachment-Based Intervention to Promote Parental Sensitivity

Thorsten Sukute, University of Ulm, Germany

09:10 Effectiveness of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for Children and Adolescents with PTSD: A Randomized Controlled Trial

Cedric Sachser, University of Ulm, Germany

09:30 The German Child Protection Hotline for Medical Professions

Oliver Berthold, University of Ulm, Germany

Symposium 95

Level 3 – Room R13

New Developments in Transcultural Clinical Psychology and Psychotherapy

Convenor & Chair: Ulrike von Lersner, Humboldt-Universität Berlin, Germany

08:30 Prevalence of Posttraumatic Stress Disorder, Depression, and Somatization in Recently Arrived Refugees in Germany: An Epidemiological Study

Yury Nesterko, University of Leipzig, Germany

08:45 Personality and Psychological Well-Being: Cross-Cultural Commonalities Between Iran and Germany

Maria-Ocean Ano, Philipps-Universität Marburg, Germany

09:00 Beliefs About Mental Illness and Their Influence on Mental Health Care Use - A Cultural Comparison

Laura Narr, University of Münster, Germany

09:15 Affective Arrangements in Psychotherapeutic Settings for Vietnamese Migrants in Germany

Eric Hahn, Charité University Medicine, Germany

09:30 Discussant

Ulrike von Lersner, Humboldt-University Berlin, Germany

Skills Class 16 (German Language)

Level 3 – Room S1

Stegierung des Expositionserfolgs bei der Behandlung von Angststörungen über die Lebensspanne

Verena Pflug & Christina Totzeck, Ruhr-Universität Bochum, Deutschland

Friday 19th July
Friday 19th July

100 Borderline Personality Disorder and Suicidal Risk Regarding Impulsivity and Metacognition Dimensions  
Sylvia Martin, Alx Marselle University, France

101 Dissociative Experiences as a Predictor of DBT Outcomes in Individuals with Borderline Personality Disorder  
Lynn McFerr, Harbor – University of California at Los Angeles, USA

102 Distinct Adverse Childhood Experiences (ACEs) are Associated with Self-Criticism and Self-Compassion  
Toni Naasim, University of the Andes, Colombia

103 Dissociation and Therapy of Depressive and Anxiety Disorders With or Without Personality Disorders  
Jan Pospisil, University Hospital Olsomuc; Czech Republic

104 Mindfulness and Self-Compassion - Final Results of Changes Induced by Group Schema Therapy for  
Borderline Personality Disorder  
Ferenc Rohuts, South London and Maudsley NHS Foundation Trust, UK

105 Treating Borderline Personality Disorder with CBT in Private Practice in Low Resourced Settings: An  
Individual Clinical Case Report  
Marian Sale, Stellenbosch University, South Africa

106 Feasibility of 16-Week Dialectical Behavior Therapy for Adolescents (DBT-A) Multifamily Program for  
Suicidal and Self-Harming Adolescents in Finnish Public Mental Health Services  
Saara Serapanta, Helsinki University Hospital, Finland

107 Parenting and its Relationship with Psychopathology, Affect Regulation, Interpersonal Functioning in Youth  
With Cluster B Personality Disorders and Their Parents  
Appooa Shrivastava, National Institute of Mental Health and Neuro, India

108 Application of Imagery Rescripting in the Treatment of Emotional Dysregulation in Borderline Personality  
Disorder: Feasibility of a New Short Intervention  
Zhirna Savic-Vasic, University Hospital of Ulm, Germany

109 Altered Social Cognitions Among Patients with Borderline Personality Disorder: Is There a Neural Signature?  
Zhirna Savic-Vasic, University Hospital of Ulm, Germany

110 Childhood Adversity and Borderline Personality Disorder: A Meta-Analysis  
Filippo Verese, University of Manchester, UK

111 Metacognitive Awareness is Associated with Non-Suicidal Self-Injury: A Preliminary Study  
Daniel Vega Moreno, Consorci Sanitari de l'Anoia, Spain

112 Exploring the Case for Incorporating Psychedelics Within Psychotherapeutic Interventions for Borderline  
Personality Disorder  
Richard Zeitman, Ryerson University, Canada

113 Metacognition Moderates the Relationship Between Interpersonal Functioning and Emotion Dysregulation  
in Personality Disorders  
Alita Jelani, National Institute of Mental Health and Neuro Sciences, India

Morning In-Congress Workshops (10.15 -13.45)

In-Congress Workshop 12  
Level 3 – Room M1  
An Introduction to Process-Based Acceptance and Commitment Therapy  
Steven C. Hayes, University of Nevada, USA

In-Congress Workshop 13  
Level 3 – Room R7  
Exposure Therapy Applied to Eating Disorders: Terrified Patients and Anxious Clinicians  
Carolyn Becker, Trinity University, USA & Glenn Waller, University of Sheffield, UK

In-Congress Workshop 14  
Level 3 – Room R6  
Facilitating Emotion Regulation in Cognitive Therapy for Persistent Depression  
Richard Moore, Private Practice, UK

In-Congress Workshop 15  
Level 3 – Room R9  
Cognitively Focused Treatment for Obsessive Compulsive Disorders in the Context of Comorbid Mood  
and Anxiety Disorders  
Maureen Whittal, Vancouver CBST Centre and University of British Columbia, Canada

In-Congress Workshop 16  
Level 3 – Room R10  
Recovery Oriented Cognitive Therapy for Individuals Without Insight  
Aaron Biren, Drexel University School of Medicine, USA

In-Congress Workshop 17  
Level 3 – Room R19  
Cognitive-Behavioral Couple-Based Treatment of Depression  
Donald Baucom, University of North Carolina at Chapel Hill, USA & Melanie Fischer, Heidelberg University Hospital, Germany

In-Congress Workshop 18  
Level 3 – Room R12  
Mindful Parenting in Mental Health Care  
Susan Blagoe, University of Amsterdam, the Netherlands

In-Congress Workshop 19  
Level 3 – Room M2  
Cognitive Behaviour Therapy for Decision Making: Helping Clients Avoid Problematic Choices  
Robert L. Lesch, American Institute for Cognitive Therapy, USA

In-Congress Workshop 20 (German Language)  
Level 3 – Room S1  
Prozessbasierte kognitive Therapie bei körperdysmorpher Störung.  
Viktoria Ritter & Ulrich Stangier, Goethe-Universität Frankfurt, Deutschland

11:30 -12.00)

Panel Discussion 5  
Level 1 – Room A1  
Improving Resilience to the Tough Stuff: From Theory to Practice and from the Lab to the Field  
Chair: Julie Krans, Radboud University, the Netherlands

Symposium 94  
Level 1 – Room A2  
Repetitive Negative Thinking in Psychopathology: Psychophysiological Causes, Correlates and Consequences  
Chair: Jennifer Wild, University of Oxford, UK

Symposium 95  
Level 1 – Room A3  
Efficacy of Imagery Rescripting as a Transdiagnostic Intervention  
Chair: Julie Krans, Radboud University, the Netherlands

Convenor: Fortesia Kadriu, Katholieke Universiteit Leuven, Belgium

10:30 Does Repetitive Negative Thinking Mediate the Effect of Treatment for Depression or Anxiety?  
Philip Spinhoven, Leiden University, the Netherlands

10:45 Repetitive Thinking and Perinatal Psychological Adjustment  
Michelle Moulds, University of New South Wales Sydney, Australia

11:00 Can’t Get it off my Brain: Brain Signatures of Worry in Generalized Anxiety Disorder  
Cristina Ottaviani, Sapienza University of Rome, Italy

11:15 Negative Correlates and Consequences of Ruminating: Evidence from Clinical Trials  
Ed Watkins, University of Exeter, UK

11:30 Effects of Noninvasive Vagus Nerve Stimulation on Perseveration Cognition in Chronic Worriers  
Andreas Burger, Catholic University of Leuven, Belgium

Symposium 96  
Level 1 – Room A4  
Randomized Controlled Trial

Convenor: Fortesia Kadriu, Katholieke Universiteit Leuven, Belgium

Chairs: Julie Krans, Radboud University, the Netherlands

10:30 Imagery Rescripting Versus STAR/Imagery Rescripting for PTSD Related to Childhood Abuse: A  
Randomized Controlled Trial  
Sandira Raabe, University of Amsterdam, the Netherlands

10:45 The Effect of Using Imagery Rescripting of Autobiographical Memories Versus Imagery Rescripting of  
Intrusive Images in Core Beliefs and Eating Disorder Symptoms  
Fortesia Kadriu, Katholieke Universiteit Leuven, Belgium

11:00 Imagery Rescripting for the Treatment of Trauma in Voice Hearers: A Case Series  
Craig Steel, University of Oxford, UK and Georgie Paulik, Murdoch University, Australia

11:15 The Effects of Imagery Rescripting Versus Extinction on Return of Fear  
Mandy Week, University of Utrecht, the Netherlands

11:30 Discussant  
Arnoud Arntz, University of Amsterdam, the Netherlands
Friday 19th July

Symposium 96
Level 1 – Room A5
Reaching the Hard to Reach: Innovative Approaches to Enhance Cognitive Behavior Therapy and Its Delivery
Convenor & Chair: Roz Shafrazi, University College London, UK
10:30 Enriching Cognitive Behaviour Therapy with Emotion Regulation Training for Patients with Medically Unexplained Symptom: Findings of the Multicentre Randomized Controlled ENCERT Trial
Winfred Reif, University of Marburg, Germany
10:50 Preliminary Efficacy of Telephone Guided Self-Help for Emotional and Behavioural Difficulties in Children and Young People with Neurological Conditions: A Pilot Study
Sophie Bennett, University College London, UK
11:10 Implementing Evidence Based Practices in Children's Community Mental Health
Daniel Cheron, Judge Baker Children's Centre, USA
11:30 Low Intensity Psychological Treatments in a Paediatric Hospital: Is There a Need and Does it Help?
Matteo Catanzano, Great Ormond Street Children’s Hospital, UK

Symposium 97
Level 1 – Room A8
10:45 The Analysis of Discontinuities and Patterns of Symptom Change in Cognitive Behavioral Therapy for Chronic Depression
Leigh Andrews, University of Delaware, USA
11:00 Sudden Gains and Depression Spikes in Cognitive Behavioural Therapy and Behavioural Activation
Heather O'Mahen, University of Oxford, UK
11:15 Why Do Rapid Improvements Happen? Client and Therapist Processes in Cognitive Behavioural Therapy and Behavioural Activation
Asha Ladwa, University of Oxford, UK
11:30 Discussant
Steve Holton, Vanderbilt University, USA

Symposium 98
Level 1 – Room A7
10:30 Cognitive Processes of Sudden Gains in Cognitive Therapy for PTSD in Routine Clinical Care
Marian Wiedemann, University of Oxford, UK
10:45 The Analysis of Discontinuities and Patterns of Symptom Change in Cognitive Behavioral Therapy for Bipolar Disorder
Richard Bryant, University of New South Wales, Australia
11:00 Sudden Gains and Depression Spikes in Cognitive Behavioural Therapy and Behavioural Activation
Heather O'Mahen, University of Oxford, UK
11:15 Why Do Rapid Improvements Happen? Client and Therapist Processes in Cognitive Behavioural Therapy and Behavioural Activation
Asha Ladwa, University of Oxford, UK
11:30 Discussant
Steve Holton, Vanderbilt University, USA

Symposium 99
Level 3 – Room R13
10:30 Predictors and Moderators of Response to Psychosocial Treatment for Bipolar Disorder
Convenor & Chair: Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA
10:45 Predictors and Moderators of Response to Psychosocial Treatment for Bipolar Disorder: The Role of Age of Onset, Course of Illness, Medical and Psychiatric Comorbidity and Attributional Style
Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA
11:00 Do Memory Difficulties and Inflexibility Predict Response to Psychotherapy for Depression in Bipolar Disorder?
Amy Peters, Massachusetts General Hospital and Harvard Medical School, USA
11:15 A Lifestyle Intervention for Bipolar Disorder
Louisa Sylvia, Massachusetts General Hospital and Harvard Medical School, USA
11:30 Discussant
Thilo Deckersbach, Massachusetts General Hospital and Harvard Medical School, USA

Symposium 100 (German Language)
Level 3 – Room M8
Positive Perspektiven in der Psychotherapie
Convenors & Chairs: Ulike Wißlutzer, Universität Witten/Herdecke, Deutschland and Anton-Rupert Laiereit, Universität Wien und Salzburg, Österreich
10:30 Wittner Ressourcenfragebogen (WRRQ): Ein multidimensionales Diagnoseinstrument zur Erfassung personeller Ressourcen
Jan Schirmmer, Universität Witten/Herdecke, Deutschland
10:50 Positiv-Psychologische Interventionen in Psychotherapie und Coaching – Konzepte und Effekte
Almut Feld, Universität Salzburg, Österreich
11:10 Positive orientierte Gruppentherapie für Patient*innen mit chronifizierten affektiven Störungen: Ergebnisse einer Pilotstudie
Anne Tröskien, Freie Universität Berlin, Deutschland
11:30 Positive mentale Gesundheit als Resilienzfaktor gegenüber Suizidgedanken und Suizidversuchen
Tobias Leisemann, Ruhr-Universität Bochum, Deutschland

Symposium 101
Level 3 – Room M5
The Self in Social Anxiety Disorder: New Directions in Targeted Intervention
Convenor & Chair: Richard Bryant, University of New South Wales, Australia
10:30 Can Imagery-Based Techniques Enhance Outcomes from Cognitive Behaviour Group Therapy for Social Anxiety Disorder? An Update on a Randomised Controlled Trial
Peter McEvoy, Curtin University and Centre for Clinical Interventions, Australia
10:45 Dismantling the Unique Effects of “Rescripting” on Memory Representations and Core Beliefs During Imagery Rescripting for Social Anxiety Disorder
David Moscovitch, University of Waterloo, Canada
11:00 The Self in Social Anxiety: Implicit Theories and Self-Criticism as Outcomes in a Trial of CBT vs. ABM
Jonathan Huppert, Hebrew University of Jerusalem, Israel
11:15 Social Developmental Experiences, Self-Concealment, and Social Belonging
Lynn Alden, University of British Columbia, Canada
11:30 Discussant
Tobias Leisemann, University of Bremen, Germany

Symposium 102
Level 3 – Room M7
Developmental Outcomes of Children in Prevention Trials: Long-term Effects
Convenor: Nina Heinrichs, University of Bremen, Germany
Chair: Robert McMahon, Simon Fraser University and B.C. Children's Hospital, Canada
10:30 Prevention of Child Mental Health Problems in Southeastern Europe: Results from Phase One of a Multiphasic Optimization Strategy Study (RISE)
Heather Foran, University of Klagenfurt, Austria

Panel Discussion 6
Level 3–Room M4
At the Crossroads of Cognitive Behavior Therapy and Existential Thinking – International Perspectives
Convenor: Thomas Heidenreich, University of Applied Sciences Esslingen, Germany
Chair: Ross Menzies, University of Technology Sydney, Australia
Discussants:
Ross Menzies, University of Technology Sydney, Australia
Michael Wenzl, Central and North West London NHS Foundation Trust and Royal Holloway University, UK
Alexander Noyon, University of Applied Sciences Mannheim, Germany
Thomas Heidenreich, University of Applied Sciences Esslingen, Germany

Skills Class 17 (Meet the Expert)
Level 1 – Room A4
Mood Over Mood, Strengths-Based Cognitive Behavior Therapy and Other Innovations
Christine A. Padesky, Center for Cognitive Therapy, USA

Skills Class 18 (German Language)
Level 3 – Room M6
Die Interpersonelle Perspektive in der Schematherapie in der Arbeit mit Einzelpatienten, Paaren und in der Supervision.
Echardt Roediger, Institut für Schematherapie-Frankfurt, Deutschland
10:00 The Role of Callous Unemotional Traits in Young Foster Children
   Daniela Ehrenberg, University of Braunschweig, Germany

Panel Discussion 7 and Invited Plenary Address
Level 3 - Room R6

Cognitive Behavior Therapies in Latin America: Cultural Aspects in Training and Clinical Practice
Convenor: Carmen Beatriz Neufeld, University of São Paulo, Brazil
Chair: Eduardo Keegan, University of Buenos Aires, Argentina
10:30 The Distinctive Impact of Cultural and Professional Factors in the Dissemination of CBT
   Eduardo Keegan, University of Buenos Aires, Argentina

11:00 Status of CBT in Peru: Where We Are and Where Can We Go in Professional Training and Clinical Practice
   Natalia Ferrero, Piacoteca Institute Lima, Peru

Open Papers 16
Level 3 – Room R2

Enhancing Extinction and Exposure Therapy
Chair: Marcela Woud, Ruhr-Universität Bochum, Germany
10:30 Factors Influencing the Success of Exposure Therapy for Specific Phobias: A Systematic Review
   Joscha Böhmlein, Ruhr-Universität Bochum, Germany

10:45 Mechanisms, Genes and Treatment: Experimental Fear Conditioning, Genetic and Epigenetic Variation of SLC6A4 and the Outcome of Highly Standardized Exposure-Based One-Session Fear Treatments
   Andrea Wannemüller, Ruhr-Universität Bochum, Germany

11:00 Examining the Impact of Spider Fear on the Reconsolidation of Fear Memories Using Reactivation plus Extinction
   Andrea Ashbaugh, University of Ottawa, Canada

11:15 Influence of Vasoactive Acid in Combination with Reactivation of Fear Memory on the Outcome of Extinction-Based Therapy in Patients with Fear of Spiders
   Dorothée Bentz, University of Basel, Switzerland

11:30 No Time for Exposure? Duration of Exposure Exercises in Inhibitory Learning-Oriented Therapy
   Ingmar Herrig, Technische Universität Dresden, Germany

Skills Class 19
Level 3 – Room R3

Using Online Programmes and Apps to Enhance Clinical Practice for Child and Adolescent Anxiety and Depression
Susan Spence, Griffith University, Australia

Symposium 103
Level 3 – Room R4

Augmenting Cognitive Behavior Therapy for Appetitive Disorders with Brain-Based Technological Developments
Convenor: Reinout Wiers, University of Amsterdam, the Netherlands
Chair: Murat Yücel, Monash University, Australia
10:30 The Potential of Using Virtual-Reality (VR) to Detect, Overcome and Avoid Addictive and Compulsive Conditions
   Murat Yücel, Monash University, Australia

10:45 Virtual Reality-Based and Theoretical Neuroscience Grounded Approaches to Diagnostics in Addition: Two Case Studies
   Paul Verschure, Institute for Biotechnology of Catalonia, Spain

11:00 Participatory Design of a Virtual Reality Approach-Avoidance Training Intervention for Obesity
   Naoms Kakoschke, Monash University, Australia

11:15 The Addiction Beater, a Gamified Cognitive Bias Modification Program for Alcohol Addiction: Feasibility, Clinical Effects and User Experience
   Reinout Wiers, University of Amsterdam, the Netherlands

11:30 Discussant
   Sherry Stewart, Dalhousie University, Canada

Friday 19th July
INVITED ADDRESSES

Friday 19th July

11:15 Investigating the Impact of Presenter and Content Effects on Positive Emotion and Self-Efficacy for Personal Recovery in Psychosis
Brooke McLeod, Swinburne University of Technology, Australia

11:30 Negative Symptoms as a Mediator Between Neurocognition, Social Cognition and Social Functioning in Individuals at Clinical High Risk for Psychosis
Stefanie Schmidt, University of Bern, Switzerland

Invited Addresses 3 (12.00 -13.00)

Invited Address 16
Level 1– Room A1
Cognitive Behavioural Therapy for Irritable Bowel Syndrome: The 18-year Journey from Theory to Implementation
Rona Moss-Morris, King’s College London, UK
Chair: Omer van den Bergh, University of Leuven, Belgium

Invited Address 17
Level 1– Room A2
Transcultural Aspects of Cognitive and Behavioural Therapy: a Moroccan Example
Nadia Kadri, Institut Marocain de Thérapie Cognitive et Comportementale, Morocco
Chair: Pierre Philippot, Catholic University of Louvain, Belgium

Invited Address 18
Level 1– Room A3
Personal Practice: Why Therapists Should Walk the Talk
James Bennett-Levy, University of Sydney, Australia
Chair: Sarah Corrie, Central and North West London NHS Foundation Trust, UK

Invited Address 19 (German Language)
Level 1– Room A4
Verhaltenstherapie mit Kindern und Jugendlichen im Jahr 2019: Inspiration und Innovation
Silvia Schneider, Universität Bochum, Deutschland
Chair: Babette Renneberg, Freie Universität Berlin, Deutschland

Invited Address 20
Level 1– Room A5
Addictions: Cognition and Behaviour Within a Social Context
Alex Copello, University of Birmingham, UK
Chair: David Kavanagh, Queensland University of Technology, Australia

Invited Address 21
Level 1– Room A6
New Developments in Schema Therapy for Personality Disorders
Arnoud Arntz, University of Amsterdam, the Netherlands
Chair: Eckhart Roediger, Institut für Schematherapie, Germany

Invited Address 22
Level 1– Room A7
Neuroscience Driven Approaches to Cognitive and Behavioural Therapy for Anxiety and Depression
Michelle Coskue, University of California, USA
Chair: Roz Shafarin, University College London, UK

Friday 19th July
Poster Session 5 (12.00 -14.30)

German Language
1 Deutschsprachige Übersetzung und psychometrische Evaluation der Feedback on Physical Appearance Scale (FOPAS) an einer Stichprobe aus jugendlichen PatientInnen mit Essstörungen
Hannah L. Quittkat, Universität Osnabrück, Deutschland
2 Agilität in der Kognitiven Verhaltenstherapie
Wolf-Ulrich Scholz, Goethe-Universität, Deutschland
3 Biofeedback und Neurofeedback bei depressiven Störungen – ein Update
Carmen Uhmann, Zentrum für Psychiatrie Wessenhoff und Universität Ulm, Deutschland
4 2008-2018: Wirksamkeit von Therapien und Patientenzufriedenheit mit Psychotherapeuten in Ausbildung (PA)
Ilka Vasterling, Technische Universität Braunschweig, Deutschland
5 Stationäre Intensivtherapie bei Zwangsstörungen: Vorstellung eines Behandlungskonzeptes und dessen Effektivität
Thorsten Zeidler, Christoph-Domier-Klinik für Psychotherapie, Deutschland
6 Schützt die islamische Körperbedeckung muslimische Frauen vor dem negativen Effekt von Schlankheitsbetonenden Bildern auf das Körperbild?
Leone Wilhelm, Osnabrück University, Germany

Intelectual & Developmental Disabilities
7 Cognitive Flexibility and Perfectionism
Jadine Bondeleau, Université du Québec à Trois-Rivières, Canada
8 Development of Behavior Record Application, “Observations,” for Behavior Problems
Masahiko Inoue, Tottori University, Japan
9 Metacognitive Training for Students with High Autistic Tendencies in a Vocational College: A Preliminary Study
Yukiko Maeda, Kansai Gakkan University, Japan
10 Keep Safe: A CBT Based Intervention for Young People with Intellectual and Developmental Disabilities
Aida Malovic, Canterbury Christ Church University, UK
11 Efficacy of Group Cognitive Behavior Therapy Targeting Time Management for Adult with Attention Deficit / Hyperactivity Disorder: A Randomized Control Trial
Misuzu Nakashima, National Hospital Organization Hizen Psychiatric Center, Japan
12 The Effect of Behavioral Activation and Power-Assisted Wheelchair on Wheelchair-Using Children with Limited Mobility: A Randomized Comparative Trial
Jong-Woo Suh, Korea University, South Korea

Therapeutic Processes
13 Effects of Self-Instructional Training Focused Anger Arousal
Tomonori Abe, University of Tsukuba, Japan
14 Knowledge of and Barriers to the Use of Cognitive Behavioral Therapy in Treating Depression in Primary Care Centers and Family Medicine Clinics in Saudi Arabia
Ahmad Afzal, King Saud University, Saudi Arabia
15 The Effect of Stress Relief Programs on Occupational Stress Using non-Work Factors
Satchco Arai, J. F. Oberlin University, Japan
16 Improvement of Sleep-Wake Rhythm in Patients with Schizophrenia with Long and Irregular Sleep Through Cognitive Behavioral Therapy: A Case Study
Nacwio Ayabe, National Center of Neurology and Psychiatry, Japan
17 Mindfulness as a Moderator Between Self-Criticism and External Shame
Julieta Azevedo, Center for Research in Neuropsychology and Cognitive and Behavioral Intervention, Portugal
18 Effects of Positive Psychology Intervention on the Personal and Work Wellbeing of Psychotherapists in CBT Training
Mei-Ann Baskai, Shari, Murcia University, Spain
19 Rogues, Villains and Eccentrics – Constellation of Schizotypy Indicators
Plamen Bozhikov, University of Novi Sad, Serbia
20 Characterization of the Therapeutic Process and Population Demands that Attended the School Service at the Cognitive Behavioral Institute of Psychotherapy (ICP), Brazil – SP
Luciana Bernardes da Rosa, Cognitive Behavioral Institute of Psychotherapy, Brazil
21 Building a Good Therapeutic Relationship – What Can the Therapist Do? The Connection Between Therapist Interpersonal Style and Therapeutic Alliance
Simone Bollmann, Philipps University of Marburg, Germany
22 Assessing Treatment Integrity in Personalized CBT: The Inventory of Therapeutic Interventions and Skills
Kathryn Boyle, University of Truro, Germany
23 Maintenance (vs. Change) of Negative Expectations Towards Psychotherapy
Kristina Braun-Koch, Universität Marburg, Germany
24 Process Cognitive Change in Group CBT for OCD
Elena Cabedo, Clinical-University Hospital of Valencia, Spain
25 Personality Characteristics and Psychological and Psychiatric Therapeutic Adherence in Patients with Mental Disorder
Angela Cabestrany-Monató, Consorci Sanitari de Terrassa, Spain
14:15 Secondary Effects of Developmentally Adapted Cognitive Processing Therapy for Youth with
Rita Rosner, Catholic University Eichstätt-Ingolstadt, Germany
14:15 New Developments in the Treatment of Patients with Posttraumatic Stress Disorder After Childhood Abuse
Convenor: Kathlen Priebe, Charité University Medicine Berlin, Germany
14:30 Translation and Adaptation of the American Family Cognitive Behavioral Prevention Program for
German Offspring of Parents with Depression
Johanna Liczner, Ludwig-Maximilians-Universität, Munich, Germany
14:45 Importing the Blues Indicated Depression Prevention Program for Use in French-Canadian
Secondary Schools
Fridéric Brière, University of Montreal, Canada
Symposium 108
Level 1 – Room A6
Mechanisms of Change in Cognitive-Behavioral Treatment for Depression
Convenor and Chair: Juan Martín Gómez Penedo, University of Bern, Switzerland
14:00 Post-Treatment Discrepancy Between Implicit and Explicit Negative Self-Associations as Predictor of
Long-Term Outcome After Cognitive Therapies for Depression
Martin Grosse Holtforth, University of Bern and Universitätsspital Bern, Switzerland
14:15 Common and Differential Mechanisms of Change in Cognitive-Behavioral Therapy and Exposure-
Based Cognitive Therapy for Depression
Juan Martín Gómez Penedo, University of Bern, Switzerland
14:30 Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health
Disorders Using a Complexity Approach
Claudi Bockting, University of Amsterdam, the Netherlands
14:45 Discussant
Stefan G. Hofmann, Boston University, USA
Symposium 109
Level 1 – Room A6
Perfectionism: Where Do the Paths at the Crossroads Lead?
Convenor: Roz Shafrah, University College London, UK
Chair: Sarah Egan, Curtin University, Australia
14:00 Internet-Based Cognitive Behaviour Therapy for Perfectionism: More is Better but no Need to Be Prescriptive
Tracey Wade, Flinders University, Australia
14:15 Reconsidering Perfect: A Qualitative Study of The Experiences of Undergoing Internet-Based
Cognitive Behaviour Therapy for Perfectionism
Alexander Rozenfeld, Karolinska Institute, Sweden
14:30 Imagery Trumps Repetitive Negative Thinking as an Indirect Pathway Between Perfectionism and
Psychological Distress
Joel Howell, Curtin University, Australia
14:45 Discussant
Roz Shafrah, University College London, UK
Symposium 110
Level 1 – Room A7
New Developments in the Treatment of Patients with Posttraumatic Stress Disorder After Childhood Abuse
Convenor: Kathlen Priebe, Charité University Medicine Berlin, Germany
Chairs: Kathlen Priebe, Charité University Medicine Berlin, Germany and Regina Steil, Goethe University
Frankfurt, Germany
14:00 Developmentally Adapted Cognitive Processing Therapy for Adolescents and Young Adults with PTSD
Symptoms After Physical and Sexual Abuse
Rita Roeser, Catholic University Eichstätt-Ingolstadt, Germany
14:15 Secondary Effects of Developmentally Adapted Cognitive Processing Therapy for Youth with
Symptoms of Posttraumatic Stress Disorder After Childhood Sexual and Physical Abuse
Regina Steil, Goethe University Frankfurt, Germany
14:30 Dialectical Behavior Therapy for Posttraumatic Stress Disorder Related to Childhood Abuse as
Compared to Cognitive Processing Therapy – A Randomized Controlled Trial (the RELEASE Study)
Kathlen Priebe, Charité University Medicine, Germany
14:00 Design and Development of a Digital Health Intervention for Psychosis / Bipolar– Relatives Education and Coping Toolkit
Fiona Lobban, Lancashire Care Foundation Trust, UK
14:15 Peer Support in a Carer Context: Lessons Learned from REACT
Steve Jones and Sue Flowers, University of Leeds, UK
14:30 The REACT Randomised Controlled Trial – Design, Delivery and Findings
Fiona Lobban, Lancashire Care Foundation NHS Trust, UK
14:45 The Transition from Research to Service Delivery: Pitfalls to Avoid and Practical Tips for Success
Naomi Fisher, University of Lancaster, UK

Symposium 115
Level 3 – Room M8

Cognitive Behavioral Therapy at the Crossroads with Neuroscience: New Perspectives for Precision Psychotherapy?
Convenor and Chair: Ulrike Willutzki, Universität Witten/Herdecke, Deutschland

14:00 One (of Many Ways) We Can Advance Psychological Treatment Research Will Be Through Mental Health Science
Emily Holmes, Uppsala University, Sweden
14:15 Mechanisms Underlying Pathological Fear and Avoidance and their Exposure-Based Treatment
André Pilling, University of Würzburg, Germany
14:30 Predicting CBT Response for Generalized Anxiety Disorder and Major Depressive Disorder: A Neuroimaging Approach
Robin Ausems, Laureate Institute for Brain Research and University of Tulsa, USA
14:45 From Neuroscience to Ultra-Brief Treatments for Anxiety Disorders?
Andrea Remick, University of Oxford, UK

Symposium 116
Level 3 – Room R2

Cognitive Biases and Pain
Convenor: Emma Jones, University of Sydney, Australia
Chair: Louise Sharpe, University of Sydney, Australia

14:00 Investigating the Content Specificity of Interpretation Biases in Community Adolescents with Impairing Pain
Jennifer Lai, King's College London, UK
14:15 Exploring Attentional Biases, Interpretive Biases and Attentional Control in Pain
Emma Jones, University of Sydney, Australia
14:30 Does Attention Bias Modification Work for Pain and Under what Conditions?
Louise Sharpe, University of Sydney, Australia
14:45 Discussant
Dimitri Van Ryckeghem, Maastricht University, the Netherlands

Roundtable 3
Level 3 – Room R3

Obsessive Compulsive Disorder, Hoarding or Schizophrenia: A Complicated Case
Convenor: Darya Maryasova, Troitsk Hospital of the Russian Academy of Sciences, Russian Federation
Chair: Emma Agasar, European Medical Center, Moscow, Russia
Discussions:
- Douglas Turkington, Newcastle University, UK
- Christian Sterle, Schön Klinik Bad Bramstedt, Deutschland
- Yakov Kochetkov, Moscow Centre for Cognitive Therapy, Russia

Symposium 117 [German Language]
Level 3 – Room R4

Psychotherapie- und Weiterbildung: Wie sollte sie gestaltet werden, und was bedeutet therapeutische Kompetenz?
Convenor & Chair: Ulrike Willutzki, Universität Witten/Herdecke, Deutschland
14:00 Psychotherapeutische Kompetenz im Verlauf der Psychotherapieausbildung: Trainee- und Ausbilderneinschätzung und ihr Zusammenhang zum Ausbildenresult
Anton-Rupert Laimer, University of Vienna, Österreich
14:15 Novizen- und Experteneinschätzungen zur interpersonalen Kompetenz als Basis für Auswahlentscheidungen zur Psychotherapieausbildung
Anne Möllmann, Universität Osnabrück, Deutschland

Symposium 118
Level 3 – Room R5

Addressing the Mental Health and Wellbeing of Young People in Out-Of-Home Care
Convenor & Chair: Rachel Hiller, University of Bath, UK

14:00 Cognitive Predictors of (Complex) PTSD in a Longitudinal Study of Children in Out-of-Home Care
Rachel Hiller, University of Bath, UK
14:15 Exploring the Feasibility in a Social Care Service of Screening Children and Young People who Have Suffered Maltreatment and Abuse for (PTSD) and the Effectiveness of Providing Trauma-Focussed CBT for this Group of Children
Michael Duffy, Queen’s University Belfast, UK
14:30 Developing Two Online-Interventions for Youth in Care and their Caregivers
Antonis Buri, Braunschweig University of Technology, Germany
14:45 Discussant
Nina Heinrichs, University of Bremen, Germany

Symposium 119 [German Language]
Level Level 3 – Room R6

Neuro<>Psychotherapie – Gemeinsam oder lieber jeder für sich?!
Convenor & Chair: Nina Romanzczuk-Seifert, Charité – Universitätsmedizin Berlin, Deutschland

14:00 Neuro<>Psychotherapie – Aufstieg und Fall der Biologischen Psychiatrie. Eine Zustandsanalyse
Felix Haider, Humboldt Universität zu Berlin, Deutschland
14:15 Neuro<>Psychotherapie – Neurofeedback mit Echtzeit-Bildgebung als psychotherapeutische Methode
Anneke Brühl, Psychiatrische Universitätsklinik Zürich, Schweiz
14:30 Neuro<>Psychotherapie – Endstation Hirn? Konzeptionelle Schwierigkeiten in der Arbeit mit neurobiologischen Störungsbegriffen
Thorsten Palsdorn, Psychologische Praxis Berlin, Deutschland
14:45 Neuro<>Psychotherapie – Die Implikationen neurobiologischer Erkenntnisse für Emotion und Motivation in der Psychotherapie
Nina Romanzczuk-Seifert, Charité – Universitätsmedizin Berlin, Deutschland

Symposium 120
Level 3 – Room R7

Misophonia, in the Middle of the Crossroads
Convenor: Darya Maryasova, Troitsk Hospital of the Russian Academy of Sciences, Russian Federation
Chair: Emma Agasar, European Medical Center, Moscow, Russia
Discussions:
- Andreas Torkington, Newcastle University, UK
- Christian Sterle, Schön Klinik Bad Bramstedt, Deutschland
- Yakov Kochetkov, Moscow Centre for Cognitive Therapy, Russia

Symposium 121
Level 3 – Room R8

Relationship Obsessive-Compulsive Disorder: Vulnerabilities, Treatment, and Related Phenomena
Convenor & Chair: Gabriele Melli, Institute for Behavioral and Cognitive Neurology and Psychotherapy, Italy

14:00 Reducing Relationship Obsessive-Compulsive Disorder Symptoms and Related Psychological Features: Preliminary Evidence form a Brief Mobile-App Intervention
Svila Corra, University of Padova, Italy
14:15 My Partner is Unreliable: Exploring Obsessive Disturb as an Additional Dimension of Partner-Focused ROCD Symptoms
Guy Doreen, Baruch Ivcher School of Psychology, Israel
14:30 Pathological Narcissism and Relationship Obsessive Compulsive Disorder (ROCD) Symptoms
Laura Ciminato, Institute for Behavioral and Cognitive Neurology and Psychotherapy, Italy
14:45 Differential Cognitive Predictors of Relationship, Sexual-Orientations and Related Obsessive Compulsive Symptoms
Richard Moulding, Deakin University, Australia
Symposium 122
Level 3 – Room R10
Cognitive Behavioral Therapy in Global Mental Health: Adaptation, Evaluation and Dissemination Plan for Implementing the Unified Protocol for Victims of Armed Conflict in Colombia
Convenor & Chair: Leonidas Castro-Camacho, Universidad de los Andes, Colombia
14:00 Adaptation of the Unified Protocol to the Contextual, Cultural and Living Conditions of Internally Displaced Victims of Armed Conflict in Colombia
Juliano Moreno, Universidad de los Andes, Colombia
14:15 A Randomized Controlled Trial Evaluating the Effects of the Contextual Adaptation of the Unified Protocol in Victims of Armed Conflict in Colombia: Procedure and Primary Outcomes
Leonidas Castro-Camacho, Universidad de los Andes, Colombia
14:30 Predictors of Dropout in a Randomized Controlled Trial for Victims of Armed Conflict in Colombia
Nicolas Garcia, Universidad de los Andes, Colombia
14:45 Scaling Up Psychotherapy Interventions in Low and Middle-Income Countries: What We Know and What We Need to Find Out
Iona Naismith, Universidad de los Andes, Colombia
Symposium 123
Level 3 – Room R13
Staging in Bipolar Disorders: New Concepts for Psychotherapy
Convenor & Chair: Thomas Stamm, Charité University Medicine Berlin, Germany
14:00 Staging in Bipolar Disorders
Thomas Stamm, Charité University Medicine Berlin, Germany
14:15 Psychological Characteristics of Individuals at High Risk for Bipolar Disorders
Thomas Meyer, University of Texas, USA
14:30 Early Stage Psychological Intervention for Relapse Prevention in Bipolar Disorder
Martin Hautzinger, University of Tübingen, Germany
14:45 Functional Remediation as a Later Stage Intervention for Bipolar Disorder
Caita Torrent, University of Barcelona, Spain
Symposium 124
Level 3 – Room S2
Characterizing Embitterment by Examining Its Occurrence, Potential Determinants and Consequences
Convenor: Ger Keijser, Radboud University, the Netherlands
Chair: Ayşen Tasdemir-Bolk, Radboud University, Netherlands
14:00 Suicidal and Aggressive Ideation Associated with Feelings of Embitterment
Michael Linden, Charité University Hospital, Germany
14:20 Understanding Embitterment and its Potential Determinants
Ger Keijser, Radboud University, the Netherlands
14:50 Injustice and Embitterment: Crucial Stressors in Psychosomatic Patients
Michael Linden, Charité University Hospital, Germany
Symposium 125
Level 3 – Room S3
Brief Interventions for Adolescent Mental Health
Convenor & Chair: Laura Pass, University of Reading, UK
14:00 A Randomised Controlled Feasibility Study Examining the Efficacy of Brief Cognitive Therapy for the Treatment of Anxiety Disorders in Adolescents
Polly Wate, University of Reading, UK
14:15 Low Intensity Sleep Intervention with Adolescents in a Secondary Mental Health Service: A Case Series Analysis
Rebecca Rollinson, Norfolk and Suffolk NHS Foundation Trust, UK
14:30 Brief Behavioural Activation for Adolescent Depression: The Challenges and Opportunities of Delivery in Schools
Laura Pass, University of Reading, UK
14:45 Internet-Delivered Cognitive Behavioral Therapy for Children and Adolescents with Social Anxiety Disorder – A Randomized Controlled Trial
Jens Höglström, Karolinska Institutet, Sweden
Afternoon In-Congress Workshops (14.00 – 17.00)
In-Congress Workshop 21
Level 3 – Room M1
A Cognitive-Behavioral Approach to Weight Loss and Maintenance
Judith S. Beck, Beck Institute for Cognitive Behavior Therapy, USA
15:30 Toward More Effective Therapists: What Are Their Qualities and in What Situations Are They Most Apparent?
Michael Barkham, University of Sheffield, UK
15:50 Personal Practice and Self-Reflection: Important in Developing More Effective Therapists but Sometimes There are Problems: How Can These be Addressed?
James Bennett-Levy, University of Sydney, Australia
16:10 How Can We Best Develop Our Personal and Professional Qualities to Maximize Client Outcomes?
Helene Nissen-Lie, University of Oslo, Norway
16:30 Can New Technologies Help to Develop More Effective Therapists?
David Murphy, University of Nottingham, UK
16:45 Discussant
Christoph Rüegger, Zürich University, Switzerland
Friday 19th July

Panel Discussion 11
Level 3 – Room R8

Is Buying-Shopping Disorder a Real Disorder?
Convenor & Chair: Michael Kyrios, Flinders University, Australia
Discussions:
Astrid Müller, Hannover Medical School, Deutschland
Laurence Class, University of Leuven, Belgium
Susana Jimenez-Murcia, University Hospital Belvitge-IDIBELL, Spain
Daniel King, Adelaide University, Australia

Skills Class 20
Level 3 – Room M7

Culturally-Infused Clinical Research: Assessment, Recruitment, Interventions & Ethics
Monica Williams, University of Connecticut, USA and Sorya Fatmir, Synesc Health, Germany

Symposium 136
Level 3 – Room M8

Cognitive Behavioral Therapy for Improving Primary Mental Health Care
Convenor & Chair: Birgit Watze, Universität Zürich, Switzerland
15:30 The BLENded Care for Depressive Symptoms IN General Practice (BLENDING) – Results of the Randomised-Controlled TiDe-Study
Elisa Haller, University of Zurich, Switzerland
15:50 Telephone-Based Cognitive Behavioural Therapy (tel-CBT) for Mild to Moderate Depression – Results of the Randomised-Controlled TiDe-Study
Daniela Hedtkeaus, University Medical Center Hamburg-Eppendorf, Germany
16:10 Does Symptom Severity Matter in Stepped and Collaborative Care for Depression?
Claudi Bockting, Amsterdam University Medical Center, the Netherlands
16:30 Discussants:
Convenor & Chair: Sarah Corrie, Central and North West London NHS Trust, UK

Cognitive Behavioural Supervision Around the World: Core Competencies and Cross-Cultural Considerations
Convenor & Chair: Sarah Corrie, Central and North West London NHS Trust, UK
Discussions:
Fredria Bannink, Private Practice, the Netherlands
Eduardo Keegan, University of Buenos Aires, Argentinia
David A. Lane, Professional Development Foundation & Canterbury Christchurch University, UK
Chee Wing Wong, The Chinese University of Hong Kong, China

Open Papers 19
Level 3 – Room R3

Advances in Mechanisms and Treatment of Post-Traumatic Stress Disorder
Chair: Marcella Woud, Ruhr-Universität Bochum, Germany
15:30 A Test of Theory-derived Mediators of Clinical Improvement in Cognitive Therapy for Post-Traumatic Stress Disorder
Melanie Westmann, University of Oxford, UK
15:45 The Role of Lifetime Adversity on the Relationship Between Peritraumatic Neural Processing and Post-Traumatic Stress Disorder-like Symptoms
Julia A. Rattel, University of Salzburg, Austria
16:00 The Role of Childhood Trauma in Effects of Hydrocortisone on Autobiographical Memory Retrieval in Patients with Post-traumatic Stress Disorder and Borderline Personality Disorder
Sophie Metz, Charité University Medicine Berlin, Germany
16:15 Extinction Learning as a Predictor of PTSD Symptoms in a Sample of Firefighters
Miriam J.J. Lommen, University of Groningen, the Netherlands
16:30 Re-examining the Role of Extinction in Prolonged Exposure for Post-Traumatic Stress Disorder: Disaggregating Within-Patient and Between-Patient Effects of Session-to-Session Change
Allison Baier, Case Western Reserve University, USA

Skills Class 21 (German Language)
Level 3 – Room R4

Durchführung der "Liste prägender Bezugspersonen mit Übertragungshypothesen" für Patienten mit Misshandlungserfahrungen während des Kindesalters
Eva-Lotta Brakemeier, Philips-Universität Marburg, Deutschland

Friday 19th July

Skills Class 22
Level 3 – Room R5

“The Obstacle is the Path” – Flexibility and Form in Cognitive Behavior Therapy Supervision
Rita Wu & Michael Worrell, Central and North West London NHS Foundation Trust and Royal Holloway University, UK

Symposium 137
Level 3 – Room R6

Sex and Gender Differences in Body Image and Its Disorders
Convenor: Andrea Hartmann, Osnabrück University, Germany
Chair: Silja Voocks, Osnabrück University, Germany
15:30 Men, But Not Women, Show Self-Serving Double Standards in Body Evaluation
Mona Voges, Osnabrück University, Germany
15:45 Gender Effects in the Neural Bases of Body Aesthetic Appreciation
Cosimo Urgesi, University of Udine, Italy
16:00 Do Women and Men Differ in their Emotional Reactions to Body Checking? An Experimental Mirror Exposure Study
Julia Tarrick, Osnabrück University, Germany
16:15 Eating Disorder Symptoms and Proneness in Gay Men, Lesbian Women, and Transgender and Nonconforming Adults: Comparative Levels and a Proposed Meditational Model
Elizabeth Rieger, Australian National University, Australia
16:30 Differences in the Interaction of Body and Sexual Satisfaction Among Heterosexual, Bisexual and Lesbian Women
Silvia Moreno, University of Jaen, Spain

Open Papers 20
Level 3 – Room R7

Pregnancy, Family, and Relationships
Chair: Antje Horsch, University of Lausanne, Switzerland
15:30 Imagining and Remembering Childhood: A Prospective Study of Psychological Distress in First-Time Mothers
Lynn Ann Watson, Aarhus University, Denmark
15:45 Couple-Based Interventions during Pregnancy: Can they Prevent Depressive Symptoms across the Transition to Parenthood by Preserving Fair Dyadic Copping?
Fabienne Meier, University of Zurich, Switzerland
16:00 The Role of Acceptance in Psychological Well-Being of Parents whose Children Suffer from Cancer
Javier Lopez, University San Pablo CEU, Spain
16:15 Delivering Cognitive Behavioral Therapy via the Internet (Internet-Based Cognitive Behavioral Therapy) for Perinatal Anxiety and Depression: An Evaluation and Translation to Practice
Aleen Chen, University of New South Wales, Australia
16:30 Dysfunctional Beliefs, Caregiver Burden, Anxiety and Depression in Family Caregivers of Cancer Patients in Mexico
Ivonne Náñez-Pérez-Sánchez, National Council of Science and Technology, Mexico

Open Papers 21
Level 3 – Room R8

Information Processing Biases and Psychopathology
Chair: Charlotte Wittekind, Ludwig Maximilian University of Munich, Germany
15:30 Is Disruptive Worry Characterised by Mismatching of Attentional Bias to Variation in Controllability of Danger?
Jesse Geognudis, University of Western Australia, Australia
15:45 Trait Anxiety-Linked Impairment in Attentional Bias Alignment: An Eye-tracking Study
Matthew Herbert, University of Western Australia, Australia
16:00 Attentional Bias and its Temporal Dynamics among War Veterans Suffering from Chronic Pain: Investigating the Contribution of Post-traumatic Stress Symptoms
Masha Mazizi, Centre for the Advancement of Research on Emotion, Australia
16:15 Cognitive Biases in Depression: A Systematic Review and Meta-Analysis Based on Self-Report Questionnaires
Hes Nisto, Complutense University of Madrid (UCM), Spain
16:30 Does Memory Bias Predict Generic Psychiatric Symptoms and Dysfunction in Psychiatric Patients? Results of a Four-Year Longitudinal Naturalistic Cohort Study
Pascal Fleischmann, Radboud University, the Netherlands
26 Telehealth Parent Training for Children with Neurodevelopmental Disorder: Home-based Assessment for Behavior of Everyday Life
Natsumi Ishikawa, University of Tokyo Hospital, Japan

27 Telehealth Consultation and Parent-Implemented Social Skill Training in Children with Neurodevelopmental Disorder
Yuka Ishizuka, University of Tsukuba, Japan

28 The Bullying Phenomenon: Lack of Empathy or Cold Manipulation?
Stefania Rani, Università di Genova, Italy

29 How are Intercorrelations and Psychopathology Related in Childhood and Adolescence?
A Systematic Literature Review and Transdiagnostic Approach
Klaus Ranta, Helsinki University Hospital, Finland

30 The Effect of Intervention for Families of Individuals with Hikikomori (Prolonged Social Withdrawal)
According to Cognitive Behavioral Characteristics
Kota Mynsky, Waseda University, Japan

31 Pilot Evaluation of the Child and Parent Emotion Regulation (CAPER) Program for At-Risk Children with Symptoms of Disturbance Mood Dysregulation Disorder (DMDD)
Karin Korpas, Macquarie University, Australia

32 Cognitive Behavioral Therapy for Anxiety Disorders in Children with Autism Spectrum Disorder: A Randomized Controlled Trial
Tina R. Kilburn, Aarhus University Hospital, Denmark

33 Mechanisms of Behavioral Activation for Depressive Symptoms in Children: Comparison of Non- and Sub-Clinical Group in a Community Sample
Kohki Kihada, Osaka University, Japan

34 The Degree of Parental Influence on the Degree of Clarification of Children’s Values
Naoko Komyama, Waseda University, Japan

Shunsuke Kosuki, J. F. Oberlin University, Japan

36 Severity of Nonsuicidal Self-Injury, Emotion Regulation, and Suicidality: A Mediation Analysis
Laura Kraus, University of Koblenz-Landau, Germany

37 A Preventive School-Based Pilot-Intervention for Youth with Disruptive Behavior and Mild Intellectual Disabilities: A Small Sample Size Solution for a Challenging Population
Eva Kuhl, Utrecht University, the Netherlands

38 Alterations of Functional Brain Network After Group Cognitive-Behavioral Therapy for Adults with Attention-Deficit / Hyperactivity Disorder
Yutaka Kyuyari, National Hospital Organization Hizen Psychiatric Center, Japan

39 Therapist-Assisted Online Parenting Strategies (TOPS) Program for Parents of Adolescents Experiencing Clinical Anxiety or Depression
Katherine Lawrence, Monash University, Australia

40 Robot-Enhanced Interventions for Children with Autism Spectrum Disorders: The Results of an Effectiveness and Accommodability Study Across Eleven Special Education Settings
Shihui Ma, Babeş-Bolyai University, Romania

41 Cognitive Behavioral Characteristics Influencing Diet Behavior in Children
Kohto Misaki, Waseda University, Japan

42 Keep it Brief – Innovative Directions in Anxiety Prevention for Vulnerable Children in Disadvantaged South African Contexts
Naomi Myburgh, Stellenbosch University, South Africa

43 Development of Autism Social Skills Assessment for Parents, and a Test of its Reliability and Validity
Yo Nakano, Osaka University, Japan

44 Development and Initial Evaluation of REBTonAD - A Transdiagnostic Program for Anxiety and Depression Disorders in Youth
Costina-Ruxandra Pascaru, Babeş-Bolyai University, Romania

45 Adverse Effects of Psychotherapy in Children and Adolescents: A Systematic Review and Meta-Analysis
Linea Pretzmann, Child and Adolescent Mental Health Centre, Denmark

46 Improving Access to Evidence-Based Treatment for Anxiety and Depression in Adolescents: Development of a Brief Identification Tool
Jenna Redex, University of Reading, UK

47 Implementing CBT in Public Mental Health Services for Adolescents: Results from a Comprehensive Service Development Program in the Capital Area of Finland
Klaus Ranta, Helsinki University Hospital, Finland

48 The Moderating Role of Sleep in the Relationship Between Social Isolation and Internalising Problems in Early Adolescence
Stefania Rani, Università di Genova, Italy

49 Attention Deficit/Hyperactivity Disorder and Task-Related Heart Rate Variability: A Systematic Review and Meta-Analysis
Andreea Robe, Babeş-Bolyai University, Romania

50 Case Series Analysis: Effectiveness and Feasibility of a Low Intensity Sleep Intervention with Adolescents in a Secondary Mental Health Service
Becky Rolinson, Norfolk and Suffolk NHS Trust, UK

51 Efficacy of Cognitive-Behavioral Therapy (CBT) for Children with ADHD and with Emotion Dysregulation and/or Oppositional Defiant Disorder (ODD)
Takako Murakami, University of Tokyo Hospital, Japan

52 Investigating the Effectiveness of Disciplinary Strategies on Non-Compliance, Parent-Child Relationship and Individual Factors Involved
Georgiana-Maria Rusu, School of Cognitive Psychotherapy - SPC - Rome, Italy

53 Treating a Child With an Unspecified Eating Disorder: The Integration Between CBT and Positive Narrative Strategies
Chara Rumi, University of Bologna, Italy

54 Acceptability and Usefulness of Providing Feedback on Parenting in Web-Based Interventions
Wan Huo Sim, Monash University, Australia

55 Pathways to Perceived Stress in Caregivers of Individuals with Autism Spectrum Disorder: The Role of Behavioural Problems and Parental Mental Health Symptoms
Wei Jie Soh, Institute of Mental Health, Singapore

56 Development and Validation of the Korean Classroom Problem Behavior Scale – Elementary School Version (CPBS-E)
Wonyoung Song, Konkuk University, South Korea

57 Impact on Stress Response and Resilience of Cognitive Behavioral Technique in Adolescence
Takahito Takahashi, University of Miyazaki, Japan

58 The Relationship Between Foster Behavior and Job Satisfaction and Burnout of Workers in Japanese Social Care Institutions for Children
Ayako Takii, Hyogo University of Teacher Education, Japan

59 Effects of a Teacher’s Behavior-Specific Praise on the Academic Engagement of a Child with Autism Spectrum Disorder in a General Education Classroom
Masako Tanaka, Kwansei Gakuin University, Japan

60 Applying a Transdiagnostic Modular Approach to Treating Comorbid Posttraumatic Stress Disorder and Depression in Children’s Community Mental Health
Emilee H. Turner, University of Hawai‘i at Manoa, USA

61 On How the Heart Speaks, Emotion Dysregulation, Temperamental Vulnerability, and Parental Depression in Adolescents: Correspondence Between Physiological and Informant-Report Measures
Marie-Lotte Van Beveren, Ghent University, Belgium

62 A Meta-Analysis of the Worldwide Prevalence of Mental Disorders in Preschool Children
Mira Vasileva, University of Bremen, Germany

63 The Role of Parenting Practices in the Development of Internalizing Problems in Preterm Born Infants
Leonie Vreeke, Utrecht University, the Netherlands

64 Business as Usual? A Case Series to Illustrate Hypothesised In Which the Treatment of Emetophobia in Young People Should Differ from Standard CBT for OCD
Emilee H. Turner, University of Hawaii at Manoa, USA

65 The Bullying Phenomenon: Lack of Empathy or Cold Manipulation?
Stefania Rani, Università di Genova, Italy

66 The Association Between Parenting, Self-Compassion, Friendship and Depression in Chinese Adolescents
Noguchi Yuka, Hiroshima University, Japan

67 Telehealth Parent Training for Children with Neurodevelopmental Disorder: Intervention for Parent-Child Vocal Interaction
Junichiro Yamamoto, Keio University, Japan

68 The Effect of Emotional Regulation Skills Intervention for Adolescents’ Relationship
Mengya Zhao, University of Exeter, UK

69 The Relationship Between Parenting, Self-Compassion, Friendship and Depression in Chinese Adolescents
Noguchi Yuka, Hiroshima University, Japan

70 Adverse Childhood Experiences and Family Resilience Among Children with Autism Spectrum Disorder and Attention Deficit/Hyperactivity Disorder
Kim Zlomke, University of South Alabama, USA

71 Clinical Dissemination and Implementation of EBTs from the Ground Up: How to Develop a Multi-Disciplinary, Narrative Strategies
Max Supke, Technische Universität Braunschweig, Germany

72 Investigating the Effectiveness of Disciplinary Strategies on Non-Compliance, Parent-Child Relationship and Individual Factors Involved
Georgiana-Maria Rusu, School of Cognitive Psychotherapy - SPC - Rome, Italy

73 Pakistani Chapter to CBT at Crossroad: A Randomized Trial of a Group Self System Integrated Cognitive Behavioral Intervention and Mechanisms in Prevention of Major Depressive Disorder in At-Risk Sample of High School Adolescents
Naza Ishaq, Government College University Lahore, Pakistan
Family, Relationship & Sexual Issues

78 Marital Happiness Through “ifs” and “Buts”?: Is the Divorce Probability after 5 and 25 years Predictable on the Basis of Conjunction Usage in Marital Conflicts?
Max Supke, Technische Universität Carolo-Wilhelmina zu Braunschweig, Germany

79 Third Wave of CBT in Couple Therapy - An Overview
Kabriana Bartoslova, Masaryk University, Czech Republic

80 Dysfunctional Cognitive Beliefs as a Sustaining Factor of involuntary Cellibacy
Kabriana Bartoslova, Masaryk University, Czech Republic

81 Psychological Adjustment of Women who Gave Birth to Infants Adopted by Other Families: The Role of Openness of Adoption and Perceived Social Support
Scott Smith, Mercer University College of Health Professions, USA

82 Relationships and Couples Dynamics Within the Stages of Change model: Theoretical Considerations and Application of the Stages of Change Model Within Relationship Dysads. 1
Vandana Deshmukh, Holistic Clinical Psychology Services, Australia

83 The Mediator Role of Interpersonal Emotion Regulation Between Couple Satisfaction and Intrapersonal Emotion Regulation, Attachment Style, and Cognitive Empathy
Ionut Stelian Florea, Babes Bolyai University, Romania

84 Value of Sexuality and Intimacy in Later Life: A Qualitative Pilot Study
Gabriela Gore-Gonzalez, Jagellonian University, Poland

85 “Yuck, they Are Kissing!”: Disgust Towards Sex-Relevant and Sex-Irrelevant Stimuli Across Different Stages of Adolescence and Its Implications for Sexual DysFunctioning
Jessica Heinmann, University of Groningen, the Netherlands

86 Would I Stay, or Would I Go? The Impact of Context, Bodily Sensations, and Sex on Approach and Avoidance Tendencies
Leanne Kane, University of Ottawa, Canada

87 The Association Between Ambiguous Loss on Positive Parenting Behavior in North Korean Defector Mothers: Sequential Mediating Effects of Depression and Parenting Stress
Kyonggah Kim, Sunghyunkwan University, South Korea

88 Elements of Mindful Parenting Related to Mothers’ Stress Response and Childcare Happiness
Yuki Mizusaki, Kwansei Gakuin University, Japan

89 What Happens When you Throw Cognition in the Mix? A Bigger Picture for Female Orgasm
Cátia Oliveira, Universidade Lusófona do Porto and Cuf Porto Hospital, Portugal

90 What Makes the Difference Between Female Orgasmic Experiences? Analyzing the Differences Between Multi-Orgasmic, Single-Orgasmic and Anorgasmic Women
Cátia Oliveira, Universidade Lusófona do Porto and Cuf Porto Hospital, Portugal

91 Socialdemographic and Biopsychosocial Factors in Women with Sexual Pain
Cátia Oliveira, Universidade Lusófona do Porto and Cuf Porto Hospital, Portugal

92 Validation of the Significant Other Response to Sexual Pain Scale in Portugal
Cátia Oliveira, Universidade Lusófona do Porto and Cuf Porto Hospital, Portugal

93 Association Between Sexual Beliefs and Sexual Functioning
Patricia M. Pascoel, OCPS, University of Lisbon and Universidade De Lusofona de Humanidades e Tecnologias, Portugal

94 Cost or Benefit? The Relation of Helping and Well-Being
Marcia Pinner, University of Basel, Switzerland

95 A Schema-Based Model of Factitious Child-Parent Attachment Suppression (Parental Alienation Syndrome) in Parents with Cluster B Personality Traits: A Theoretical Model Based on Case Studies from Clinical Practice and the Literature
Florian Ruthe, South London and Maudsley NHS Trust, UK

96 CBT-Based Online Self-Help Program for People who Have Sexual Interest in Children
Nina Vajaran-Valkonen, Save the Children, Finland

97 Psychosocial Support for Male Partners of Women Admitted to Mother and Baby Units
Anja Wiltkowski, University of Manchester, UK

98 The Influence of Parental Cognitive Features on Child-Rearing Behavior
Haruna Yoshida, Waseda University, Japan

99 The Effect of Mindfulness Interventions on the Parenting Stress of Mothers of Children with Developmental Disabilities
Mayui Yoshiko, Kwansei Gakuin University, Japan

100 Online Couple and Family Therapy Demands New Concepts and Considerations
Aron Rabin, Private Practice, Israel

Invited Addresses 4 (1700-1800)

Invited Address 23
Level 1– Room A1
Emotion Regulation in Adolescents and Adults with Autism and Neurodevelopmental Disorders: Mindfulness and Other Modifications to Enhance Cognitive Behavior Therapy Effectiveness
Carla Mazefsky, University of Pittsburgh, USA
Chair: Shirley Reynolds, University of Reading, UK

Invited Address 24 (German Language)
Level 1– Room A2
Achtsamkeit, Mitgefühl & Co: Psychopathologie und Training des sozialen Gehirns
Philipp Kanske, Technische Universität Dresden, Deutschland
Chair: Jürgen Hoyer, Technische Universität Dresden, Deutschland

Invited Address 25
Level 1– Room A3
Bipolar Disorder in Youth: An Early Intervention Approach
David Miklowitz, University of California, USA
Chair: Steve Jones, University of Lancaster, UK

Invited Address 26
Level 1– Room A4
Adapting CBT to Help Millions in Low and Middle Income Countries
Richard Bryant, University of New South Wales, Australia
Chair: Emily Holmes, Uppsala University, Sweden

Invited Address 27
Level 1– Room A5
Cognitive-Behavioral Approaches to Social Anxiety: Our Growing Edges
Debra A. Hope, University of Nebraska-Lincoln, USA
Chair: Jung-hye Kwon, Korea University, South Korea

Invited Address 28
Level 1– Room A8
Adaptation and Compassion Focused Therapy
Paul Gilbert, University of Derby, UK
Chair: Susan Bögels, University of Amsterdam, the Netherlands

Invited Address 29
Level 1– Room A7
Developing Transdiagnostic CBT Treatments for Better Practice
Allison Harvey, University of California, USA
Chair: Ed Watkins, University of Exeter, UK

Invited Addresses 4 (1700-1800)
Saturday 20th July

Symposium 140
Level 1 – Room A1
Studying Processes of Change in Transdiagnostic Treatments – Current Evidence and Future Directions
Convenor: Johanna Boettcher, Freie Universität Berlin, Germany
Chair: Babette Renneberg, Freie Universität Berlin, Germany
08:30 Process-Based CBT: Theory and Implications for Treatment
Stefan Hofmann, Boston University, USA
08:45 Personalized Psychotherapy. Prediction and Moderation of Improvement in Standard CBT versus Transdiagnostic CBT for Emotional Disorders
Anita Eskildsen, Aarhus University Hospital, Denmark
09:00 Mechanisms of Change in Transdiagnostic Treatment
Morten Hvenegaard, University of Copenhagen, Denmark
09:15 About Dealing with Difficult Emotions: Mediators of Change in a Transdiagnostic, Internet-Based Treatment
Johanna Boettcher, Freie Universität Berlin, Germany
09:30 The HARMONIC Trial: A Transdiagnostic Modular Approach to Mood and Anxiety Disorders
Melissa Black, Cambridge University, UK
09:45 Discussant
Babette Renneberg, Freie Universität Berlin, Germany

Symposium 141
Level 1 – Room A2
Implementing Dialectical Behavior Therapy in Routine Clinical Practice: Outcomes and Sustainability
Convenor & Chair: Michaela Swales, Bangor University, UK
08:30 Predicting Implementation Outcomes in NHS Mental Health Systems: A Case-Study
Michaela Swales, Bangor University, UK
08:45 Patient Variables at Baseline as Predictors of Outcomes of Dialectical Behaviour Therapy for Adults with a Diagnosis of Borderline Personality Disorder
Jim Lyng, Trinity College, Ireland
09:00 DBT on the DBT Therapist: Researching DBT Consultation Team
Amy Gaglia, Bangor University, UK
09:15 Targeted Implementation of DBT Steps A (DBT-SA) in Schools: Challenges and Outcomes of Working with Peripatetic Counselling Services Across Different Sites
Graeme Ramage, Bangor University, UK
09:30 Sustainability of DBT in Routine Clinical Practice: What Do we Know?
Michaela Swales, Bangor University, UK

Panel Discussion 13
Level 1 – Room A3
(In)Appropriate Approaches to Cognitive Behavior Therapy for Obsessive Compulsive Disorders
Convenor: Adam Radomsky, Concordia University of Montreal, Canada
Chair: Christine Purdon, University of Waterloo, Canada
Discussants:
Christine Purdon, University of Waterloo, Canada
Adam Radomsky, Concordia University of Montreal, Canada
Roz Shafran, University College London, UK
Philip Tata, British Association for Behavioural and Cognitive Psychotherapies, UK

Symposium 142
Level 1 – Room A8
Cross-Cultural Issues in Applying Cognitive Behavioral Therapy in Asian Countries I
Convenor: Younghee Choi, Metta Institute and Inje University, South Korea
Chairs: Younghee Choi, Metta Institute and Inje University & Jung-Hye Kwon, Korea University, South Korea
08:30 Implementing Cognitive Behavior Therapy in Japanese Clinical Practice: Bridging the Gap Between Research and Practice
Atsuo Nakagawa, Keio University School of Medicine, Japan
08:50 Introduction of Cognitive Behavior Therapy in China
Ning Zhang, The Affiliated Brain Hospital of Nanjing Medical University, China
09:10 Cross-Cultural Features in Applying Cognitive Behavior Therapy in Korea
Younghee Choi, Metta Institute and Inje University, South Korea
09:30 Cognitive Behavior Therapy in Singapore
Catherine So-Kum Tang, National University of Singapore, Singapore
Saturday 20th July

19 Early Maladaptive Schemas in Relation to DSM-V Pathological Personality Traits and Internal Dialogicality
Margareta Lyckas, The John Paul II Catholic University of Lublin, Poland

20 Patient and Public Involvement in a Service Evaluation of CBT-Based Interventions
Rachel Maciag, Cambridge and Peterborough NHS Foundation Trust, UK

21 Examining the Experiences and Views of Non-Qualified Staff Delivering Cognitive Behavioural Therapy-Based Interventions
Rachel Maciag, Cambridge and Peterborough NHS Foundation Trust, UK

22 Smartphone CBT-Based Ecological Momentary Interventions to Improve Mental Health
Martina Mancini, University of Zurich, Switzerland

23 “Leave the Anger Behind Bars” – Computerized CBT for Excessive Anger in Prisoners – Preliminary Report
Dragana Markovic, Croatian Association for Behavioral Cognitive Therapies, Croatia

24 Success: Beliefs and Behaviors- The Importance of Resigning Success
Renata Melo, Universidade Aberta Portugal, Portugal

25 Alcohol Intoxication Impairs the Bystander Risk Detection in a Hypothetical Sexual Assault: A Field Investigation
Alfa Mobley, University of Arkansas, USA

26 New Approach to Assessing the Influence of the Surrounding Architectural Enclosed Space on Human Mental Activity
Ulona Moskutina, Belgorod State National Research University, Russia

27 The Reliability and Validity of the Korean Version of the State Mindfulness Scale
Seunghye Noh, Yeungnam University, South Korea

28 Divided Psychotherapy and the Internet: Integration Using Hybrid Models
Lat Norman, The Open University of Israel and Private Practice, Israel

29 Autonomous Cars: New Territory for CBT Interventions
Amir Firoz, Private Practice, Israel

30 Which Emotional Processes are Impaired in Affective Disorders? A Comparison Between a Clinical and a Non-Clinical Sample
Ana Nunes da Silva, University of Lisbon, Portugal

31 Alexithymia and Change Process: Two Case Studies
Ana Nunes da Silva, University of Lisbon, Portugal

32 Validation of the German Young Positive Schema Questionnaire (YPSQ) and the Positive Schema-Dominance Network in the General Population and Psychiatric Patients
Andreas Paetsch, Max Planck Institute of Psychiatry (First Author), Germany

33 A Case for Compassion: Development of a Compassion-Focused Therapy Group for People with Moderate to Severe Mental Health Difficulties
Katherine Parkin, Cambridge Adult Mental Health Locality Team, UK

34 The Conscious and Unconscious in Aaron T. Beck’s Cognitive Theory – A Historical Perspective
Monika Romanowska, University of Gdansk, Poland

35 Targeting Procrastination Using Psychological Treatments: A Systematic Review and Meta-Analysis
Alexander Rozental, Karolinska Institutet, Sweden

36 Changes in the Social Mind Through Therapy for OCD
Makie Salazar Kämpf, Leipzig University, Germany

37 Effectiveness of Treatment with Hypnosis and Catalepsy in Patients with Conversion Disorder
Judith Schaan, Expertise Converse, the Netherlands

38 Anger in Chronic Pain: The Role of Self-Compassion
Ana Carina Schmitt, University Koblenz-Landau, Germany

39 Personalized Lifestyle Advice Alters Affective Reactivity in Anhedonic Young Adults
Anja Carina Schmitt, University Koblenz-Landau, Germany

Patrycja Gajda, University of Warsaw, Poland

41 Developing an Instrument to Assess Symptom Networks and Functional Relations for Individual Case Conceptualization with Experience Sampling Method: A Pilot Study
Saska Scholten, University Koblenz-Landau, Germany

42 Automating the Identification of Sudden Gains Within Psychological Therapy Datasets: A New R Package
Graham Thew, University of Oxford, UK

43 Revamping Services: The Effectiveness of a Brief CBT-Based ‘Initial Intervention’ for New Clients Delivered by Junior Staff
Emma Travers-Hill, Kent and Medway NHS and Social Care Partnership Trust, UK

44 Activating Resilience - The Personal Model of Resilience
Philipp Victor, Witten/Herdecke University, Germany

45 Intentional Behavior and the Quality and Avoidance of Social Interactions
Jeanette Villanueva, University of Basel, Switzerland

46 A Personalized Approach to Health Using Machine Learning Techniques of Multimodal Lifelog Data
Tetsuya Yamamoto, Tokushima University, Japan

47 Does Dysfunctional Pride Lead to Impaired Performance on Analytic Task and Increase Risky Behaviour? A Systematic Review
Matteo Zucca, University of Sydney, Australia

48 A Systematic Review of the Psychometric Properties of Death Anxiety Self-Report Measures
Elena Zucca, University of Sydney, Australia

49 Detecting Distress in Adolescents and Young Adults Using Big Data Analysis of Social Media
Stephanie Schmidt, University of Bern, Switzerland

50 A Blended Psychological Resilience Training: Conceptualization and Pilot Results
Elija Isoli, Eckhardt, Deutsches Resilienz Zentrum (DRZ), Germany

51 Self-Compassion Interventions and Psychosocial Outcomes: A Meta-Analysis of RCTs
Madeleine Ferrati, University of Sydney and Australian Catholic University, Australia

52 Digital Assessment in Dance Movement Therapy as Part of a Creative Arts Therapies Participatory Assessment Approach
Lily Martin, Alans University, Germany

Saturday 20th July

53 Psychotraumatization and Treatment of Posttraumatic Stress Disorder in Patients with Newly Diagnosed Breast Cancer
Sanda Anton, University Hospital Osijek, Croatia

54 Using Mixed Methodology in Nosological Research: The Case of Moral Injury
Andrea Ashbaugh, University of Ottawa, Canada

55 Cognitive Behavioral Therapy in Agoraphobia and Posttraumatic Stress Disorder: A Case Study
Nadie Atas, Istanbul Kultur University, Turkey

56 Sleep as Predictor of Intraoperative Symptoms?
Yasminie Azza, University of Zurich, Switzerland

57 Changes in Intraoperative Uncertainty During Inpatient Treatment for Posttraumatic Stress Disorder
David Berte, University of Technology Sydney, Australia

58 Reductions in Intraoperative Memory Frequency for Anaglogue Trauma Following Cognitive Task Engagement
David Berte, University of Technology Sydney, Australia

59 Resilient Program, a Therapist Assisted Online Intervention to Promote Resilience After a Disaster – The Therapists’ Experiences
Vera Beles, Yeshiva University, USA and Laval University, Canada

60 Perceived Injustice Mediates the Relationship Between Trauma Type and PTSD Symptoms
David Berte, University of Technology Sydney, Australia

61 Developing Integrated Treatment Platforms for At-Risk Sexual Minority Men
Michael Bunchous, University of Windsor, Canada

62 Treating Adults with Childhood Trauma: Patients Talk About Their Treatment Experience when Receiving Trauma Focused Therapy Without Stabilization
Katrina Boterhoven de Haan, University of Western Australia, Australia

63 The Effectiveness of Cognitive Behavioral Therapy on the Treatment of Post-Traumatic Stress Disorder
David Berte, University of Technology Sydney, Australia

64 An Overview of Reviews on Resistance and Protective Factors in Post-Traumatic Stress Disorder
Monika Romanowska, University of Gdansk, Poland

65 Investigating Trauma Processing; the Development of Data-Driven Processing and its Impact on Cognition.
John-Paul Corrigan, Northern Health and Social Care Trust, UK

66 Reduced Gray Matter Volume in the Left Prefrontal, Occipital, and Temporal Regions as Predictors for Posttraumatic Stress Disorder: A Voxel-Based Morphometric Study
Jan Christoph Cwik, Universität zu Köln, Germany

67 Is Written Trauma Exposure Effective in Reducing Symptoms of Posttraumatic Stress in Adults? A Systematic Review
Rachelle Dawson, Australian National University, Australia

68 Mothers’ Emotions After Pediatric Burn Injury: Longitudinal Associations with Posttraumatic Stress- and Depressive Symptoms
Marie Egberts, Association of Dutch Burn Centers and Utrecht University, the Netherlands

69 Fear Conditioning Generates Intrusive Memories - A Study of the Impact of Social Support Interactions on Conditioned Threat
Lisa Espinosa, Karolinska Institutet, Sweden

70 Fear Conditioning as an Explanation for Intrusive Memories: An Experimental Study
Lala K. Franke, University of Salzburg, Austria

71 Is it Possible to Introduce Effective PTSD Prevention Program for Firefighters?
Manjili Gajp, University of Warsaw, Poland

72 Perfectionism and Worry as Moderators for the Relationship Between Obsessive-Compulsive and Posttraumatic Stress Symptoms
Sydney Hirst, Vancouver Island University, Canada

73 The Role of Gender, Negative Appraisals, and Perceived Social Support in the Emergence of Posttraumatic Stress Symptoms
Sydney Hirst, Vancouver Island University, Canada

128 128
Saturday 20th July

Morning In-Congress Workshops (10.15 - 13.45)

In-Congress Workshop 26
Level 3 – Room R6
Compassion-Focused and Vulnerability Training for Gender and Sexual Minority Clients
Matthew Skirta, Independent Practice, USA

In-Congress Workshop 27
Level 3 – Room R6
The Willpower Workshop: Seven Steps to Sustaining Therapeutic Change
Frank Ryan, Imperial College London, UK

In-Congress Workshop 28
Level 3 – Room R7
Brief Behavioural Activation (Brief BA) for Adolescent Depression
Laura Pass & Shirley Reynolds, University of Reading, UK

In-Congress Workshop 29
Level 3 – Room R6
Comprehensive Behavioral Intervention for Tics
Douglas Woods, Marquette University, USA & Matthew Caprorti, San Jose State University, USA

In-Congress Workshop 30
Level 3 – Room R6
Schema Therapy for Chronic Depression
Alexandra Schosser, BBQC-Med and Medical University Vienna, Austria

In-Congress Workshop 31
Level 3 – Room R10
Inference-Based Therapy for Obsessive Compulsive Disorders
Kieron O'Connor, University of Montreal, Institute of Mental Health, Canada & Henny Visser, Marina de Wolf Centre, the Netherlands

In-Congress Workshop 32
Level 3 – Room R11
iMAgery Focused Therapy for Psychosis (iMAPS)
Christopher Taylor, Pennine Care NHS Foundation Trust and University of Manchester, UK

In-Congress Workshop 33
Level 3 – Room R13
From Critical Self to Compassionate Self: A Self-Practice/Self-Reflection Workshop for Therapists
James Bennett-Levy, University of Sydney, Australia

In-Congress Workshop 34 (German Language)
Level 3 – Room St.
Lebensrückblickinterventionen mit Älteren
Barbara Rabaioli-Fischer, Psychotherapeutische Praxis, Deutschland

(10.30 - 12.00)

Symposium 157
Level 1 – Room A4
What Works Under which Circumstances: Personalizing Treatments from a Differential Prediction and Network Perspective
Convenor & Chair: Wolfgang Lutz, University of Trier, Germany
Co-Chair: Zachary Cohen, University of California, USA
10:30 The Stratified Medicine Approaches for Treatment Selection (SMART) Mental Health Prediction Tournament: How Advances in Statistical Approaches to Predictive Modeling can Improve Mental Health Outcomes
Zachary Cohen, University of California, USA
10:50 Network Models for Clinical Practice?
Laura Bringmann, University of Groningen, the Netherlands
11:10 Individual Treatment Selection in Routine Care: Development of a Machine-learning-based Algorithm
Brian Schne, University of Trier, Germany
11:30 Discussant
Stefan Hoffmann, Boston University, USA

Symposium 158
Level 1 – Room A2
Pharmacological Enhancement of Psychological Treatments
Convenor & Chair: Marcel van den Hout, Utrecht University, the Netherlands
10:30 Pharmacological Manipulation of Reconsolidation in Humans: Promises and Pitfalls
James Elsey, University of Amsterdam, the Netherlands
10:45 The Effects of Yohimbine on the Degrading Effects of Eye Movements on Autobiographical Memories
Marianne Littel, Erasmus University, the Netherlands
11:00 Boosting Memories: The Effects of Yohimbine on the Salience of Positive Autobiographical Memories
Susanne van Veen, Utrecht University, the Netherlands
11:15 The Effect of Cortisol Administration on Exposure Treatment Generalization in Spider Phobia
Armin Zlomuzica, Ruhr-University Bochum, Germany
11:30 Discussant
Meni Kelti, University of Amsterdam, the Netherlands

Symposium 159
Level 1 – Room A3
No Pain, No Gain? Are Negative Effects an Inevitable Part of Psychotherapy?
Convenor: Jan Philipp Klein, University of Lübeck, Germany
Chair: Ger Keijers, Radboud University Nijmegen, the Netherlands
10:30 Assessing the Unwanted: Detecting and Monitoring Negative Effects of Psychological Interventions
Philipp Hetzog, Marburg University, Germany
10:50 The Negative Effects Questionnaire: Psychometric Properties of an Instrument for Assessing Negative Effects in Psychological Treatments
Alexander Rosental, Karolinska Institutet, Sweden
11:10 Care Dependency in Psychotherapy: Results of a Longitudinal Study of Patients with Personality Disorders
Naline Geurtzen, Radboud University Nijmegen, the Netherlands
11:30 The iCARE*MDD-Study: Investigating Care Dependency and Its Relation to Outcome in Patients with Depressive Disorders
Sarah Granet, University of Lübeck, Germany

Symposium 160 and Plenary Address
Level 1 – Room AJ
Cross-Cultural Issues in Applying Cognitive Behavioral Therapy in Asian Countries II
Convenor: Younghoo Choi, Mettaa Institute and Inje University, South Korea
Chair: Younghoo Choi, Mettaa Institute and Inje University, South Korea and Jung-Hye Kwon, Korea University, South Korea
10:30 Invited Plenary Address
Integrating CBT, Schema Therapy and Mindfulness into a Trans-Diagnostic Self-Healing Programme: An Asian Perspective
Younghoo Choi, Mettaa Institute and Inje University, South Korea
Chair: Jamal Chiboub, Moroccan Association for Behavioural and Cognitive Therapies
11:00 Cognitive Behaviour Therapy in Malaysia: Current Trends (2015-2019) and Future Pathways
Firdaus Mukhtar, Universiti Pitas Malaysia, Malaysia
11:15 Current Status of Cognitive Behavior Therapy Practice, Training and Research in Bangladesh
Shahzadi Hussain, University of Dhaka, Bangladesh
11:30 Adapting Cognitive Behavior Therapy Within a Multidimensional Indian Context: Issues & Challenges in Practice, Research and Training
Nirmala Kumar, Shree Guru Gobind Singh Tricentenary University Gunugram, India
11:45 Cross-Cultural Issues in Applying Cognitive Behavior Therapy in Pakistan
Muhammad Irfan, Riphah International University, Pakistan

Symposium 161
Level 1 – Room A1
When the Experts are Stretched: What can be Learned from Challenging Obsessive-Compulsive Disorder Presentations
Convenor & Chair: Maureen Whittal, Vancouver CBT Centre and University of British Columbia, Canada
10:30 “Do I love him? I don’t trust him”: Treating Relationship Obsessive Disorder (ROCD) with Obsessive Trustor
Guy Doron, Baruch Ivor School of Psychology, Israel
10:45 Interventions with Sexual Imagery in Obsessive Compulsive Disorder
David Veale, King’s College London and South London and Maudsley Trust, UK
11:00 The Intersection of Contact and Mental Contamination in OCD: A Cognitive Construal and Therapy
Eitan Radozinsky, Concordia University of Montreal, Canada
11:15 Why the Diagnosis of OCD is Best Considered a Final Common Pathway: Convergence in Topography Can be Understood in terms of Psychological Processes
Paul Salkovskis, University of Oxford, UK
11:30 Discussant
Roy Shattah, University College London, UK
Saturday 20th July

Symposium 162
Level 3 – Room M1
Exposure-Based Treatments for Youth Psychopathology: Enhancing Outcomes and Broadening Reach
Through Basic and Applied Clinical Research
Convenor & Chair: Allison Waters, Griffith University, Australia
10:30 Optimising Exposure for Children and Adolescent Anxiety: A Systematic Review and Empirical Study
Lara Farrell, Griffith University, Australia
11:00 Exposure-Based Cognitive Behavioral Therapy for Severe Irritability in Youth: Theory, Mechanisms, and Outcomes
Katharina Kircanski, National Institute of Mental Health, USA
11:15 Enhancing Exposure-Based Treatments for Anxious Youth: Strengthening Attention Regulation During Fear Extinction Experiments and Exposure Therapy
Allison Waters, Griffith University, Australia
11:30 Discussant
Michelle Craske, University of California, USA

Symposium 163
Level 3 – Room M2
New Ways to Improve and Understand the Effectiveness of Contemporary Cognitive Behavioral Therapy and Interpersonal Psychotherapy for Depression: Results from Two Large-Scale Randomized Trials
Convenor: Lotte Lemmens, Maastricht University, the Netherlands
Chair: Fenek Peeters, Maastricht University Medical Centre, the Netherlands
10:30 (Long-term) Outcomes of Acute Treatment with Cognitive Therapy vs. Interpersonal Therapy for Adult Depression: Results of a Randomized Controlled Trial
Lotte Lemmens, Maastricht University, the Netherlands
10:45 Versus Once-Weekly Sessions of Cognitive Therapy and Interpersonal Therapy for Depression: Results from a Randomized Multicenter Trial
Sanne Bruijniks, Vrije Universiteit Amsterdam, the Netherlands
11:00 A Prognostic Index for Long-Term Outcome After Successful Acute Phase Cognitive Therapy and Interpersonal Psychotherapy for Major Depressive Disorder
Suzanne van Broneveik, Maastricht University, the Netherlands
11:15 Does Psychological Process Change During Psychotherapy Predict Long-Term Depression Outcome After Successful CT or IPT? Results from a Randomized Trial
Marcus Hubers, Vrije Universiteit Amsterdam, the Netherlands, and University of Pennsylvania, USA
11:30 Discussant
Robert De Rubeis, University of Pennsylvania, USA

Symposium 164
Level 3 – Room M3
Parenting and Translational Approaches to Child Conduct Problems: A Focus on Emotion
Convenor & Chair: David Hawes, University of Sydney, Australia
10:45 Gene and Temperament-Based Moderators of Parenting Interventions for Child Disruptive Behavior: Evidence from a Randomized Trial of the Incredible Years Program
Carolin Overbeek, University of Amsterdam, the Netherlands
11:00 What Do We Know About the Children Whose Callous and Unemotional Traits Respond Well to Parenting Intervention?
David Hawes, University of Sydney, Australia
11:15 Callous-Unemotional Traits and Parental Mind-Mindedness Among Families of Young Children with Conduct Problems: An Observational Study
Carm Fisher, University of Sydney, Australia
11:30 Discussant
Mark Oudshoorn, University of Sydney, Australia

Symposium 165
Level 3 – Room M4
Recent Developments in the Study of the Vulnerability to and Prevention of Depression
Convenor & Chair: Ragnar Olafsson, University of Iceland, Iceland
Chair: Ernst Koster, Ghent University, Belgium
10:30 The Habit-Goal Framework of Depressive Rumination: Results from a Student Sample
Ragnar Olafsson, University of Iceland, Iceland
10:45 Habit-Goal Framework of Depressive Rumination: Results from a Student Sample
Ragnar Olafsson, University of Iceland, Iceland
11:00 Temperament in Remitted Depression: The Role of Effortful Control and Attentional Mechanisms
Igor Morchetti, University of Trieste, Italy
11:15 Cognitive Control Training and Relapse Prevention in Depression
Nathan Van den Bergh, Ghent University, Belgium
11:30 Discussant
Ed Watkins, University of Exeter, UK

Symposium 166
Level 3 – Room M5
The Effects of Neurostimulation on the Extinction of Fear
Convenor & Chair: Andreas Burger, Catholic University Leuven, Belgium
10:30 Vagus Nerve Stimulation Enhances Extinction and Reduces Anxiety in Animal Models
Christa McVey, University of Texas, USA
Christoph Szeszka, University of Greifswald, Germany
11:00 Effects of Non-Invasive Vagus Nerve Stimulation on Generalization and Extinction of Fear
Andreas M. Burger, Catholic University Leuven, Belgium
11:15 Testing the Effects of Transcutaneous Vagus Nerve Stimulation on Reversal Learning and its Underlying Working Mechanism
Martina D’Agostini, Catholic University Leuven, Belgium
11:30 Modulation of Fear Extinction by Non-Invasive Brain Stimulation
Martin Hermann, Universitätsklinikum Würzburg, Germany

Panel Discussion 14
Level 5 – Room M6
Where in the World Are We in the Treatment of Youth Anxiety Disorders?
Convenor & Chair: Sandra Pimentel, Montefiore Medical Center and Albert Einstein College of Medicine, USA
Discussants:
Anne Marie Albano, Columbia University Medical Center, USA
Anne C. Miers, Leiden University, the Netherlands
Jennifer Macquaire, University Australia

Symposium 167
Level 3 – Room M7
In Search for Self-Care: Non-Suicidal Self-Injury in Eating Disorders and Obesity
Convenor & Chair: Laurence Claes, University of Leuven, Belgium
10:30 Non-Suicidal Self-Injury Along the Eating Disorder Spectrum in Community Adolescents: Prevalence, Functionality, and Symptomatology
Tine Suetens, Catholic University Leuven and University Antwerp, Belgium
10:45 Non-Suicidal Self-Injury in Female Patients with an Eating Disorder: Prevalence, Functionality, and Symptomatology
Laurence Claes, Catholic University Leuven and University Antwerp, Belgium
11:00 Eating Disorder Males and Non-suicidal Self Injury: Associated Clinical Traits and Therapy Response
Fernando Fernandez-Aranda, Bellvitge University Hospital and Spanish Biomedical Research Centre in Physiopathology of Obesity and Nutrition, Spain
11:15 Life-Time Non-Suicidal Self-Injury in Bariatric Surgery Candidates
Astrid Müller, Hannover Medical School, Germany
11:30 Discussant
Astrid Müller, Hannover Medical School, Germany

Symposium 168
Level 3 – Room M8
Memory Therapeutics: Disruptions in Autobiographical Memory Associated with Emotional Disorders and Their Improvement Through Intervention
Convenor: Tom Barry, The University of Hong Kong, Hong Kong, and King’s College London, UK
Chair: Karen Salmon, Victoria University of Wellington, New Zealand
10:30 An Individual Patient Data Meta-Analysis of the Role of Autobiographical Memory in Treatment Response to Cognitive Behavioural Therapies
Caitlin Hitchcock, University of Cambridge, UK
10:45 The Transportability of Memory Specificity Training (MeST): Adapting an Intervention Derived from Experimental Psychology to Routine Clinical Practices
Tom Barry, The University of Hong Kong and King’s College London, UK
11:00 Results from an RCT of Automated, Computerised Memory Specificity Training for Major Depressive Disorder (C-MeST)
David Halford, Deakin University, Australia

11:15 Harnessing Mental Imagery and Enhancing Memory Specificity: Developing a Brief Early Intervention for Adolescent Depression
Victoria Pile, King's College London, UK

11:30 Discussant
Karen Santos, Victoria University of Wellington, New Zealand

**Symposium 169**

**Level 3 – Room P2**

**Transdiagnostic Applications of Mental Imagery Based Interventions Targeting Motivation, Decision Making and Behaviour**
Convener and Chair: Fritz Renner, University of Freiburg, Germany

- **10:30** Reward vs. Effort Information Processing: The Impact of Presentation Order on Memory, Judgment and Behaviour
  Jule Lin J, The University of Western Australia, Australia

- **10:45** Mental Imagery as a “Motivational Amplifier” for Planned Activities
  Fritz Renner, University of Freiburg, Germany

- **11:00** Enhancing Motivation Through Imagery: Functional Imagery Training
  David Kavanagh, Queensland University of Technology, Australia

- **11:15** Imaginotor: Results from a Treatment Development Study of an Imagery-Based Intervention Supporting Young People Who Self-Harm
  Linda Soltzing, University of Plymouth, UK

- **11:30** Functional Imagery Training for Weight Loss, Quantitative and Qualitative Findings from a Randomized Controlled Trial
  David Kavanagh, Queensland University of Technology, Australia

- **11:45** Discussant
  David Kavanagh, Queensland University of Technology, Australia

**Skills Class 28**

**Level 3 – Room P3**

Learning How to Feel Good: An Introduction to Augmented Depression Therapy
Barney Dunn, University of Exeter, UK

**Open Papers 29**

**Level 3 – Room S3**

**Transdiagnostic Perspectives**
Chair: Dirk Adolph, Ruhr-Universität Bochum, Germany

- **10:30** Differentiating Healthy from Strained and Depressed from Anxious – A Symptom Based Transdiagnostic Research Domain Criteria (RDc) Approach Towards the Internalizing Disorders of Personality Functioning and Maladaptive Traits as Transdiagnostic Moderators of Psychopathology and Targets for Clinical Intervention
  Andre Kerber, Freie Universität Berlin, Germany

- **10:45** New Developments in ICD-11 and DSM-5: Personality Functioning and Maladaptive Traits as Transdiagnostic Moderators of Psychopathology and Targets for Clinical Intervention
  Candice Powell, The Chinese University of Hong Kong, China

- **11:00** A Brief Transdiagnostic Group (the Take Control Course) Compared to Individual Low-Intensity Cognitive Behavior Therapy for Depression and Anxiety: A Randomized Non-Inferiority Trial
  Lotte Morns, University of Salford, UK

- **11:15** A Locally Adapted Variant of Group Unified Protocol (UP) for Chinese Adults: A Randomized Controlled Trial
  Santiago Zarate-Guerrero, Universidad de los Andes, Colombia

- **11:30** Effects of Specific Modules of the Unified Protocol in Transdiagnostic Processes of Patients with Emotional Disorders
  Merve Yilmaz, University of Exeter, UK

**Invited Addresses 5 (12.00 – 13.00)**

**Invited Address 30**

**Level 1 – Room A2**

Improving Cognitive Behavior Therapy Interventions for Young People with Anxiety Disorders
Jennie Hudson, Macquarie University, Australia

- **Chair:** Ulrich Stangier, Goethe Universität, Deutschland

**Invited Address 31 (German Language)**

**Level 1 – Room A3**

Moderne Kognitive Verhaltenstherapie
Stefan G. Hofmann, Boston University, USA

- **Chair:** Silvia Schneider, Ruhr-Universität Bochum, Germany

**Invited Address 32**

**Level 1 – Room A4**

Personalizing Cognitive and Behavioural Treatments for Depression: The Crossroads of Basic and Applied Research
Kate Harkness, Queen's University, Canada

- **Chair:** Michelle Moulds, University of New South Wales Sydney, Australia

**Invited Address 33**

**Level 1 – Room A5**

Realising the Mass Public Benefit of Evidence-Based Psychological Therapies
David M. Clark, University of Oxford, UK

- **Chair:** Michelle Moulds, University of New South Wales Sydney, Australia

**Invited Address 34**

**Level 1 – Room A1**

Pros and Cons of Transdiagnostic Thinking: Examples from the Eating Disorder Field
Kelly Remus Vitousek, University of Hawaii, USA

- **Chair:** Caroly Becker, Trinity University, USA

**Skills Class 29 (German Language)**

**Level 3 – Room R12**

Persönliche Werte klären
Jürgen Hoyer, Technische Universität Dresden, Deutschland

**Skills Class 30**

**Level 3 – Room S2**

Incorporating Cognitive Behavior and Dialectical Behavior Therapy for the Treatment of Eating Disorders.
Fragiskos Gontidakis & Diana Charita, National and Kapodistrian University of Athens, Greece
Saturday 20th July
Poster Session 8 (12.00 -14.30)

**Behavioral Medicine**

1. Pilot Investigation of Group Behavioral Activation for Chronic Low Back Pain (GBA-P)  
   Shuji Kudo, Fukushima Medical University, Japan

2. Will this Patient Become Non-Adherent? Predicting Non-Adherence in Chronic Diseases with the Adherence Risk Profile (AdRisk)  
   Antje Aft, Philips University of Marburg, Germany

3. Improving Quality of Life in Cardiovascular Patients: The Moderating Roles of Illness Perception and Coping Strategies in Reducing Anxiety  
   Sall A. Ashiru, Universitas Indonesia, Indonesia

4. Sleep Difficulties as a Mediator Between Negative Affect and Antenatal Anxiety in Pregnant Women  
   Julita Ancarla, University of Columbia, Portugal

5. A Psychological Intervention for Total Knee Replacements: Preliminary Data  
   Samantha Bay, University of Western Australia, Australia

   Sophie Bennett, University College London Institute of Child Health, UK

7. Dr. Google vs. Medical Diagnostic App: What Are the Emotional, Body-Related and Behavioral Effects of a Search for Symptom Causes?  
   Sebastian Brand, Johannes Gutenberg-Universität Mainz, Germany

8. Psychological Implications of Transitioning to Self-Management: Understanding the Experiences of Young Adults with Type 1 Diabetes and Their Parents or Caregivers  
   Vanessa Cobham, University of Queensland, Australia

9. Development of a Brief Transdiagnostic Group Treatment for Cancer-Related Emotional Distress  
   Scott Smith, Mercer University College of Health Professions, USA

10. Health Anxiety in CFS/ME: Establishing Prevalence and Examining Association with CFS/ME Symptom Severity  
    Jo Daniels, University of Bath, UK

11. A Systematic Review and Meta-Regression of the Prevalence and Effects of Anxiety and Depression on Chronic Fatigue Syndrome Treatment Outcomes  
    Jo Daniels, University of Bath, UK

    Jo Daniels, University of Bath, UK

13. The Role of Self-Efficacy and Competitive Anxiety on Sport Performance  
    Dusanka Djurovic, Edukons University, Serbia

14. Attachment and End-of-Life Communication with Young People  
    Holly Evans, University of New South Wales Sydney, Australia

15. Community Implementation of an Online Cognitive-Behavioural Therapy Group Program for Adolescent and Young Adult Cancer Survivors  
    Holly Evans, Sydney Children’s Hospital and University of New South Wales Sydney, Australia

16. Benefits of Cognitive Restructuring, Acceptance and Distraction for Pain Intensity and Pain Tolerance  
    Faluca Georgescu, Babes-Bolyai University, Romania

17. Chronic Stress and Sleep Efficiency Among Individuals with an Insomnia Disorder  
    Jean-Philippe Gour, Concordia University, Canada

    Julia Grau, Consorci Sanitari de Terrassa, Spain

19. Development and Validation of the Activity Restriction Scale for Cancer Patients (Sickness Impact Profile for Cancer Patients: SIP-C)  
    Kotone Hata, Waseda University, Japan

20. Stress and the Mind-body Connection  
    Yazz Headley, Saybrook University, USA

21. Multiple Psychological Factors Predict Pain and Disability in a Five-Year Follow-up Study of Knee Osteoarthritics Patients  
    Erva-Erka Helminen, City of Helsinki, Finland

22. Improving the Assessment of Functional Impairment in Tinnitus Patients: Validation of the German Version of the Tinnitus Functional Index Using a Confirmatory Factor Analysis  
    Eva Hüttenrauch, Philipps-University Marburg, Germany

23. Fibromyalgia Self-Management—A Group Cognitive Behavioral Therapy Intervention for French Hospital Outpatients  
    Lizer F. Jammot, Saint Antoine University Hospital, France

24. Prevention of Stress-Related Problems in Diabetes Patients – A Cognitive Behavioral Short-Term Group Intervention  
    Judith Lehnart, Catholic University of Applied Sciences Mainz, Germany

25. Pilot Review: Assessing the Effectiveness of CBT for Depression, Anxiety and Long-Term Conditions for Adults over 65 Years of Age  
    Idyl Kamateou, Surrey and Borders NHS Trust, UK

26. Interventions Based on Rumination in Patients with Medical Disease and Chronic Pain  
    Eduardo Kegan, Universidad de Buenos Aires, Argentina

27. Role of Cultural Beliefs in Caregiving: An Exploratory Study Based in New Delhi, India  
    Rati Khurana, Shree Guru Gobind Singh Tricentenary University, India

28. Beliefs About Cancer, Early Maladaptive Schemas and Level of Depressive and Anxiety Symptom in Oncological Patients  
    Agata Kołodziejczyk, Wrocław Medical University, Poland

29. Relationship Between Personality Factors, Early Maladaptive Schemas, Coping Styles and Autonomous Nervous System Measurements  
    Antonia Kotanova, Constantine the Philosopher University in Nitra, Slovakia

30. Generalized Worrying as a Mediator in the Relationship Between the Cognitive Representation of the Illness and Depression Symptoms Among Patients with Type 1 Diabetes  
    Julia Kraczky, Poznan University of Medical Science, Poland

31. Subjective Well-Being in Face of Chronic Disease: The Impact of Psychological Resources  
    Johanna Mierle, Psychologische Hochschule Berlin, Germany

32. Group Acceptance and Commitment Therapy (ACT) for Patients with Chronic Pain  
    Maria Cristina Miyazaki, Faculdade de Medicina de São José do Rio Preto, Brazil

33. A Pilot Study to Evaluate the Effectiveness of a Cognitive-Behavioral Intervention on Chronic Pain Patients from Córdoba (Argentina)  
    Luciana Moretti, Universidad Siglo 21, Argentina

34. Self-Rating of Capacity Limitations in Mental Disorders: The Mini-ICF-APP-S  
    Beate Münchau, Technische Universität Braunschweig, Germany

35. Emotional State and Quality of Life in Breast Cancer Patients: Examining the Moderation Effect of Psychological Inflexibility  
    Ivana Novaric, Oncology Institute of Vojvodina, Serbia

36. Health Professionals’ Understanding of and Attitudes Towards Treating Non-Epileptic Attack Disorder  
    Keira O’Dell, Salford Royal Hospital, UK

37. The Experience and Expression of Anger in Patients with Somatic Symptom Disorders and Their Partners  
    Zeynep Emine Okur-Güney, Johannes Gutenberg University of Mainz, Germany

38. Self-Help Cognitive Behavioural Therapy for Insomnia (CBT) for Adults: Mapping the Therapeutic Structure of Available CBT Programs  
    Alissa Pence, Dalhousie University, Canada

39. The Perceived Causes of Illness, Anxiety, and Depression in Cardiac Patients  
    Alessandra Poliarcio-Bulan, University of Rijeka, Croatia

40. Well-Being in Persons with Severe Mental Disorders: Is There Room for Interventions?  
    Natalia Poyato, Complutense University, Spain

41. Treating Chronic Conditions in Public Health Facilities with Disadvantaged Patients: Challenges and Success Stories in Mexico  
    Juan Jose Sanchez-Sosa, National University of Mexico (UANM), Mexico

42. A Qualitative Examination and Theoretical Model of Anxiety in Adults with Epilepsy  
    Amelie Scott, University of Sydney, Australia

43. Relationship Between Personality Factors, Dissociation, and Body Anthropometric Measures  
    Zeynep Emine Okur-Güney, Johannes Gutenberg University of Mainz, Germany

44. Cognitive-Behavioural Group Therapy for Chronic Pain Patients: Issues and Challenges  
    Alain Souchu, Geneva University, Switzerland

45. General Threat and Health-Related Attention Biases in Illness Anxiety Disorder  
    Simona Stefan, Babes-Bolyai University, Romania

46. Correlation Between Subjective Happiness and Pleasant Activities in the Workplace in Nursing Staff for Older Individuals  
    Shinya Takeshi, Tottori University Graduate School of Medical Sciences, Japan

47. Emotional Distress in Women with Pelvic Floor Disorders: Integrating CBT in Urogynecology  
    Bailey J. Tapli, Northwestern University Feinberg School of Medicine, USA

48. Guided Internet-Based Cognitive-Behavioral Therapy for Patients with Rheumatic Conditions: A Systematic Review  
    Joëly Terpstra, Leiden University, the Netherlands

49. Availability and Efficacy of Psychological Interventions for People with Childhood-Onset Heart Disease and Their Families  
    Stephanie Tesson, Sydney Children’s Hospitals Network and University of Sydney, Australia

50. Mother-Infant Interaction and Dyadic Synchrony Following Diagnosis and Treatment of Complex Congenital Heart Disease  
    Stephanie Tesson, Sydney Children’s Hospitals Network and University of Sydney, Australia

51. Risk Factors for Development of Post Donation Fear of Kidney Failure in Living Kidney Donors: A Ten-Year Study  
    Xavier Torres, Hospital Clinic de Barcelona, Spain
104 Familiar vs. Non-Familiar Personal Values in Dementia Family Caregivers: Associations with Mental and Physical Health
Carlos Vare-Garcia, Universidad de Reu Juan Carlos, Spain

105 Cognitive Biases to Identify the Underlying Mechanisms of Loneliness in Older Adults
Naomi Winters, University of Amsterdam, the Netherlands

106 Active Aging Promotion Program for Dementia Family Caregivers: A Pilot Study
Maria Del Sequeno Pedroso, Rey Juan Carlos University, Spain

Panel Discussions

14:00 Discussant
Lunch (13.00 - 14.00)

Technical Demonstration 6
Level 3 – Room M4
Virtual Reality for Pathological Gambling: Summary of Empirical Data on the Safety of In Virtue Software Suite and Relevance for Cognitive Behavior Therapy
Stéphane Bouchard, Université du Québec en Outaouais, Cliniques & Dév In Virtue, Canada

Technical Demonstration 7
Level 3 – Room M5
ConVRself: Using Self-Conversation in Virtual Reality to Modify Dysfunctional Thinking
Tania Johnston, Event Lab, Spain

Technical Demonstration 8
Level 3 – Room M6
Con/VRself: Using Self-Conversation in Virtual Reality to Modify Dysfunctional Thinking
Tania Johnston, Event Lab, Spain

Panel Discussion 15
Level 1 – Room A2
Sustaining “Authentic” Cognitive Behavior Therapy in Community Settings: Getting More Practitioners to Join
Convenor & Chair: Robert Friedberg, Palo Alto University, USA
Discussants:
Nicolas Kazantzis, Monash University, Australia
Wilson Vieira Melo, Instituto de Terapia Cognitiva de Rio Grande do Sul, Brazil
Rebecca Friedberg, Palo Alto University, USA

Symposium 170
Level 1 – Room A2
Depression-Linked Disturbances in Emotional Memory - New Directions in Assessment and Modulation
Convenor & Chair: Julie Ji, University of Western Australia, Australia

14:00 Remembering or Knowing how We Felt: Role of Depressive Symptoms and Affective Valence
Eugenia Golin, Yeshiva University, USA

14:15 A Randomised Controlled Trial of Memory Flexibility Training (MemFlex) to Enhance Memory Flexibility and Reduce Depressive Symptomatology in Individuals with Major Depressive Disorder
Carlo Hitchcock, University of Cambridge and Cambogiares and Peterborough NHS Foundation Trust, UK

14:30 Task Unrelated Past and Future-Thinking During Mindwandering: Dysphoria-Linked Reductions in Positive Bias
Julie Ji, University of Western Australia, Australia

14:45 Inducing Positive Involuntary Imagery in Everyday Life: An Experimental Investigation
Simon Blackwell, Ruhr-Universität Bochum, Germany

15:00 Discussant
Bethany Teachman, University of Virginia, USA

Symposium 171 Level 1 – Room A3

14:00 Augmented Depression Treatment (ADAPT) Compared to Traditional Cognitive Behavior Therapy (CBT) in the Treatment of Depression: Interim Results of a Pilot Randomized Controlled Trial
Barney Dunn, University of Exeter, UK

14:15 CBT and Positive Psychology Interventions for Clinical Depression: Outcomes at 6 months and 2 years
Carmelo Vazquez, Complutense University, Spain

14:30 Positive CBT in the Treatment of Major Depressive Disorder: A Randomized Order Within-Subject Comparison with Traditional CBT
Fredrik Barntvik, Owner therapy, training, coaching and mediation practice, the Netherlands

14:45 Promoting Eudamonic Well-Being in Older Adults: Results of a Six-Month Follow-Up Trial
Chiara Ruini, University of Bologna, Italy

15:00 Discussant
Nicole Geschwind, Maastricht University, the Netherlands

Symposium 172 Level 1 – Room A8
Those Left Behind: Developing a Cognitive Understanding and Novel Interventions for Grief
Convenor & Chair: Rasen Murray, University of Oxford, UK

14:00 Cognitive Predictors of Grief Trajectories in the First Months of Loss: A Latent Growth Mixture Model
Kristen Smith, University of Oxford, UK

14:20 Life after Death: Individualising Cognitive Behaviour Therapy for PTSD Linked to Traumatic Bereavement
Jennifer Wild, University of Oxford, UK

14:40 Bereaved Family Members’ Experiences of Visiting or Revisiting the Site of Death After Large-Scale Accidents and Disasters
Pål Kristensen, University of Bergen, Norway

14:55 Survivor Guilt: A Cognitive Conceptualisation and Treatment Framework
Hannah Murray, University of Oxford, UK

Symposium 173 Level 1 – Room A1

14:00 Treatment of Intrusions and Intrusive-Like Phenomena
Convenor & Chair: Keess Kornelboom, Tilburg University, the Netherlands

14:00 The Treatment of Self-Depreciating Intrusions; Introduction to the Symposium
Keess Kornelboom, Tilburg University, the Netherlands

John Molenaar, GZG Delvent, the Netherlands

14:30 Unexpected Findings in a Dual Tasking Procedure for Negative Autobiographic Memories in a Student Population
Tom Udem, Tilburg University, the Netherlands

14:45 Treatment of Paranoid Intrusions with Virtual Reality
Roses Pol-Kelder, Vrije Universiteit, the Netherlands

15:00 Modality Specific Taxation in the Treatment of Intrusions
Stefan Mørthys, Utrecht University, the Netherlands

Symposium 174 Level 1 – Room M1

14:00 Psychological Therapies on Acute Mental Health Wards: Overcoming Challenges to Delivery
Convenor: Katherine Berry, University of Manchester, UK
Chair: Sandra Bucci, University of Manchester, UK

14:00 Mindfulness-Based Crisis Interventions (MBCI) for Psychosis Within Acute Inpatient Psychiatric Settings: A Feasibility Randomised Controlled Trial
Pamela Jacobsen, University of Bath, UK

14:15 The Evaluation of Cognitive Behavioural Approaches for Suicide Delivered for Acute Inpatients: Observations and Findings from the INSITE Trial
Gillian Haddick, University of Manchester, UK

14:30 The Barriers and Facilitators to Delivering Evidenced-Based Therapies on Acute Mental Health Wards from the Perspectives of Patients, Families and Mental Health Staff: A Qualitative Study
Jessica Raphael, Greater Manchester Mental Health NHS Foundation Trust, UK

14:45 Implementing Inpatient Psychology Services in Acute Mental Health Settings: A Pilot Study and Protocol for a Future Randomised Controlled Trial
Katherine Berry, University of Manchester, UK

15:00 Discussant
Sandra Bucci, University of Manchester, UK
Saturday 20th July

Symposium 175
Level 3 – Room M2
Recent Advances in Cognitive Behavioral Therapy for Underserved Populations in Asia
Convenor: Keong-Hoi Choi, Korea University, South Korea
Chair: Jeong-Ho Kim, The Catholic University of Korea, South Korea
14:00 Emerging Developments on the Practice of Cognitive Behaviour Therapy Among the Marginalised Population in Malaysia
Avin Lal Onn Ng, Sunway University, Malaysia
14:15 Developing an Imagery-Based Phased Psychotherapy for Disaster Survivors in South Korea
Dae-Ho Kim, Hanyang University, South Korea
14:30 A Cognitive Behavioural Analysis of Increasing Farmer Suicides in a Primarily Agrarian Indian Society
Mimsha Kumar, Shree Guru Gobind Singh Tricentenary University, India
14:45 Community-Based Multi-Site Randomized Controlled Trial of Behavioral Activation for Community Dwelling Individuals with Chronically Severe Mental Disorders
Keong-Hoi Choi, Korea University, South Korea
15:00 Discussant
Jeong-Ho Chae, The Catholic University of Korea, South Korea

Symposium 176
Level 3 – Room M3
Possible Relationship Between Sexual Orientation, Adverse Childhood Experiences (ACE) and Post-Traumatic Stress Condition: Psychological and Physical Consequences
Convenor & Chair: Antonella Montano, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
14:00 Adverse Childhood Experiences’ Prevalence in Italian Lesbian/Gay, Bisexual and Heterosexual Population
Antonella Montano, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
14:15 Association Between Gender Nonconformity and Traumatic Experiences in LGB Population
Roberta Rufinucci, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
14:30 Adverse Childhood Experiences and Health Care Services Access in LGB Population
Roberta Borzi, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
14:45 Sexual Orientation and Severe Dissociative Symptoms: The Mediating Role of the Adverse Childhood Experiences and Emotional Dysregulation
Filippo Pernici, A.T. Beck Institute of Rome for Cognitive Behavioral Therapy and Research, Italy
15:00 Relationship Between ACE's, Compulsive Sexual Behaviors and Sexual Orientation: Evidence and Non-Correlations
Rita Vedali, Istituto di Ricovero e Cura a Carattere Scientifico Santa Lucia, Italy
15:15 Discussant
Mehmet Sungur, Istanbul Kent University, Turkey

Symposium 177
Level 3 – Room M4
New Developments in Parenting Interventions for Parents of Adolescents
Convenor: Alan Ralph, University of Queensland, Australia
Chair: Carine Kielstra, Triple P Netherlands, Families Foundation, the Netherlands
14:00 A Brief Overview of the Teen Triple P – Positive Parenting Program for Parents of Adolescents
Ralph Alan, University of Queensland, Australia
14:15 Does Triple P Promote Positive Parenting? A Quasi-Experimental Research on the Outcomes of Teen Triple P Program in the Netherlands
Stéphanie Majone, Erasmus University of Rotterdam, the Netherlands
14:30 Enhancing the Effects of Treatment for Teen Depression: Triple P for Parents of Depressed Teenagers
Carine Kielstra, Triple P Netherlands Families Foundation, the Netherlands
14:45 The Efficacy and Acceptability of the Teen Triple P - Positive Parenting Program with Turkish Parents
Bucu Akkan, Uludag University, Turkey
15:00 The Effectiveness of an Adaptation of Teen Triple P for Parents of Teenagers with Developmental Disabilities
Alan Ralph, University of Queensland, Australia
15:15 Discussant
Matthew Sanders, University of Queensland, Australia

Symposium 178
Level 3 – Room M5
Developments in Cognitive Behavioral Therapy for Children and Adolescents – Examining Effects of Contextual and Structural Characteristics
Convenor: Bente Storm Mowatt Hauagld, University of Bergen, Norway
Chair: Kristi Fjerjestad, University of Oslo, Norway
14:50 Effectiveness of Cognitive Behavioral Therapy in Treating Youth Anxiety: A Meta-Regression Analysis of Treatment Components, Modalities and Mode of Delivery
Maaike Nauta, University of Groningen, the Netherlands
Saturday 20th July

**Symposium 182**
Level 3 – Room R2
Neurobiological and Personality Underpinnings of Buying-Shopping Disorder
Convenor & Chair: Astrid Müller, Hannover Medical School, Germany
14:00 Cue-Induced Craving and Inhibitory Control in Patients with Buying-Shopping Disorder
Astrid Müller, Hannover Medical School, Germany
14:15 Buying-Shopping Disorder and Comorbid Psychiatric Disorders: Shared and Differential Personality Traits
Fernando-Fernandez-Aranza, University Hospital Bellvitge and the Spanish Biomedical Research Centre in Psychiatry of Obesity and Nutrition, Spain
14:30 Compulsive Buying and Hoarding as Identity Substitutes: The Role of Materialistic Value Endorsement and Depression
Laurence Claes, University of Antwerp, Belgium
14:45 Psychological Factors in Buying-Shopping Disorder
Michael Kyrios, Flinders University, Australia
15:00 Cognitive Behavioral Therapy for Buying-Shopping Disorder: Predictors for Treatment Outcome
Suzana Jimenez-Murcia, University Hospital Bellvitge and the Spanish Biomedical Research Centre, Spain
15:15 Discussant
Michael Kyrios, Flinders University, Australia

**Symposium 183**
Level 3 – Room R3
Cognitive Bias Training in Anxiety: Translating Experimental Research to Clinical Applications in Youth
Convenor & Chair: Elske Salesnik, Utrecht University, the Netherlands
14:00 A School-Based Comparison of Positive Search Training to Enhance Adaptive Attention Regulation with a Cognitive-Behavioural Intervention for Reducing Anxiety Symptoms in Children
Alison Walters, Griffith University, Australia
14:15 Cognitive Bias Modification Reduces Social Anxiety Symptoms in Socially Anxious Adolescents with Mild Intellectual Disabilities
Eike Salesnik, Utrecht University, the Netherlands
14:30 Effectiveness of an Online Interpretation Training as a Pre-Treatment for Cognitive Behavior Therapy for Obsessive Compulsive Disorder in Youth: A Randomized Controlled Trial
Anneke Hagen, Utrecht University, the Netherlands
14:45 Acceptability and Feasibility of a Brief Training Programme Targeting Attention and Interpretation Biases for Threat in Youth with a History of Maltreatment
Jennifer Lau, King’s College London, UK
15:00 Discussant
Eri Becker, Radboud University Nijmegen, the Netherlands

**Open Papers 30**
Level 3 – Room R6
Training and Supervision
Chair: Franziska Kühne, University of Potsdam, Germany
14:00 Guided Assignment of Patients to Trainee Therapists in a University Outpatient Clinic: A Validation of Predictors for More Complex Therapy Courses
Anne-Kathrin Bräschel, Johannes Gutenberg University Mainz, Germany
14:15 A New Way to Quantitatively Evaluate Continuing Professional Development Tutorials with Augmentation from Qualitative Data
Joanne Adams, Ieso Digital Health, UK
14:30 Experimental Studies of Cognitive Behaviour Therapy Clinical Supervision
Sven Alfonsson, Karolinska Institute, Sweden
14:45 The Mind My Mind Study: The Development of a Measurement of Treatment Fidelity
Louise Berg-Fuggerad, Child and Adolescent Mental Health Centre, Denmark
15:00 Assessing the Authenticity of Patient Demonstrations: Development and Validation of a Rating Scale
Destina Sevde Ay, University of Potsdam, Germany

**Open Papers 31**
Level 3 – Room R6
Emotion Regulation and Psychopathology
Chair: Alfredo Sanchez-Lopez, Complutense University of Madrid, Spain
14:00 Healthy and Disordered Dynamics in Emotion Regulation Strategies: A Systematic Review and Meta-Analysis of Studies Using Daily Diary and Experience Sampling Methods (ESM)
Teresa Boemo, Complutense University of Madrid, Spain
14:15 Everyday Emotional Dynamics in Major Depression
Janna Nelson, Westfälische Wilhelms-Universität Münster, Germany
14:30 How Does One Prepare for Emotional Information? An Eye-Tracker Study
Natalia Poyato, Complutense University of Madrid, Spain
14:45 Is Impaired Inhibition Responsible for High Level of Daily Rumination and Negative Mood?
Monika Komacka, SWPS University of Social Sciences and Humanities, Poland

**Afternoon In-Congress Workshops (14.00 - 17.00)**

**In-Congress Workshop 35**
Level 3 – Room R9
Culturally Adapting Cognitive Behavior Therapy for Diverse Populations: An Evidence-Based Approach
Wei-Chin Hwang, Claremont McKenna College and Independent Practice, USA

**In-Congress Workshop 36**
Level 3 – Room R10
Emotion Regulation Skill Development: A Transdiagnostic Approach for Young Adults with Co-Occurring Substance Use and Mental Health Disorders.
Kate Hall, Deakin University, Australia

**In-Congress Workshop 37**
Level 3 – Room R11
Repairing Attachment-Related Ruptures as a Tool to Treat Depressed and Suicidal Children and Adolescents
Guy Bosmans, Catholic University of Leuven, Belgium

**In-Congress Workshop 38**
Level 3 – Room R13
Conceptualising and Treating High-Risk and Complexity: What Does Dialectical Behaviour Therapy Have to Offer?
Michaela Skwates, Bangor University, UK
Saturday 20th July

Poster Session 9 (15.00 - 17.00)

**Obsessive States**

1. Validation of the German Version of the Muscle Dysmorphia Inventory
   - Alexandra Martin, University of Wuppertal, Germany

2. Fears for Appearance-Related Interacts with Dysfunctional Reasoning in the Prediction of Obsessive-Compulsive Symptoms
   - Louis-Philippe Baraby, Centre de Recherche de l’Institut Universitaire en Santé Mentale de Montréal, Canada

3. Counterconditioning and Moral Disguise: A Pilot Study in a Non-Clinical Sample
   - Barbara Basile, Scuola di Psicoterapia Cognitiva and Associazione di Psicologia Cognitiva, Italy

4. Body Perception in BDD: An Eye Tracking Study
   - Francesca Belharz, Swinburne University of Technology, Australia

5. Predicting Exposure Response in OCD: Role of Emotion Regulation
   - Natha Berman, College of the Holy Cross, USA

6. Therapeutic Alliance and Group Cohesion in Group CBT for OCD
   - Eleni Cabezas, Clinical-University Hospital of Valencia, Spain

7. Subtypes of Obsessive – Compulsive Disorder: Implication of Modification in Cognitive Behaviour Therapy
   - Sampaupa Chatrakorn, Central Institute of Psychiatry, India

8. Parenting Styles and Adolescent Obsessive Compulsive Disorder
   - Poomrira Chandrashekar, National Institute of Mental Health and Neurosciences (NIMHANS), India

9. The Relationship Between Body Dysmorphic Disorder and Bullying in a Sample of Greek Adolescents: The Cognitive Profile of BDD in Adolescents
   - Maria Chatzimosantoiou, Hellenic Center of Mental Health and Researches, Greece

10. Do Cognitive and Behavioural Maintenance Mechanisms Identified in Adult Models of OCD Apply to Childhood OCD?
    - Chloie Chetcuti, University of Reading, UK

    - Matthew Collings, University of New South Wales, Australia

12. Knowledge and Treatments of Gynocologists of BDD and BDD of the Female Genitalia: A Qualitative Study
    - Marie Druge, University of Zurich, Switzerland

    - Marion Lassen Eriksen, Osnabrück University, Germany

14. Motivation-Centered Confrontation with Disgusting Stimuli - A Feasibility Study
    - Jakob Freh, University of Lübeck, Germany

15. Attention Bias in Obsessive Compulsive Disorder: The Development of a New Questionnaire
    - Martha Giraldo-O’Meara, Concordia University, Canada

16. The Feared Self: A Multidimensional Construct
    - Martha Giraldo-O’Meara, Concordia University, Canada

17. Does Sweat Play a Role in Olfactory Reference Disorder?
    - Luisa Weiner, University Hospital of Strasbourg and INSERM 1114, France

18. Tackle your Tics: Feasibility of a Brief, Intensive Group-Based Exposure Therapy Programme for Children with Tic Disorders
    - Karen Heijman, Dutch Knowledge Centre for Child and Adolescent Psychiatry and Dutch Tourette Association, the Netherlands

19. Rumination, but not Worry, Uniquely Predicts Distress Associated with Obsessive-Compulsive Symptoms in Individuals with Obsessive-Compulsive Disorder
    - Carolta V. Herzel, University of Basel, Switzerland

20. Volitional Modification of Brain Activity in Adolescents with Autism Spectrum Disorder
    - Lilian Karim, Medical University of Vienna, Austria

21. I Might Be Disguising: An Investigation of Fear of Self, Disguisment and Mental Contamination
    - Sandra Bürkle, Concordia University, Canada

    - Nora Kuck, Westfälische Wilhelms-Universität Münster, Germany

23. Experiences of Patients Diagnosed with Chronic OCD with Their Previous Psychotherapy
    - Franziska Kühne, University of Potsdam, Germany

24. Interpersonal Deficits Associated with Acquiring and Discarding Difficulties
    - Cathy Kovak, Macquarie University, Australia

25. Efficacy of Manual-Based CBT for the Drug-Naive Obsessive-Compulsive Disorder Patients in China
    - David Veale, King’s College London, UK

26. Development and Validation of the Deontological and Altruistic Guilt Scale (DAGS)
    - Alessandra Mancini, Praxis für Psychotherapie, Berlin, Germany

27. Preliminary Data About the Validation of the Deontological and Altruistic Guilt Scale (DAGS)
    - Alessandra Mancini, Praxis für Psychotherapie, Berlin, Germany

28. The Impact of Appearance-Based Rejection Sensitivity and of Dysmorphic Concerns on the Relationship Between Teasing and Mental Health: Are Those Gender Specific Effects?
    - Alexandra Martin, University of Wuppertal, Germany
Invited Address 35
Level 1– Room A4
Mental Imagery and Mental Health: Cognitive Behavior Therapy and Reflecting on Psychological Treatments Research
Emily A. Holmes, Uppsala University, Sweden
Chair: Kristoffer Månsson, Karolinska Institute, Sweden

Invited Address 36
Level 1– Room A2
What We Don’t Know about Compulsions May Be Hurting Us
Christine Purdon, University of Waterloo, Canada
Chair: Adam Radomsky, Concordia University of Montreal, Canada

Invited Address 37
Level 1– Room A3
YOU are Not Supposed to Feel that Way: Making Room for Difficult Emotions
Robert L. Leahy, American Institute for Cognitive Therapy, USA
Chair: Lata McGinn, Yeshiva University, USA

Invited Address 38
Level 1– Room A8
The Therapeutic Relationship in Cognitive Behavior Therapy
Judith S. Beck, Beck Institute for Cognitive Behavior Therapy, USA
Chair: Cory Newman, University of Pennsylvania, USA

Invited Address 39
Level 3– Room A1
The State of the Art of Cognitive and Behavioural Therapy for Sexual Problems: New Developments from Basic Science and Clinical Implications
Pedro Nobre, University of Porto, Portugal
Chair: Mehmet Sungur, Istanbul Kent University, Turkey

CLOSING CEREMONY
(17.15 - 17.45)
Level 1– Room A8